

# Foot fungus

Healthy feet do not itch. However, foot fungus is now a wide-spread disease. Almost a third of people in Germany are affected. Flaky, red and irritated areas of skin appear on the feet, or certain areas are chapped, blistered, or display painful wounds. These appear between the toes, and on the soles, edges or top of the feet. All in all, they are highly unpleasant and frequently persistent symptoms. Using the Allpresan® Foam Creams that have been specifically formulated for this problem, together with their supplementary products, the problem can be treated to counteract foot fungus and create ideal conditions for healthy feet. Our Foam Creams can also be used between the toes, they are waterproof and do not even lose their effect in swimming baths.

- Allpresan® pedicare
- 7 Original Foam Cream for skin prone to fungal infections

– 7 Shoe spray for refreshed shoes

**PREVENTION**  
Allpresan® pedicare

– 3 Original Foam Cream for very dry skin

**FOOT CARE PROFESSIONAL EXCLUSIVE**  
Allpresan® Podoexpert

– Repair Foam Cream In conjunction with therapy or foot fungus

# Nail problems

Dry, brittle and chipped nails are not only a nuisance because they ruin your appearance, they also offer an ideal home for fungal spores as well. Regular nail care is therefore necessary in order to prevent nasty surprises. Once a fungus has taken hold, it is likely to destroy the nail unless it receives consistent treatment and care. Allpresan® nail care products provide intensive protection against the development of nail fungus and offer effective support for the appropriate therapy.

**FOOT CARE PROFESSIONAL EXCLUSIVE**  
Allpresan® Podoexpert

– Repair Foam Cream In conjunction with therapy for nail fungus

Allpresan® pedicare

– 7 Nail tincture for nails prone to fungal infections

**BASISPFLEGE**  
Allpresan® pedicare

– 2 Original nail treatment oil for dry and brittle nails

# Sweaty feet and foot odour

We all know the phenomenon of sweaty feet, particularly when doing sports or in the summer. However, many people – approx. 30 % of Germans – suffer from increased sweating of the feet due to disease. Unpleasant smells develop – and a study has also revealed that the susceptibility to fungus is also 3.5 times higher than usual. With the right skin care products by Allpresan®, however, excessive sweating can be effectively reduced and both smells and fungal infections can be protected against as well.

Allpresan® pedicare

– 5 Original Foam Cream for sweaty feet

– 5 Refreshing foot spray for sweaty feet

– 7 Shoe spray for refreshed shoes

# General tips for foot care

In order to keep your feet in good condition, you should follow these basic rules

- Clean your feet every day with a mild soap and always dry them well – also between the toes. (Note: Using a hairdryer on the lowest setting dries even the trickiest of places!)
- Take care of your feet after washing by applying a suitable Allpresan® Foam Cream. Foam should also be applied to the feet before bedtime.
- Wear different shoes each day and ideally spray the shoes with our shoe spray after they have been worn.
- Always cut your foot nails straight across, never in a rounded shape because this prevents the nails from giving the necessary protection.
- In the case of persistent foot problems or changes to a nail, please ask a podologist.

This brochure was presented by:

# Allpresan® – Innovative foot care products

for everyday and clinical application



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## Our feet

They walk, stand, run and hike – uphill and down again. Day after day, these sensitive workhorses are forced to cope with heavy strain and perform like true professionals – and most of the time they are completely ignored by us. It is therefore important to care for your feet in good time because when our feet give up on us, everything grinds to a halt. Using the skin care products by Allpresan® enables you not only to protect against foot problems effectively, but to treat them effectively as well. Allpresan® “treats your feet”!

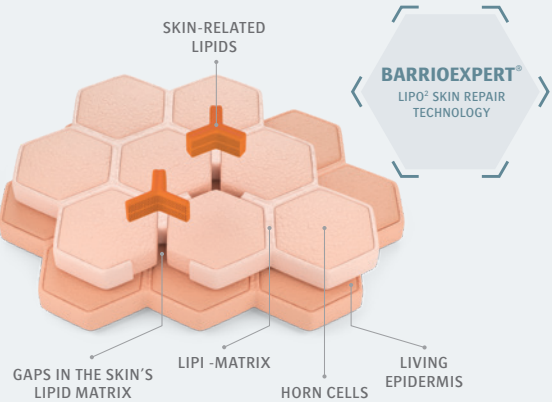
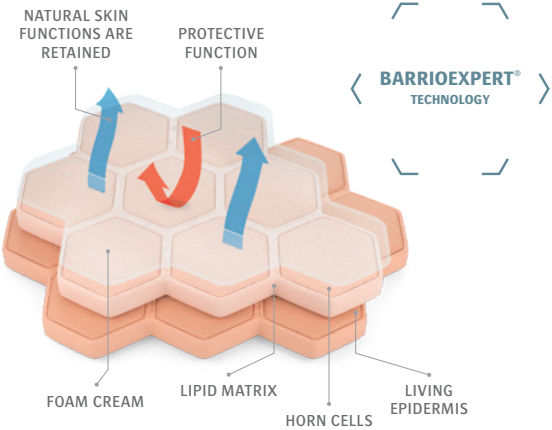
## The Allpresan® philosophy

Many years ago, we embarked upon the search for a foot care solution in a new form of administration. Since then, our Foam Creams have become immensely popular because in addition to their excellent effectiveness, they are also very easy to use. In particular, their rapid absorption is repeatedly highlighted by users and the Foam Creams have turned even “skin care deniers” into veritable “skin care fans”.

We continue to develop our products day after day in order to take them to an ever higher level. In the end, our customers’ satisfaction and well-being are what counts. We want to offer the right foot care for every single person – whether young or old, healthy or sick, sports fan or beauty lover. Effective foot care is our motivation.

## What makes our Foam Creams so special?

All foams are not the same, just as all creams are not the same either. Our patented BarrioExpert® Technology is a real breakthrough that is based on the principle behind modern textiles: it strengthens the skin barrier with a two-dimensional protective mesh that invisibly covers the uppermost horny layer without harming the skin’s natural functions (no heat or moisture accumulation). This protects the skin effectively against pressure marks, abrasion and moisture. It also protects against penetration by bacteria and fungal pathogens. At the same time, valuable ingredients nourish the skin and counteract the relevant foot problems.



Like perfectly-fitting jigsaw puzzle pieces, the biomimetic skin-related lipids place themselves in the gaps of the damaged skin barrier.

## Sensitive skin

Sensitive skin is easily irritated – redness and discomfort develop if it is handled incorrectly. This type of skin needs to be treated with gentle care and attention. Our Allpresan® Foam Creams are a particularly good choice because the light, foamy texture is simple to apply and easy to spread. A formula that is specifically tailored to the needs of sensitive skin moisturizes, soothes the skin and supports the regeneration process. It also provides gentle and long-term care for children’s feet.

Allpresan® pedicare – 1 Original Foam Cream for sensitive skin

## Dry skin

Almost everybody suffers from dry skin at some point in their lives. When the feet are affected, they frequently begin to itch and shed flakes of skin. This means that the skin barrier is imbalanced – it needs moisture and lipids. Our Foam Creams counteract this deficiency in various ways: firstly, by providing natural moisturizing factors such as urea, which restore the skin’s elasticity and suppleness while binding moisture to the skin. Secondly, with valuable lipids that close the gaps in the damaged skin barrier. Lipids that fit precisely into the skin barrier have proven especially effective, as they fit into the gaps like pieces of jigsaw puzzle (BarrioExpert® LIP0² Technology).

Allpresan® pedicare – 2 Original Foam Cream for dry skin  
– 3 Original Foam Cream for very dry skin  
– 3 Foot bath concentrate for very dry skin

**FOOT CARE PROFESSIONAL EXCLUSIVE**  
Allpresan® Podoexpert – Repair Foam Cream dry skin  
– Repair Foam Cream cracked skin  
– Repair Cream cracked skin

## Calloused and cracked skin

Calluses are annoying and can even become dangerous if fissures or even cracks appear. It is therefore important to treat them at an early stage. A high dose of the moisturizing factor urea (15 %) can be used very effectively in order to reduce calluses gently and naturally. Foam Cream used during the day in combination with cream during the night achieves optimum results within a short period of time, resulting in a lasting improvement in the skin condition.

Allpresan® pedicare – 4 Original Foam Cream for calloused and cracked skin  
– 4 Lipid ointment for calloused and cracked skin  
– 4 Callus reduction cream for calloused and cracked skin

**FOOT CARE PROFESSIONAL EXCLUSIVE**  
Allpresan® Podoexpert – Repair Foam Cream Anti-callus

## Diabetic skin

The skin on the feet of people with diabetes suffers very frequently from pronounced dryness. Circulatory and nervous disorders are the reason for this. The skin is chapped, with weakened defences. It is open to bacteria and fungal pathogens, and wounds take longer to heal. Our Allpresan® diabetic Foam Creams are the right solution here. As certified medical devices, they are ideally suitable for protecting against infections, counteracting ulcerations, and stabilizing the skin barrier. Unlike conventional creams, ointments and foams, Allpresan® diabetic Foam Creams are also allowed to be used between the toes owing to their breathable BarrioExpert® Technology – for maximum safety from heel to toe.

**MEDICAL DEVICE PRODUCTS**  
Allpresan® diabetic – Foam Cream BASIC treatment and care of skin with diabetes mellitus  
– Foam Cream INTENSIVE treatment and care of very dry skin with diabetes mellitus

**FOOT CARE PROFESSIONAL EXCLUSIVE**  
Allpresan® Podoexpert – Repair Foam Cream cracked skin



Allpresan®



Also suitable for  
**SMALL CHILDREN**

Allpresan®



Ideal as  
additional  
**NIGHT CARE**

