

Product Catalog 2023/24

Products for a variety of treatment concepts

Professional products –
for face and body treatment
including retail products

No
minimum
order quantity,
no compulsory
deposits!

Therapy / Spa / Wellness

PRICE LIST ENCLOSED!

**We rely on sustainable
and environmentally sound production –
and purely natural ingredients.**

Esa Ranta

Multifunctional products, economic efficiency and attractiveness for customers and guests

Currently the global market does not offer reliable supply chains and material availability. Prices often suffer as a result. If you want to continue to offer a wide range of high quality products you have to adapt to the market.

Since we are in daily contact with our partners, we can also react to positive price developments. We want to pass on these advantages to our customers as quickly as possible. Therefore, we offer a **catalog without prices**, like usual. You will receive also the current price list. Thus the catalog stays up-to-date. This saves resources and you also profit from short-term price reductions.

This will help you to continuously pamper your customers and guests with (dis)exciting treatment concepts. We place great importance to the versatility of our products. Combine peelings and packs with herbs, blossoms, sea salt and fragrant oils from Kurland and easily create your own special treatment concepts. To inspire you, we have created the **Signature Treatment Book**. Packed with the latest trends, treatments, recipes and applications for your spa program. Get your copy today.

Sustainability and quality are always our top priorities. And of course, this year we are also placing great emphasis on packaging our products in the most environmentally friendly way possible. That's why we have also adapted the design and packaging of our Classic series and switched to sustainable glass jars.

We also regularly check our range for **compatibility with each other**. So that you can offer the variety of applications your guests crave with a manageable budget and clever product combination.

As always, we also offer **hygiene-related products** that are specially designed to meet the high demands of therapy, spa and wellness. Odorless and skin-friendly disinfectants for hands and surfaces, hygienic pads, single-use sheets or washable lounging towels, and essential oils for air disinfection.

All our products are easy to use, powerful in their effect, and perfectly combinable. Because **we also always have your economic success in mind**.

Customized offers are a matter of course for us - from individual mixtures to personalized products. We are here for you!



Yours sincerely



Esa Ranta

Esa Ranta
Managing Director, Owner
Kurland® GmbH

We will be happy to provide you advise!

Order by phone:

DE: +49 (0) 8654/4887-22

AT: +43 (0) 662/830667

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Kurland® – Your expert for wellness, health & care

**We will be happy to
provide consulting!**

Order by phone:

DE: +49 (0) 8654/4887-22

AT: +43 (0) 662/830667



We are different! Extraordinary!

Steam baths, innovative massage treatments and natural care products – Kurland® is your expert for wellness and well-being. We have been developing highly effective products for therapy, spa and wellness alongside dermatologists, wellness experts and the power of nature for more than 50 years.

No minimum order quantity

Your financial success is important to us. Order as you wish and as much as you need; there are no order minimum quantities or compulsory deposits.

Everything from a single source

- Tailor-made **wellness concepts** for spas, hotels, practices, residential spas etc.
- Innovative **spa equipment** and units incl. installation, maintenance & repair
- Complete **spa fittings and furniture** with all consumables
- One single **personal contact** and thorough consulting
- **Training** and further education for you and your employees

50 years of therapy and wellness

Our experience in natural medicine and herbs is incorporated into our products. They are particularly well tolerated, easy to use and effective.

Natural ingredients

We do not attach any importance to costly official certifications for our products. This would only make our products more expensive. But we remain 100% true to our own standards: natural ingredients of highest quality. You can simply read this from the list of ingredients.

Why Kurland® Amber Glass Bottles?

Plastic contains harmful softeners that can be dissolved from the packaging into the oil. In addition, oils do not tolerate light. Only glass ensures the desired durability and quality – even without artificial preservatives.

No animal experiments

We reject testing on animals. You can be sure that we create all Kurland® products without testing on animals.

Sustainability

Our packaging offers ideal durability and can be recycled to the greatest possible extent – for the sake of nature.

No mass production

We produce in our own facilities and provide high-quality products from domestic production which are compatible with each other. So you can offer your guest an individual experience with little effort.

Customised for you

Upon request, you can receive retail products even in the smallest quantities with your logo or with a personal greeting message for customer and guest gifts.

Workshops and training

Learn a wide range of massage types and applications for professional treatments at the Kurland® Training Center - including a completion certificate

www.kurlandspas.de/training

Personal contacts

We value direct customer contact because it enables us to get to know your wishes and needs even better, provide more personal advice, find solutions for you and inform you about current special offers. Simply call us!



Goat butter – natural care for sensitive skin



Supports a healthy skin

Best skin tolerance, rich ingredients, intensively caring and nourishing, with the best from goat milk and a pleasant natural fragrance. Our goat butter products are the ideal intensive care for normal, irritated, sensitive and problematic skin. Without any risky additives.

Healthy skin has more radiance, is more resistant and permanently regenerates itself. Our goat butter series contains the most valuable ingredients that help the skin to become healthy and stay healthy – for a permanently more beautiful skin.

What makes goat butter special

The melting point is around 36°C. This is why goat butter is quickly absorbed by the skin. The special combination of ingredients is particularly well tolerated. The high content of vitamins A, B, C and D, minerals, trace elements and moisturizing factors converts goat butter products into valuable, protective and regenerating skin care products.

For the entire body and all skin types

The goat butter product range covers rich creams, effective hand protection to nourishing milk baths and caring massage lotions. Kurland®goat butter products provide nutrients from head to toe and they are suitable for all skin types. How does this work? All skin types need moisture, vitamins, minerals, trace elements and proteins. It does not matter if it is irritated, sensitive, mature, dry, oily or children's skin.

Ideal care for skin problems

The antihistamines naturally contained in goat butter make the product range particularly popular among people with allergies, neurodermatitis or psoriasis. It has an anti-inflammatory and healing effect, promotes cell regeneration, is particularly skin-friendly and supports a healthy complexion.

As a result of the convincing effects, the whole care series with goat butter is recommended by dermatologists.

Goat butter has a pleasant smell

Goat butter does not smell like goats as cow milk does not smell like a cow. Therefore, our goat butter series simply has a restrained, natural and fresh scent.

Kurland® Goat Butter:

- Nourishes the skin
- Activates regeneration
- Strengthens skin protection
- Supports self-healing
- Delivers essential vitamins and minerals



Goat Butter Hand Crea

The ideal care for rough, stressed and chapped hands. It is quickly absorbed by the skin. Protects, moisturizes, nourishes, provides vitamins A, C and E, smoothes, regenerates. Ideal after frequent disinfection.



Top retail product!

No parabens, paraffins, PEGs etc. – and no animal experiments

Our complete cosmetic line with goat butter has precious, caring and nourishing natural ingredients. In return, we refrain from using parabens, paraffins, PEGs – and of course from animal experiments!



Natural skin care – the perfect basis for your treatment concept



Ideal for cosmetic and medical treatments

Even one supplement can contain a lot of good things: antioxidants, vitamins, antihistamines, proteins, important minerals and trace elements. Therefore, our goat butter series is ideal for cosmetic treatments.

Supports to obtain a healthy skin

Goat butter care is free of parabens, paraffin oils and PEGs. You pamper your guests with purely natural ingredients. No matter whether they have allergies, are skin patients or children's skin – the goat butter series supports the natural skin health of your guests.

Massage with caring effect

The massage lotion is the only product that contains small quantities of paraffin oil because this helps to stay longer on the skin without being absorbed

too quickly. This ensures the lotion has good gliding properties. This product is also popular among therapists and massage specialists as it protects and

cares for the skin of both, the therapist and the patient.

All goat butter products are ideally suited for resale!



Goat butter care for problem skin – also loved by dermatologists



Goat Butter Cream – for face and body

Suitable for: daily skin care – particularly for dry, sensitive and problem skin

Contains: goat butter, jojoba oil, urea pura, vitamin complex, antioxidants.

Effects: ensures balanced hydration, promotes regeneration, protects, calms.

Also available as 10-ml tester and other sale sizes.

Quantity	Item no.	Units
10 ml Tube	04210-00010	1
10 ml Tube	04210-00010	from 100
75 ml Tube	04210-00075	1
75 ml Tube	04210-00075	from 6
250 ml Jar	04210-00250	1
250 ml Jar	04210-00250	from 6
1,000 ml Jar	04210-01000	1
1,000 ml Jar	04210-01000	from 6

Accessories

To find practical filling aids for canisters / large fillings go to page 170.



Goat Butter Cream pure – completely unscented

Our “Cream pure” does not contain any perfumes or fragrances. The pleasantly mild, fresh fragrance comes simply from its natural ingredients. For gentle but intensive care. With all valuable ingredients for extremely sensitive skin.

Suitable for: face and body. Can be used purely for the daily care of sensitive skin for replenishing and moisturizing, for body packs in the Soft-Pack®system or on the massage table, as an ideal basis for your own caring mixtures.

Contains: goat butter, jojoba oil, urea pura, vitamin complex, antioxidants.

Effects: ensures balanced hydration, promotes regeneration, protects, calms.

Quantity	Item no.	Units
250 ml Jar	04213-00250	1
250 ml Jar	04213-00250	from 6
1,000 ml Jar	04213-01000	1
1,000 ml Jar	04213-01000	from 6

Goat Butter Cream med – for neurodermatitis & psoriasis

This cream offers the same advantages as our Cream pure, but in addition it also contains microsilver. This is proven to stay on the skin and it can have a local anti-bacterial effect.

Suitable for: face and body for psoriasis and neurodermatitis or for skin that is prone to inflammation.

Contains: goat butter, jojoba oil, urea pura, vitamin complex, antioxidants, microsilver.

Effect: reduces itching, antibacterial, antifungal, moisturizing, promotes regeneration, protects, calms.



Quantity	Item no.	Units
250 ml Jar	04214-00250	1
250 ml Jar	04214-00250	from 6



Goat Butter Hand Cream – first aid for rough hands

Suitable for: Ideal care for rough, stressed and chapped hands. It is quickly absorbed by the skin.

Contains: goat butter, mango seed butter, allantoin, calendula extract, vitamins A, C and E

Effects: protects, moisturizes, nourishes, provides vitamins A, C and E, smoothes, regenerates.

Also available as 10-ml tester and other sale sizes.

Quantity	Item no.	Units
10 ml Tube	04220-00010	1
10 ml Tube	04220-00010	from 100
75 ml Tube	04220-00075	1
75 ml Tube	04220-00075	from 6
250 ml Jar	04220-00250	1
250 ml Jar	04220-00250	from 6



Goat Butter Bodylotion – for all skin types

The light texture with goat butter is quickly absorbed.

Suitable for: daily skin care for all skin types.

Contains: goat butter, passion flower oil, calendula extract, antioxidants, ginseng.

Effects: hydrates, supports cell regeneration, smoothes, is calming and protective.

Also available as 10 ml tester and in other sale sizes.

Quantity	Item no.	Units
10 ml Tube	04211-00010	1
10 ml Tube	04211-00010	from 100
75 ml Tube	04211-00075	1
75 ml Tube	04211-00075	from 6
250 ml Jar	04211-00250	1
250 ml Jar	04211-00250	from 6



Goat Butter Q10 Cream + SPF 15

Suitable for: Anti-aging facial care with sun protection factor 15. Goat butter, Q10 and hyaluronic acid ensure smooth, youthful skin; UVA protection prevents the skin from aging. Vitamin complex and jojoba oil protect, regenerate and provide additional moisture. The perfect daily skin care, suitable for all skin types.

Effects: provides moisture and antioxidants, protects against harmful environmental influences and solar radiation, has a firming, smoothing, regenerating effect; with sun protection factor 15 (SPF 15)

Quantity	Item no.	Units
50 ml Jar	04255-00050	1
50 ml Jar	04255-00050	from 6



Goat Butter Q10 Day & Night Cream

Suitable for: Anti-aging facial care. Goat butter, Q10 and hyaluronic acid cater for smooth, youthful skin. Vitamin complex and jojoba oil protect, regenerate and provide additional moisture. The perfect daily skin care around the clock, suitable for all skin types.

Effects: provides moisture and antioxidants, protects from harmful environmental influences, tightens, smoothes, regenerates.

Quantity	Item no.	Units
10 ml Tube	04250-00010	1
10 ml Tube	04250-00010	from 100
50 ml Jar	04250-00050	1
50 ml Jar	04250-00050	from 6



Goat Butter Aloe Vera Gel – provides moisture

A real hydration booster for the skin. Moisturizes, smoothes and plumps. Ideal to calm the skin after sunbathing or for additional daily care of face and body, especially for dry, irritated and stressed skin.

Suitable for: daily care, anti-aging and as a make-up base.

Contains: Goat butter, aloe vera Barbadensis

Effects: moisturizing, soothing, regenerating, protective, anti-inflammatory, cooling and refreshing, plumping, smoothing.

Also available as 10-ml tester and other sale sizes.

Quantity	Item no.	Units
10 ml Tube	04212-00010	1
10 ml Tube	04212-00010	from 100
75 ml Tube	04212-00075	1
75 ml Tube	04212-00075	from 6
250 ml Jar	04212-00250	1
250 ml Jar	04212-00250	from 6



Goat Butter Bath Milk – particularly gentle to the skin

Gently cleanses, relaxes and provides for silky, elastic skin.

Recommended by dermatologists.

Suitable for: dry, irritated, stressed problem skin and for sensitive children's skin.

Contains: goat butter, calcium, magnesium, vitamins A, E and nourishing mango and avocado lipids.

Effects: mineralizing, nourishing, provides vitamins and hydrates, calms, supports the skin's proper healing process.

Not suitable as bath essence for whirlpools.

Quantity	Item no.
250 ml Bottle	04270-00250
1 liter Bottle	04270-01000
5 liters Canister	04270-05000



Goat Butter Foot Cream – for fresh, well-cared feet

Suitable for: stressed foot skin. Used daily, the skin remains soft and supple and calluses are reduced – with a pleasant fresh scent. Simply apply and allow absorption.

Contains: goat butter, macadamia nut oil, urea pura, allantoin, royal jelly.

Effects: intensive care, protects, refreshes, regenerates, reduces calluses and cracked skin

Also available as 10-ml tester and other sale sizes.

Quantity	Item no.	Units
10 ml Tube	04221-00010	1
10 ml Tube	04221-00010	from 100
75 ml Tube	04221-00075	1
75 ml Tube	04221-00075	from 6
250 ml Jar	04221-00250	1
250 ml Jar	04221-00250	from 6



Goat Butter gift / test set

Suitable for: trying out or as a perfect travel size – goat butter is always a joy. The set is beautifully packed in a wooden chip box and padded with tissue paper.

Included in the set: 10 ml tubes of each cream, Aloe Vera Gel, Hot Energizing Body Balm, Kool Energizing Body Balm, Hand Cream, Foot Cream, Bodylotion and Q10 Day & Night Cream.

Quantity	Item no.
Set of 8 pieces + chip box with lid	11002-322

Ideal for therapy and sport – massage lotion, hot and cool energizing body balm



After sports, hikes and walks or after a stressful day muscles and joints call for relaxation. Hot or Cool Goat Butter Energizing Body Balms and the Body Massage Lotion are ideal partners to achieve this.

Relaxation for stressed muscles and joints

Goat Butter Hot Energizing Body Balm stimulates the blood circulation through its strong warming effect and thus supports regeneration. The Cool Energizing Body Balm cools stressed parts of the body and thus relieves pain. It is simple to use: Apply

Energizing Body Balm and massage in gently. The cooling or warming effect can be felt immediately.

Nourishing Massage Lotion

After sporting activity, there is nothing more relaxing than a pleasant massage. The Goat Butter Body Massage Lotion not only convinces due to its ideal gliding properties, but also due to its intensively nourishing ingredients such as goat butter, jojoba oil and allantoin. It nourishes, moisturizes, regenerates, smoothes – and it is gentle on the therapist's skin and hands.

No minimum order quantities, no compulsory deposits!

Top
retail
product!



Goat Butter Hot Energizing Body Balm – warming

Ideal after sport or physical strain. Stimulates blood circulation, generates a pleasant, warm feeling and supports regeneration – with a long-lasting effect. Of course, it is free of parabens, paraffin oils and PEGs.

Suitable for: relaxation of tense and strained muscles and joints.

Contains: goat butter, ginger, rosemary oil and guarana.

Effects: warming, relaxing, nourishing, pain-relieving, regenerating.

Quantity	Item no.	Units
10 ml Tube	04231-00010	1
10 ml Tube	04231-00010	from 100
75 ml Tube	04231-00075	1
75 ml Tube	04231-00075	from 6
250 ml Jar	04231-00250	1
250 ml Jar	04231-00250	from 6

Top
retail
product!



Goat Butter Cool Energising Body Balm – cooling

Ideal after sport or physical strain. Stimulates blood circulation. Revitalizes painful arms, legs and muscle groups.

Suitable for: strains, sprains, hematomas and sports injuries.

Contains: goat butter, vitamin complex, menthol, camphor, mint oil.

Effects: cooling, nourishing, anti-inflammatory, regenerating, reduces swelling, supports the healing process.

Quantity	Item no.	Units
10 ml Tube	04230-00010	1
10 ml Tube	04230-00010	from 100
75 ml Tube	04230-00075	1
75 ml Tube	04230-00075	from 6
250 ml Jar	04230-00250	1
250 ml Jar	04230-00250	from 6

Massagelotion mit Intensiv-Pflegeformel

Dispenser
for 1 liter jar
can be found
on page 171



Goat Butter Massage Lotion – gentle to the skin

Intensively caring massage lotion with ideal smoothness and pleasant fresh fragrance. Of course, it is free of parabens and PEGs. Gentle on the therapist's skin and hands.

Suitable for: partial or whole body massages for normal, sensitive and irritated skin, also ideal for hand and foot massages.

Contains: goat butter, jojoba oil and allantoin.

Effects: intensively nourishing, moisturizing, regenerating, smoothing.

Also available as 30-ml tester.

Quantity	Item no.
30 ml Jar	04480-005
250 ml Jar	04480-00250
1,000 ml Jar	04480-01000
5,000 ml Canister	04480-05000

Active Agent – warming & cooling gel for sportspeople



The secret formula for successful training

Sore muscles after a training are not uncommon, but unpleasant for sportspeople. Our Active Agent Gel can reduce soreness and bring benefits for strained muscles and joints. Simply apply to the painful areas, massage in gently and allow to unfold its effect. Thanks to high-quality ingredients such as goat butter, the gel also has a nourishing effect.

Skin, muscles and joints need protection and care before and after sports. Active Agent sportsgel contains ingredients that nourish and support achieving athletic goals at the same time. Kurland® Active Agent sportsgel is available in two versions: one with a strong cooling and the other with a strong warming effect. Both of them contain goat butter with its skin nourishing characteristics and taurine, a metabolic product that supports essential body functions.

Successful sportspeople prepare themselves

The importance of preparation and warming up should never be underestimated. Excessive training with cold muscles can result in stress fractures, muscle strains and other injuries. Those who do not take time to warm up before and cool down after training may damage themselves in the long term. Pain is the body's way of indicating that something is wrong. With our two Kurland® products – sportsgel Active Agent BLUE and sportsgel Active Agent RED – you support effective training and accelerate recovery after sports.

Active Agent RED relaxes muscles and joints

To enable muscles to warm up more quickly or accelerate relaxation after sport, we have developed Kurland® sportsgel Active Agent RED with a warming effect. By stimulating the heat receptors in the skin, muscles can be better supplied with blood, cramps can be relieved, pain can be eased and sore muscles can be reduced more quickly. In addition, the goat butter it contains sustainably nourishes the skin.

Effects of Active Agent RED:

- strong warming effect
- stimulates blood circulation
- relaxes and relieves tension
- ideal for sore muscles

Active Agent BLUE helps to reduce pain

Camphor and menthol are the cooling components in the Kurland® sportsgel Active Agent BLUE. Menthol can relieve pain due to its cooling effect. This is because it prevents pain signals from reaching the brain – particularly effective for back pain and muscle aches, but also pleasant in the case of heavy legs and hot temperatures.

Effects of Active Agent BLUE:

- strong cooling effect
- reduces pain
- stimulates and refreshes
- anti-inflammatory

Active Agent RED sportsgel – warming

It relaxes stressed tissue and activates the blood circulation. Guarana and ginger stimulate which provides a pleasantly warm feeling.

Top
retail
product!



Fit with Active Agent – warming and cooling sportsgel



The perfect blend of muscle-relaxing and nourishing ingredients makes the Active Agent series so effective. Whether before or after massages, to expand your therapy range or as a special additional treatment – the warming and cooling gels enrich your spa program. The gels offer numerous advantages not only for sportspeople.

Active Agent after hiking

Does your hotel or spa offer guided hiking tours or are you located in a hiking area? Then complement your range of treatments with the Active Agent series.

Application tip: Combine the cooling, anti-inflammatory Rügen Healing Chalk with Active Agent BLUE – a powerful duo for tired legs.

Anti-Aging for the legs

Item	Item no.	Quantity
Rügener Healing Chalk	10500-02000	80 g
Horse Chestnut grinded	03663-01000	10 g
Oil Blend Freeze	11235-01000	5 ml
Plant Serum Ivy	11432-102	2.5 ml
Active Agent BLUE	09001-00400	5 g

Mix Rügen Healing Chalk and Horse Chestnuts with water and the Freeze Oil Blend to a yoghurt-like consistency. Apply to the legs and allow to work for around 20 minutes. Rinse with cold water. Apply Plant Serum Ivy and put Active Agent BLUE on the legs.

Treatments
can be found in
the new Kurland
**Signature
Treatment
Book!**

New design, same content!



Active Agent RED sportsgel – warming

Nourishing gel with a strong warming effect. It relaxes stressed tissue and activates the blood circulation. Guarana and ginger stimulate. Ginger also has antiseptic properties and provides a pleasantly warming effect.

Suitable for: sportspeople, cramps.

Contains: guarana, ginger, juniper, gentian, arnica, lemon balm, horse chestnut, goat butter, taurine.

Effects: warming, stimulates blood circulation, stimulates, relaxes muscles, relieves cramps, nourishing, regenerates, is antiseptic

Quantity	Item no.
10 ml Tube	09002-00010
10 ml Tube	09002-00010 from 100
200 ml Airfree	09002-00200
400 ml Airfree	09002-00400

New design, same content!



Active Agent BLUE sportsgel – cooling

Sportsgel with cooling, refreshing and revitalizing properties. It provides lasting care for the skin and has an anti-inflammatory effect – ideal for sports injuries. The camphor contained stimulates blood circulation and menthol cools.

Suitable for: sports injuries.

Contains: camphor, menthol, hay flower, spruce needle, St. John's wort, juniper, gentian, arnica, lemon balm, horse chestnut, goat butter, taurine.

Effects: cooling, stimulating blood circulation, anti-inflammatory, anti-bacterial, stimulating, cleansing, refreshing, nourishing, soothing

Quantity	Item no.
10 ml Tube	09001-00010
10 ml Tube	09001-00010 from 100
200 ml Airfree	09001-00200
400 ml Airfree	09001-00400

Protection and care thanks to goat butter and taurine



What makes our sportsgels special is the combination of goat butter and taurine. While other gels with a cooling or warming effect often cause skin irritation when used, Active Agent protects and nourishes the skin, moisturizes and soothes without drying it out.

Goat butter promotes healthy skin

It has an anti-inflammatory effect, supports cell regeneration, hydrates, provides vitamins, minerals, trace elements and proteins. Thanks to the natural content of antihistamines, goat butter is particularly well-tolerated and also suitable for people with allergies.

Taurine – numerous health-promoting properties

The human body itself produces taurine. It ensures proper moisture and electrolyte balance in our cells and the formation of bile salts, which play an important role in our digestion.

Naturally beautiful skin: the rewarded Classic Line

No
minimum
order quantities,
no compulsory
deposits!

The all-round beauty program for the most demanding requirements

The secret of beautiful skin lies in proper cleaning and care. The more natural the ingredients, the better for the skin. This is why we have developed our Classic Line true to this motto – and of course without parabens, paraffin and PEGs. For the most demanding requirements and, of course, without animal experiments.

Our Classic Line is a best-seller and a popular resale item. The skin of your guests and customers will be rejuvenated by its precious ingredients. The skin receives all-round care and the seductive fragrance spoils the nose. Due to its particularly good tolerance level, the Classic Line is suitable for all skin types and is even available in selected pharmacies.

Our Classic Care Line contains:

- Goat butter
- Aloe Vera
- Shea butter
- Jojoba and almond oil
- Vitamins A, E, Q10
- Apricot oil
- Wheat protein
- Olive leaf and lime blossom extract

Awarded!

Due to the particularly well-tolerated ingredients, our Classic Line has been awarded the quality seal for cosmetics analysis.



Classic Special Face Oil

stands out due to intelligently combined ingredients such as mineralized deep sea water and the wonderful extract from the Persian silk tree.



All-inclusiv beauty program

The product range includes perfectly matching cleansing products, rich care creams, peeling, mask, a stimulating fluid, tonic, effective eye-care and a face oil rich in active agents. An all-inclusive beauty package for face and décolleté. The result is a luminous complexion, a fresh appearance and all-round healthy and cared-for skin.

Because nature offers the best for our skin!

With the Kurland® Classic Line you receive ideal care for face and décolleté and it provides exactly what the skin needs:

- Intensive, protective cleansing
- Careful and long-lasting care
- Protection and moisture
- A good skin feeling straightaway

Completely natural lip care!

Unlike conventional sticks, we have exclusively concentrated on the nourishing content of Classic Lips in a jar – without harmful additives, hardening substances, parabens, paraffin oils or PEGs. The soft lip balm is easier absorbed, regenerates dry lips and makes them smooth. It also has a pleasant vanilla scent.

Now
in elegant
frosted glass
jars and
bottles!



Cosmetics from cleansing to deep care – your perfectly balanced beauty program



Gentle cleansing products, rich care creams, peeling, mask, stimulating fluid, tonic, effective eye care and a face oil are all part of the extensive Classic Line.

Your individual care plan

A complete treatment plan for the respective skin type can be combined quickly and easily with the Classic Line, using the power of nature. To obtain tips for your ideal treatment process see below.



The easy way to create your individual treatment plan:

1. Gentle cleansing (approx. 5 minutes)

Apply 2 to 4 presses of Cleansing Milk or 2 to 3 presses of Cleansing Gel to the hands or face brush and briefly massage in. Remove with a warm compress. Then apply 2 presses of Classic Tonic over the face with cotton pads. Classic cleansing products see page 23.

2. Peeling (approx. 10 minutes)

Apply approx. 5 g of peeling on décolleté, neck and face and rub it in with a massage. Remove with a warm compress and spread 2 presses of Classic Tonic over the face with cotton pads. Classic Peeling see page 24.

3. Mask (approx. 15 minutes)

Apply approx. 5 g of Classic Mask to the décolleté, neck and face and massage in for 5 minutes and then allow it to be absorbed. Remove with a warm compress. Classic Mask see page 24.

4. Serum (approx. 5 minutes)

Depending on the skin type and desired effect, massage in a plant serum (boswellia, cress or ivy). See page 26.

5. Day care (approx. 5 minutes)

First dab in 1-2 presses of Eye Gel Cream gently around the eyes, then massage 2-3 presses of Day & Night Cream for sensitive skin or mature skin or fluid for combined and greasy skin. Classic Creams see page 25.

Soft lips by means of purely natural ingredients



We have optimized the texture of our natural lip care. The Classic Lips is now much smoother and easier to apply on the lips.

More shea butter and honey

For a particularly soft and supple result, we have increased the amount of shea butter and honey.

It is the content that counts

During development we have focused on completely natural ingredients. Additives such as petroleum, mineral

oil or paraffins are not part of it, as they cannot only damage the skin, but be also harmful for your health.

From now on in a practical 10 ml jar

We use only the best from nature, and this is why we completely refrain from using harmful hardening substances; as of now our Classic Lips comes in a 10 ml jar instead of 15 ml. This way it fits even better in your bag or trouser pocket.



Classic Lips

Completely natural lip care – without harmful ingredients, hardening substances, parabens, paraffin oils or PEGs. With a delicate vanilla note.

Suitable for: protection and regeneration of dry lips; makes them silky.

Contains: royal jelly, beeswax, honey and shea butter

Effects: intensively nourishing, protects and regenerates

Quantity	Item no.	
10 ml	11425-00010	
10 ml	11425-00010	from 6

Intensiv reinigend, schonend für die Haut



Classic Cleansing Gel

Intensive cleansing gel for a fresh, gentle skin feeling.

Suitable for: normal and mixed skin.

Contains: wheat protein, lime blossom extract.

Effects: cleanses dirt particles, sebum and make-up residues intensively but gently, anti-oxidant, tightens and calms.

Quantity	Item no.	
200 ml Airfree	11415-00200	
200 ml Airfree	11415-00200	from 6



Classic Cleansing Milk

Gentle cleansing milk – makes the skin soft and silky.

Suitable for: dry and sensitive skin.

Contains: sunflower oil, goat butter and vitamin E.

Effects: removes dirt particles, sebum and make-up residues without irritating or drying out the skin, smoothes the skin.

Quantity	Item no.	
200 ml Airfree	11416-00200	
200 ml Airfree	11416-00200	from 6



Classic Tonic

Highly effective cleansing tonic to revitalize the skin – ideal preparation for further care.

Suitable for: all skin types.

Contains: olive leaves and lime blossom extracts.

Effects: cell regeneration, cleanses, stimulating and refreshing.

Quantity	Item no.	
200 ml Airfree	11418-00200	
200 ml Airfree	11418-00200	from 6

Cleansing and care with Classic

New design, same content!



Classic Peeling

Gentle, deep-cleansing peeling with natural rice wax particles.

Suitable for: all skin types.

Contains: beeswax, panthenol, vitamin E, peeling particles from natural rice wax

Effects: peeling, improves the complexion, boosts the regeneration ability of the skin, makes the skin smooth and silky.

Quantity	Item no.
50 ml Jar	11414-00050
200 ml Jar	11414-00200

Classic Mask

Rich mask that can sustainably revitalize tired, pale facial skin. Provides elasticity and smoothness for the skin.

Suitable for: stressed, irritated skin.

Contains: shea butter, jojoba oil, olive oil, panthenol and goat butter.

Effects: nourishing, hydrating, refreshing and smoothing.

Quantity	Item no.
50 ml Jar	11413-00050
200 ml Jar	11413-00200

Classic Fluid

Light, refreshing face care and ideal make-up base. Is absorbed quickly, with a particularly light texture.

Contains: jojoba oil, allantoin, panthenol, vitamin E, Q10, goat butter, beeswax.

Effects: makes skin silky and can protect against skin aging, nourishing, moisturizing.

Quantity	Item no.
50 ml Jar	11417-00050
200 ml Airfree	11417-00200



Treatments can be found in the new Kurland Signature Treatment Book!



Classic Day & Night Cream for mature skin

Wonderful fragrance of the Day & Night Cream – protects, regenerates and nourishes.

Suitable for: stressed, more mature skin.

Contains: argan oil, olive oil, lecithin, vitamins A and E, goat butter, shea butter.

Effects: anti-inflammatory, balancing, provides and maintains moisture, protects from free radicals, can delay the skin aging process.

Quantity	Item no.
50 ml Jar	11411-00050
50 ml Jar	11411-00050 from 6
200 ml Airfree	11411-00200

Classic Day & Night Cream for dry & sensitive skin

Day & Night Cream – makes skin smooth and silky

Suitable for: dry, sensitive skin.

Contains: shea butter, avocado oil, apricot oil, goat butter, olive leaf extract, Q10.

Effects: hydrates, moisture is stored for a longer time, protects against harmful environmental influences, prevents from skin aging and formation of wrinkles.

Quantity	Item no.
50 ml Jar	11412-00050
50 ml Jar	11412-00050 from 6
200 ml Airfree	11412-00200

Classic Eye Gel Cream – to prevent formation of wrinkles around the eyes

Die Eye Gel Cream cares for and revitalizes the eye areas – for more radiance.

Suitable for: all skin types.

Contains: jojoba oil, goat butter, vitamin E, hyaluronic acid.

Effects: reduces swelling, can reduce wrinkles.

Quantity	Item no.
30 ml Airfree	11410-00030
30 ml Airfree	11410-00030 from 6

Smooth and fresh in two phases – the Classic Special Face Oil

The secret recipe for a fresh, youthful appearance

The Classic Special Face Oil stands out due to intelligently combined ingredients, such as mineralized deep sea water and the wonderful extract from the Persian silk tree. Specific peptides, hyaluronic acid and valuable plant extracts are combined in this high-quality two-phase oil with hemp oil and acai oil. They counteract the visible signs of premature skin aging and ensure a radiantly fresh and healthy complexion. They revitalize the skin, strengthen its elasticity and have antioxidant, anti-inflammatory properties. Hemp oil, with its monounsaturated and polyunsaturated fatty acids, is very well absorbed by the skin, supports its natural protec-

tive barrier and prevents from drying out. Skin problems such as itchy or reddish irritations can be improved.

Effects:

- stimulates collagen and elastin synthesis
- combats visible signs of fatigue in a targeted manner
- supports special detoxification processes
- maximum results in fighting against wrinkles
- the skin is radiant and looks extraordinarily fresh



Classic Special Face Oil

Suitable for: all skin types.

Application: Shake well (the two ingredients separate again after a short time), apply evenly over the entire face.

Contains: hemp and acai oil, extract from the Persian silk tree, hyaluronic acid.

Effects: antioxidant, anti-inflammatory, smoothing, firming, supports detoxification, protects and revitalises the skin, moisturizes, nourishes, can help against itchy skin and improve redness.

Quantity	Item no.
30 ml	11427-00030
30 ml	11427-00030 from 6

Serums for effective skin care treatments – Plant power that makes more beautiful



We will be happy to provide you advise!

Order by phone:

DE: +49 (0) 8654/4887-22

The power of plants:

- natural active agents from plants
- effects are felt immediately
- easy to portion
- perfect to apply
- long shelf life
- treatment costs are easy to calculate
- compatible with all Kurland oils, lotions, base creams and care products.



The concentrated plant sera are highly effective and highly yielding. The effects of natural plant extracts have been known for centuries. We have now filled our intense elixirs from our sera in pipette vials for obtaining perfect portions. They are compatible with all our care products such as creams, lotions or oils.

Cress

Ideal for skin tightening in case of flabby, tired, wrinkle-prone skin; contains the extract of paracress. Can relax expression lines, tightens, refreshes and moisturizes.

Boswellia

Boswellia is the best choice for skin that is irritated, red and prone to inflammations. Frankincense extract is not only known for its soothing, anti-inflammatory and wound-healing properties. As a component of our serum it also helps smooth the skin and moisturizes.

Ivy

For water retention, eye bags or cellulite, Ivy is the "First aid serum" of choice for reducing swellings, draining and firming.

A 5-day special treatment is particularly effective. If you want your skin to be extra radiant, the sera can also be used before applying a day care like our Day & Night Cream.

Highly yielding

A few drops are sufficient for the face.

Tip: Thanks to the pipette, body treatments can also be refined with a perfect dose.

Treatments can be found in the new Kurland **Signature Treatment Book!**

Pflegeprodukte mit Pflanzenelixieren intensivieren

The natural care products of our Goat Butter or Classic series as well as our base creams are particularly suitable to intensify their effects with a few drops of the desired serum. As an additional step in the treatment process, the respective serum can also be applied directly to the face and décolleté before the final

treatment. Or you can freshly mix a few drops into the required care product and apply it altogether.

Sera for body care

For body treatments, the serum should be mixed into the skin care product (cream, lotion or oil) in

order to be able to distribute it evenly. For a targeted problem zone treatment we recommend to use pure sera.



Application:

- **For the face** as little as 4 drops of a serum are sufficient for intensive care results. Drip directly onto the skin and massage it in.
- **For body treatments** we recommend a targeted treatment of problem areas. In this case 6 drops can be applied directly to the skin or mixed into the required amount of skin care lotion or cream. All base creams, goat butter creams and all Comfort Spa care lotions are suitable for this purpose. Simply put the drops in, stir, and apply.

New design, same content!



Boswellia – anti-inflammatory

“SOS serum” for irritated skin.

Suitable for: irritated, reddened skin that is prone to inflammations.

Contains: frankincense extract

Effects: anti-inflammatory, reduces irritations, wound-healing, smoothing, moisturizing

Quantity	Item no.
15 ml	11431-102
15 ml	11431-102 from 6

New design, same content!



Cress – skin tightening

Highly effective skin tightening serum.

Suitable for: loose, tired skin which is prone to wrinkles

Contains: cress extract

Effects: can relax expression lines, tightens the skin, refreshes, moisturizes

Quantity	Item no.
15 ml	11430-102
15 ml	11430-102 from 6

New design, same content!



Ivy – tightens tissue

“First aid serum” for eye bags.

Suitable for: water retention, eye bags, cellulite.

Contains: Ivy extract

Effects: reduces swelling, draining, tightening.

Quantity	Item no.
15 ml	11432-102
15 ml	11432-102 from 6

Cell Cream – youthful skin through stem cell structure



Natural anti-aging with apple

Our skin can renew and regenerate itself through its own stem cells. Environmental influences and the natural aging process work against regeneration. Our Cell Cream gives new impetus to the body's own stem cells. For radiant, smooth and younger-looking skin.

Over the years, the body's own stem cells wear out. We can counteract this by stimulating these stem cells. Kurland® Cell Cream is the revitalization treatment for tired, stressed skin and wrinkles.

Nature knows the secret of regeneration

Cell Cream activates cell regeneration for more vitality and resistance to harmful environmental influences. Strengthened stem cells can renew our skin faster and make it look fresher, smoother and younger again.

The result:

- revitalized cell production
- smoother skin surface
- radiant complexion
- regulated hydration
- noticeable rejuvenation effect
- resistant, healthy skin
- younger appearance

Anti-aging with apple stem cells

The Swiss apple variety "Uttwiler Spätlauber" is the source of youth in our Cell Cream apple. It retains its exceptionally long freshness due to its tannin-rich cells. These tannins (polyphenols) also protect our skin from harmful environmental influences and act against wrinkles.

Two new varieties from September

We are currently working on two new Cell Cream varieties. These are expected to be available from September. Look forward with us to Cell Cream with alpine rose and Cell Cream with algae extracts.



Cell Cream for revitalized skin – effective anti-aging treatment for your guests



Pamper your guests with a natural anti-aging treatment that stimulates the body's own stem cells to counteract the aging process. The Cell Cream provides stem cells with new energy.

As a cosmetic treatment or body wrap

Kurland® Cell Cream is not only suitable for the effective care of face and décolleté, but it can also be used in body wraps.

Possible applications:

- for Soft-Pack® systems
- for cosmetic treatments
- for body wraps
- for creating your own cream mixtures.

All Cell Cream products are perfect for resale!

Recipe: Anti-Aging-cream pack apple – rejuvenating effect with apple stem cells.

Preparation

Keep the Cell Cream apple warm in a vessel in a water bath at approx. 45°C.

Application

1. **Wet the skin:** Let the guest have a shower or moisten the skin with a warm compress.

2. **Apply:** Apply the cream pack to the moistened skin with long, flowing movements (first the back, then the front).

3. **Wrapping:** Wrap the guest in the coated lining, fold the wings of the Soft-Pack® system over the guest.

Active agents: Stem cell complex apple, carotenoids, oleic acids, gamma-linolenic acid, potassium, magnesium, calcium, vitamins A, B1, B2, B6 and E.





Cell Cream Apple – for dry skin

The fruity secret recipe for a particularly radiant complexion.

Suitable for: for dry skin and in case of small wrinkles

Contains: native plant oils (stem cell complex) made of apple (malus domestica), almond oil, shea butter, evening primrose oil.

Effects: intensively hydrating and regulating, cell activating, smoothing.

Also available as body product in a 500 ml jar.

Quantity	Item no.
30 ml Airless	11444-00030
500 ml Jar	11445-00500

Two new Varieties from September

We are currently working on two new Cell Cream varieties. These are expected to be available from September. Look forward with us to Cell Cream with alpine rose and Cell Cream with algae extracts.

The bestseller Cell Cream apple will remain in the 30 ml face variant as a retail size and with 500 ml for body treatments.

New design, same content!



Comfort-Spa care lotions: convenient, rich, effective

Fruity body lotions developed for your success

Wonderfully refreshing, sweet and fruity or tart and woody – what makes the Comfort Spa care lotions special are the tempting fragrances and intensively caring ingredients. Each lotion is unique in its own way and offers special benefits – from the flowery Cleopatra to the soothing Evening Primrose.

Our care lotions stand for a wonderfully refreshing and aromatic experience. But we have not ignored your economic success either! Only one unit per application leads to material costs that can be calculated precisely. Despite the small amount of cream, the skin has a particularly intensive and long-lasting fragrance and is pampered with high-quality ingredients.

Highly concentrated active ingredients

Double the amount of cream, double effect? This would be nice. But less is more! According to this motto we have enriched our care lotions with valuable ingredients. Even a thin layer is sufficient for our skin to absorb the active agents, provided that they are highly concentrated in the care, as this is the case for Comfort Spa.

Damp skin absorbs more easily

So as little as 60 ml is sufficient for a whole body treatment with the Soft-Pack® system or on the massage table. Depending on the type, you can pamper, care or support the skin with vitamins, ginseng or algae extract, valuable oils, goat butter, aloe vera and many more ingredients.

Noticeably smoother

The blend of nourishing ingredients cause the skin to become silky, hydrated, smooth and leaves a pleasant sensation. Each variety convinces with results that can be felt immediately and its tempting fragrance.

The advantages of our Comfort Spa series:

- low material requirements
- only one unit per application
- treatment costs are easy to calculate
- ingredients with strong effects
- wonderfully composed care lotions

Alkaline skin care with pomegranate

Alkaline skin care stimulates the body to release stored acids and metabolic end products from the predominantly acidic environment of the cells and to release them into the alkaline environment. In this way, alkaline skin care effectively assists the body to deacidify. For this purpose we have developed Comfort Spa Pomegranate. Try it out. Your guests will love it!

alkaline

Protective shield in the summer and winter

Temperature fluctuations, dry heated air in winter or strong sunshine in summer withdraw a lot of moisture from the skin. Intensive care in the morning and evening works wonders! But not all creams are the same. Our body lotions are specially matched to heat, wind and weather and act like a protective shield on the skin – with a noticeable effect!

Four new varieties

In addition to our well-known bestsellers, we now have four new products in our range: the stimulating Green Tea, moisturizing Aloe Vera, Pacific with the scent of the South Seas and the unscented Comfort Spa Pure for exceptional sensitive skin.

Even more sustainable

With the new packaging, we are saving material and plastic. In addition, the new sachets are handy and contain 20% more skin care lotion. They are more space-saving and lighter, so they also reduce the CO2 footprint during transport. In the new dispenser box, the different varieties are easily stackable and easy to remove.



Comfort Spa as a care program or exclusive, fragrant conclusion

With now
20% more content!

Your advantages:

- low material usage
- only one sachet per application
- easy to calculate application costs
- effective ingredients
- wonderfully composed care lotions

Round off your range of treatments perfectly with the Comfort Spa care series. Our lotions contain the ideal amount of cream for a full-body treatment, for example in the Soft-Pack® system or on the massage table. The skin texture is improved and the seductive fragrance pleasantly resonates.

Possible applications:

- Care application in the Kurland®-Soft-Pack® system
- massages
- skin care
- for re-lubrication after showering
- after bath or sauna
- perfect conclusion of your care program



Comfort Spa Evening Primrose – soothing care for irritated skin

Suitable for: Restores balance to irritated skin. With a subtle fragrance.

Contains: Goat butter, evening primrose oil, calendula extract, sunflower, soybean and grape seed oil.

Effect: nourishing, balancing, soothing

PU*/Quantity	Item no.
10 x 60 ml sachet	10221-010
from 2 PU (20 sachets)	
from 10 PU (100 sachets)	



Comfort Spa Pomegranate – alkaline care with a fruity note

Suitable for: This alkaline care lotion with a pH of 7.2-7.5 protects against free radicals and optimizes cell metabolism. With exotic pomegranate fragrance.

Contains: Vitamin C, beta-carotene, zinc, selenium, polyphenols.

Effect: prevents skin irritation, cares for dry, irritated skin, preserves elasticity, contour-firming, stimulates metabolism, protective, purely alkaline.

PU*/Quantity	Item no.
10 x 60 ml sachet	10222-010
from 2 PU (20 sachets)	
from 10 PU (100 sachets)	



Comfort Spa Cleopatra – pampering care with flowery scent

Suitable for: Pampering care for dry skin with a fresh, floral fragrance.

Contains: Almond, sunflower, soybean and grape seed oils, rich goat butter.

Effect: Leaves the skin soft and tender

PU*/Quantity	Item no.
10 x 60 ml sachet	10220-010
from 2 PU (20 sachets)	
from 10 PU (100 sachets)	

Comfort Spa in three fragrant new varieties!

New!



Comfort Spa Green Tea – Vitality for stressed skin

Suitable for: tired, stressed skin

Contains: Green tea extract, calcium, magnesium, vitamins A and E, nourishing lipids from mango and avocado, shea butter, olive oil, almond oil, cocoa butter, urea pura.

Effect: nourishing, strong antioxidant, revitalizing, anti-inflammatory, antibacterial, moisturizing.

PU*/Quantity	Item no.
10 x 60 ml sachet	10224-010
from 2 PU (20 sachets)	
from 10 PU (100 sachets)	

New!



Comfort Spa Pacific – smoothing care with vacation fragrance

Suitable for: pampering, smoothing care for normal skin, with fresh, invigorating fragrance.

Contains: Calcium, magnesium, vitamins A and E, nourishing lipids from mango and avocado, shea butter, olive oil, almond oil, cocoa butter, urea pura.

Effect: nourishing, moisturizing, smoothing, softens and softens the skin.

PU*/Quantity	Item no.
10 x 60 ml sachet	10223-010
from 2 PU (20 sachets)	
from 10 PU (100 sachets)	

New!



Comfort Spa Aloe Vera – first aid for dry skin

Suitable for: dry or irritated skin, ideal after sunbathing, slightly cooling.

Contains: Organic Aloe Vera Barbadensis, raspberry ketones, green coffee oil, urea pura, caffeine, ivy extract, menthol.

Effect: nourishing, antioxidant, anti-inflammatory, moisturizing, tissue firming, tightening, soothing, vitalizing, immunostimulating, protective, cooling

PU*/Quantity	Item no.
10 x 60 ml sachet	10225-010
from 2 PU (20 sachets)	
from 10 PU (100 sachets)	

Comfort Spa Pure – now also unscented for very sensitive skin

New!



Comfort Spa Pure – intensive care for sensitive skin

Suitable for: gentle, unscented intensive care for sensitive and extremely sensitive skin.

Contains: Goat butter, jojoba oil, urea pura, vitamin complex.

Effect: provides a balanced moisture, promotes regeneration, protective, soothing, antioxidant.

PU*/Quantity	Item no.
10 x 60 ml sachet	10226-010
from 2 VEs (20 sachets)	
from 10 VEs (100 sachets)	

In the Mix Box or separately

Comfort Spa Mix Box

To test the seven wonderful Comfort Spa varieties, you will receive one sachet of each variety and a second of each of the Evening Primrose, Cleopatra and Pomegranate.

PU*/Quantity	Item no.
10 x 60 ml sachet	10229-010

Comfort Spa separately

1 x 60 ml sachet	Artikel-Nr.
Evening Primrose	10221-001
Pomegranate	10222-001
Cleopatra	10220-001
Green Tea	10224-001
Pacific	10223-001
Aloe Vera	10225-001
Pure	10226-001

Base Creams – the basis for individual care recipes

Base Creams – skin-friendly, effective, high-yield and of highest quality

The cosmetics for your individual range of treatments can be mixed by yourself in less than no time with Kurland®base creams and cream foundations. For tailor-made care recipes simply add an essential oil or a care oil. But even without any further additives you will obtain high-quality creams for your care recipes and for highest demands.

Rich in active ingredients cream foundations form the perfect basis for individual mixtures and tailor-made care recipes. Our base creams are already intensively nourishing without any additives, but they are also excellently suited to incorporating all the desired active agents.

Your benefits:

- intensively nourishing even pure
- with valuable ingredients
- compatible with all base oils
- can easily be customized
- for face and body.

What makes our Kurland®cream foundations so special:

Our cream foundations serve as carriers for effective care substances. Thanks to the highest quality ingredients and purely natural agents, they are also perfect for daily care even without any additional components

The most valuable natural ingredients

Depending on the base cream they pamper the skin with goat butter, argan oil, shea butter or coenzyme Q10. There is the perfect cream for every skin type and every purpose.

Mixing has never been easier!

Select the appropriate base cream and add a few drops of essential or perfume oils. For even more intensive care add the Kurland®base oils – such as jojoba, avocado or almond oil. Modified to the needs of your patient or guest. Your highly personal spa program is done!

Our cream foundations are suitable for:

- every skin type
- daily face and body care
- individual mixtures.

Base Cream II

This rich ointment base contains lots of valuable ingredients such as vitamins A, B and E, shea butter, olive oil, almond oil and cocoa butter. This makes it the perfect basis for self-scented care treatments or your own cream mixtures.



We will be happy to provide you advise!

Order by phone:

DE: +49 (0) 8654/4887-22
AT: +43 (0) 662/830667

Kurland base creams - the basis for rich care recipes

Your benefits:

- intensively nourishing even pure
- especially well tolerated
- with the most valuable and purely natural ingredients
- compatible with all base oils
- can easily be customized
- for daily face and body care

Mixing personalized skincare freshly by yourself is easier than you might think. By adding Kurland® care oils and other components, such as our essential oils or perfume oils, you can influence which additional nutrients

are supplied to the skin and they provide your mixture with a unique fragrance.

Whether adding Urea Pura as a natural moisturizer or the exclusive Moroccan argan oil to include vitamin E – you

customize your treatments with your own personal care recipe. Simply select the cream foundations that meets your requirements.

Your own care recipe in just 3 steps:

1. Select a base cream

Choose one of our high-quality cream foundations as a basis for your care recipe. Each one contains valuable ingredients that nourish intensively, from shea butter through almond oil to goat butter.

2. Add fragrance and oil

Select a high-quality base oil such as jojoba or argan oil to add a valuable care component to your recipe. Then decide if you want to scent your mixture with a supplementary essential oil or if you want to achieve an additional effect.

3. Mix and fill

Mix all of the ingredients and fill your individual creation in a clean, tightly locked cream jars (see page 169).

Tip:

For 50 ml Kurland® base oil, use 3 drops of essential oil or perfume oil of your choice. You can also mix your own body or massage oil in the same mixing ratio. Of course, you can select several essential oils or perfume oils for your individual care, but you should not mix more than 3 drops with 50 ml / 50 g, otherwise this would lead to an over-concentration which can result in irritated skin.

The use of self-mixed care products with essential oils and perfume oils is not recommended during pregnancy.





New design, same content!

Base Cream I

Smooth cream foundation with very good oil restoring and water-binding properties, for varied applications and to be supplemented with individual fragrances or active agents.

Contains: shea butter, grape seed oil, vitamin E.

Effects: nourishing, smoothing, makes skin silky and soft.

Quantity	Item no.
1 kg Jar	10208-01000

We will be happy to provide you advise!

Order by phone:

DE: +49 (0) 8654/4887-22
AT: +43 (0) 662/830667



New design, same content!

Base Cream II

Rich ointment base with vitamins A, B and E

Contains: shea butter, olive oil, almond oil, cocoa butter, vitamin E.

Effects: strongly nourishing, especially for dry and sensitive skin.

Quantity	Item no.
500 g Jar	10202-00500

Our mixing hotline

You would like to mix your own care product, but you are not sure which ingredients are particularly suitable for your needs? We are happy to help and advise you on the way to your individual product.

Call us at:

+49 (0) 8654/4887-22
or +43 (0) 662/830667

or send us an e-mail: info@kurland.de



New design, same content!

DAC Base Cream

The well-known ointment base for therapeutic, cosmetic and clinical use. Can be enriched with individual ingredients like all base creams.

Contains: lanolin, white vaseline

Effects: very nourishing, restores oil content

Quantity	Item no.
1 kg Jar	10200-01000



Urea Pura

As a supplement in your cream mixtures to stabilize the moisture content of the skin.

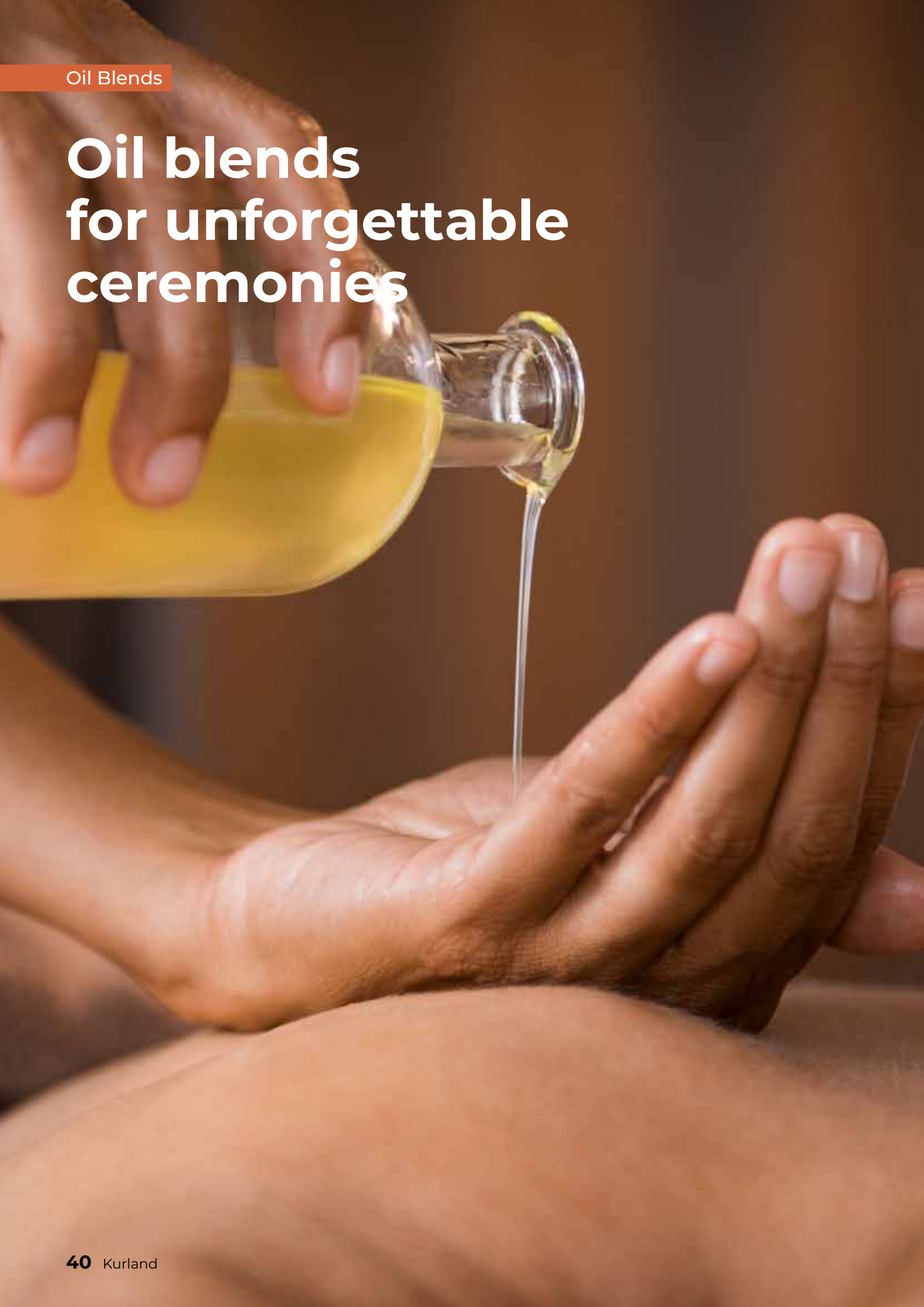
Contains: 100 % pure Urea Pura

Effects: stabilizes moisture, improves the body's own protective layer

Quantity	Item no.
100 g Jar	10260-00100
1 kg Bag	10260-01000



Oil blends for unforgettable ceremonies



Made with love according to Kurland recipes

With careful handwork and decades of expertise, we create oil blends and bottle them in our own production. Our experts will be happy to develop tailor-made oil compositions for you – with your desired fragrance concept, intensively caring and with a strong effect.

Our skin deserves only the best. This is why we use only natural and high-quality ingredients in our carefully selected oil compositions. This ensures that you and your guests obtain products with the best skin compatibility and healthy care.

You benefit from:

- unique oil blends
- highest quality
- fresh ingredients
- recipes rich in active ingredients
- domestic production
- high concentration of active agents
- highest skin compatibility
- highly nourishing properties

Kurland® oils are:

- naturally pure
- nourishing
- well tolerated by the skin
- effectively combined
- rich in vitamins and minerals
- delicately balanced
- versatile in use
- highest quality
- without preservatives

Retail size

Our oil blends are available in the practical 75 ml retail size – for resale or as a customer or guest gift – for relaxation at home.

Unique blends

Kurland® oil blends consist of natural, purely vegetable base oils and precious fragrance compositions, delicately matched to each other. These blends have their own effects and can therefore be used in a targeted way for special applications or as the theme for entire treatment packages.

Personalized oils

From as little as 10 liters purchase quantity we compose own mixtures for you or fill existing oil blends for you and provide them with your individual labels. We are only able to offer this special service as a manufacturer with our own production facilities, thus we manufacture and fill ourselves. You do not get mass produced goods from us but rather an exclusive oil quality – liquid gold in high-quality amber glass bottles.

How to test the fragrance!

The scent that streams from the bottle can be deceiving!

Kurland® oil blends delight with special fragrance combinations from the most various essential oils or perfume oils. The oil blend must come into contact with the skin in order to reveal its individual fragrance. The simple smelling of the oil in the bottle is not sufficient to be able to smell the full fragrance composition with all its subtle nuances.

How to unfold the entire fragrance spectrum:

Apply oil to the warm skin, massage gently, wait briefly and then smell. This is the only way for the whole fragrance arrangement to develop.

Lomi Hawaii

This wonderful, pleasantly sweet smelling oil blend of exotic fruits and juicy coconuts nourishes and cares for dry skin. Perfect oil for lomi-lomi massages.



Exclusive oil blends – as precious as liquid gold



We will be happy to provide you advise!

Order by phone:

DE: +49 (0) 8654/4887-22

AT: +43 (0) 662/830667

Fragrant oil blends for relaxation, stimulation and revival, to support concentration, stimulation and to support metabolism – you will see that we offer you a particularly great selection. Each oil has a very special effect thanks to exquisite ingredients, essential oils and fresh herbs and spices.

Possible Applications:

- for Rasul® and Salve-in-terra®
- for Soft-Pack® systems
- for massages and as bath additive
- for skin care
- as additive for body wraps with Kurland® base creams
- as an addition for our own softly fragranced oil or cream blends
- to prepare cream peelings

Our oil blends inspire due to their individual fragrance and the well-thought combination of active agents and they offer your guests a special well-being experience. All oil blends provide intensive care, leave

a pleasant scent and they convince through to their individual effects. But they have something else in

common: the valuable ingredients and balanced recipes we mix in our production site for you.



Adventure

Exclusive oil blend with a powerful fragrance from coffee bean oil.

Contains: almond, grape seed, linseed and avocado oil, coffee bean oil, aloe vera and vitamin E.

Effects: draining, decongestive, stimulates blood circulation and prevents cellulite, with antioxidants.

Quantity	Item no.
75 ml Bottle	11230-00075
200 ml Bottle	11230-00200
1 liter Bottle	11230-01000
3 liters Bag in box	11230-03000

Recipe: Regenerating face mask

Stir 1 tsp. of oil blend Delight, 1 tsp. of Cream Peel Mix (see page 161) and 15 ml of warm water into a creamy, slightly viscous consistency. Exfoliate the face for

about 10 minutes with the mixture and cleanse. Finally, massage 2-3 presses (approx. 3 ml) of Classic Fluid (see page 24) into the skin for about 5 minutes.

Effect: regenerating, anti-inflammatory and vitalizing, with antioxidants



Sensation

Exclusive oil blend with strong, fresh spicy fragrance.

Contains: almond, grape seed, linseed and avocado oil – ginger, rosemary, camphor.

Effects: warming, calming but also stimulating and relieves cramps, with antioxidants.

Quantity	Item no.
75 ml Bottle	11234-00075
200 ml Bottle	11234-00200
1 liter Bottle	11234-01000
3 liters Bag in box	11234-03000



Freeze

Exclusive oil blend – ideal for cooling applications

Contains: almond, grape seed, linseed and avocado oil, aloe vera and vitamin E – peppermint, menthol.

Effects: cooling, reduces pain, reduces itching and antimicrobial, with antioxidants.

Quantity	Item no.
75 ml Bottle	11235-00075
200 ml Bottle	11235-00200
1 liter Bottle	11235-01000
3 liters Bag in box	11235-03000

Recipe: Nourishing body wrap

Mix 2 tbsps. of Base Cream with 1 tbsps. of the desired Kurland® oil blend. The amount is enough for a treatment of the entire body.



Treatments
can be found in
the new Kurland
**Signature
Treatment
Book!**



Dispenser
pump for oil
bottles
can be found
on page
170

Delight

Exclusive oil blend with a fruity, fresh note and a touch of grapefruit and vanilla.

Contains: almond, grape seed, linseed and avocado oil, aloe vera and vitamin E.

Effects: regenerating, anti-inflammatory and revitalizing, with antioxidants.

Quantity	Item no.
75 ml Bottle	11232-00075
200 ml Bottle	11232-00200
1 liter Bottle	11232-01000
3 liters Bag in box	11232-03000



Skin care oil blends with wonderful fragrance

Our oil blends stand out as ideal skin care or massage oils. Ready to use and perfectly harmonized – combined with valuable essential oils to create unique, fragrant oil blends. They offer an exceptional skin care treatment that will be enjoyed by all your guests.

The 75 or 200 ml retail size is popular to take it away.



Top
retail
product

The mountain calls! The power of the Alps filled in bottles



With the power of the Alps – inspiration for this powerfully fragrant oil came from local herbs found in the Alpine region. Treatments with this oil evoke memories of lush Alpine meadows and Alpine mountain peaks. The aromatic smell of rosemary, juniper and peppermint let your guest's mouths water, where pine and edelweiss will remind them of high mountains and the world still remains untouched and left to nature.

Alpenglüh

Contains: mountain pine, peppermint, rosemary, juniper, hayseed and edelweiss oil.

Effects: powerful, refreshing, stimulating and invigorating.

Quantity	Item no.
75 ml Bottle	11241-00075
200 ml Bottle	11241-00200
1 liter Bottle	11241-01000
3 liters Bag in box	11241-03000
5 liters Canister	11241-05000
10 liters Canister	11241-10000

Ideal supplement for fasting programs: Detox liver oil



Detox Liver Oil

Powerful oil blend to support detox treatments.

Suitable for: gentle massages after a liver wrap, supporting detoxification treatments and detoxifying body wraps.

Contains: sesame oil, St. John's Wort Oil, essential oils ginger and rosemary.

Effects: nourishing, invigorating, stimulates liver activity, anti-inflammatory, analgesic and pain-relieving.

Quantity	Item no.
75 ml Bottle	01585-00075
200 ml Bottle	01585-00200
1 liter Bottle	01585-01000
3 liters Bag in box	01585-03000



Last chance!!
Only while stocks last.

Montana

With a tart, fresh fragrance.

Contains: jojoba, almond, linseed, olive and argan oil – rosemary, petitgrain, eucalyptus, vetiver, etc.

Effects: stimulating and revitalizing.

Quantity	Item no.
75 ml Bottle	11220-00075
200 ml Bottle	11220-00200
1 liter Bottle	11220-01000
3 liters Bag in box	11220-03000



Last chance!!
Only while stocks last.

Provence

With an intensive, flowery fragrance.

Contains: sunflower, olive, avocado, soy, almond and argan oil – ylang-ylang, rosemary, lavender, rose.

Effects: intensively nourishing.

Quantity	Item no.
75 ml Bottle	11221-00075
200 ml Bottle	11221-00200
1 liter Bottle	11221-01000
3 liters Bag in box	11221-03000



Last chance!!
Only while stocks last.

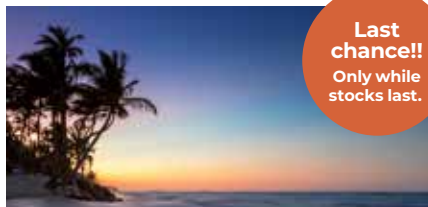
Toskani

With a sensuous aphrodisiac fragrance.

Contains: almond, olive, jojoba and castor oil – musk, rose, ylang-ylang, blackberries, vetiver, etc.

Effects: intensively nourishing.

Quantity	Item no.
75 ml Bottle	11222-00075
200 ml Bottle	11222-00200
1 liter Bottle	11222-01000
3 Liter Bag in box	11222-03000



Last chance!!
Only while stocks last.

Tropical

With a tropical, exotic fragrance.

Contains: aloe vera, almond, sesame, grape seed, linseed oil – pineapple, frangipani, lime, coconut.

Effects: moisturizing.

Quantity	Item no.
75 ml Bottle	11223-00075
200 ml Bottle	11223-00200
1 liter Bottle	11223-01000
3 liters Bag in box	11223-03000



Fresh Up

With a fruity, fresh fragrance.

Contains: almond, sesame, coconut oil – blackberry, peppermint, lemon and rosemary.

Effects: pleasantly cooling.

Quantity	Item no.
75 ml Bottle	01583-684
200 ml Bottle	01583-685
1 liter Bottle	01583-691
3 liters Bag in box	01583-695



Red Roses

With a sensual, light fragrance.

Contains: almond, argan and linseed oil – rose oil and frangipani.

Effects: stimulating.

Quantity	Item no.
75 ml Bottle	01583-664
200 ml Bottle	01583-665
1 liter Bottle	01583-671
3 liters Bag in box	01583-675



Time Together

With a fruity, flowery fragrance.

Contains: sesame, olive, linseed and argan oil – frangipani, lemon and papaya.

Effects: slightly stimulating.

Quantity	Item no.
75 ml Bottle	01583-644
200 ml Bottle	01583-645
1 liter Bottle	01583-651
3 liters Bag in box	01583-655



Sparkling

With a sparkling, fresh fragrance.

Contains: almond, olive and argan oil – champagne, vetiver and papaya.

Effects: helps against fatigue.

Quantity	Item no.
75 ml Bottle	01583-624
200 ml Bottle	01583-625
1 liter Bottle	01583-631
3 liters Bag in box	01583-635



Recipe:

Body-Peeling Summernight

Mix 120 g Cream Peel Mix (see page 161) with 15 ml oil blend Summernight and 125 ml warm water. Apply the cream peeling to the moist skin – peel with gentle circular movements (around 20 minutes) then shower off.



Classic

With a gentle rose fragrance. Rich in polyunsaturated fatty acids such as gamma-linoleic acid and vitamin E. A popular oil for Rasul treatments.

Contains: castor, grape seed, almond and sesame oil – rose.

Effects: protects the skin, nourishing.

Quantity	Item no.
200 ml Bottle	01650-00200
1 liter Bottle	01650-01000
5 liters Canister	01650-05000



Summernight

With a tropical, exotic fragrance.

Contains: macadamia nut, almond, aloe vera and grape seed oil – orange, rose, rosemary and lavender.

Effects: smoothing, regenerating, moisturizing, revitalizes skin, supports lymphatic flow, skin firming.

Quantity	Item no.
200 ml Bottle	01652-00200
1 liter Bottle	01652-01000
5 liters Canister	01652-05000

Getting the right mix is what matters! The oil for your own fragrance compositions

Recipe:

Nourishing oil blend with individual fragrance.

Mix 200 ml of our Kurland®base oil blend with a total of max. 12 drops of the desired essential oils. Create your very personal fragrance compositions.



Base Oil Blend

High-quality oil blend without addition of essential oils. Ideal for guests with sensitive skin or as basis for creating own fragrance blends.

Tip: Suitable for all applications that should be fragrance-free or combined with herbs that already have a fragrance.

Suitable for: massages, bath additives, skin-care, body wraps with Kurland®base creams, own cream mixtures, creation of cream peels.

Contains: almond, sesame and jojoba oil.

Effects: nourishing and lipid replenishing.

Quantity	Item no.
200 ml Bottle	01551-00200
1 liter Bottle	01551-01000
5 liters Canister	01551-05000

Our fruity, fresh oil blends – awaken the summer in any season!



Summer feeling: These oils bring back memories of sun, holidays and relaxation. Fruity, fresh fragrances and intensively nourishing base oils are the secrets of this series. Of course, they have the familiar Kurland® quality. Suitable for classical and aromatherapy oil massages, for the preparation of peelings with sea salt or with Cream Peel Mix or for addition to base creams for fragrant body wraps.

Our valuable plant oils:

- preserve the skin
- stimulate and nourish
- repair and regenerate
- protect the skin



Ginger-Lemon

A summery, fresh oil with a fruity, spicy touch. Thanks to its excellent gliding properties it is excellently suited to massages.

Suitable for: massages, bath additives, skin care, body wraps with Kurland® base creams, own cream mixtures, creation of cream peelings.

Contains: jojoba, almond and grape seed oil – ginger, lemon.

Effects: refreshing, vitalizing, muscle relaxing, purifying and strengthens the immune system.

Quantity	Item no.
75 ml Bottle	01572-00075
200 ml Bottle	01572-00200
1 liter Bottle	01572-01000
3 liters Bag in box	01572-03000



Elderflowers

Fresh oil with a sweet, warm, fruity scent – reminds you of warm summer days.

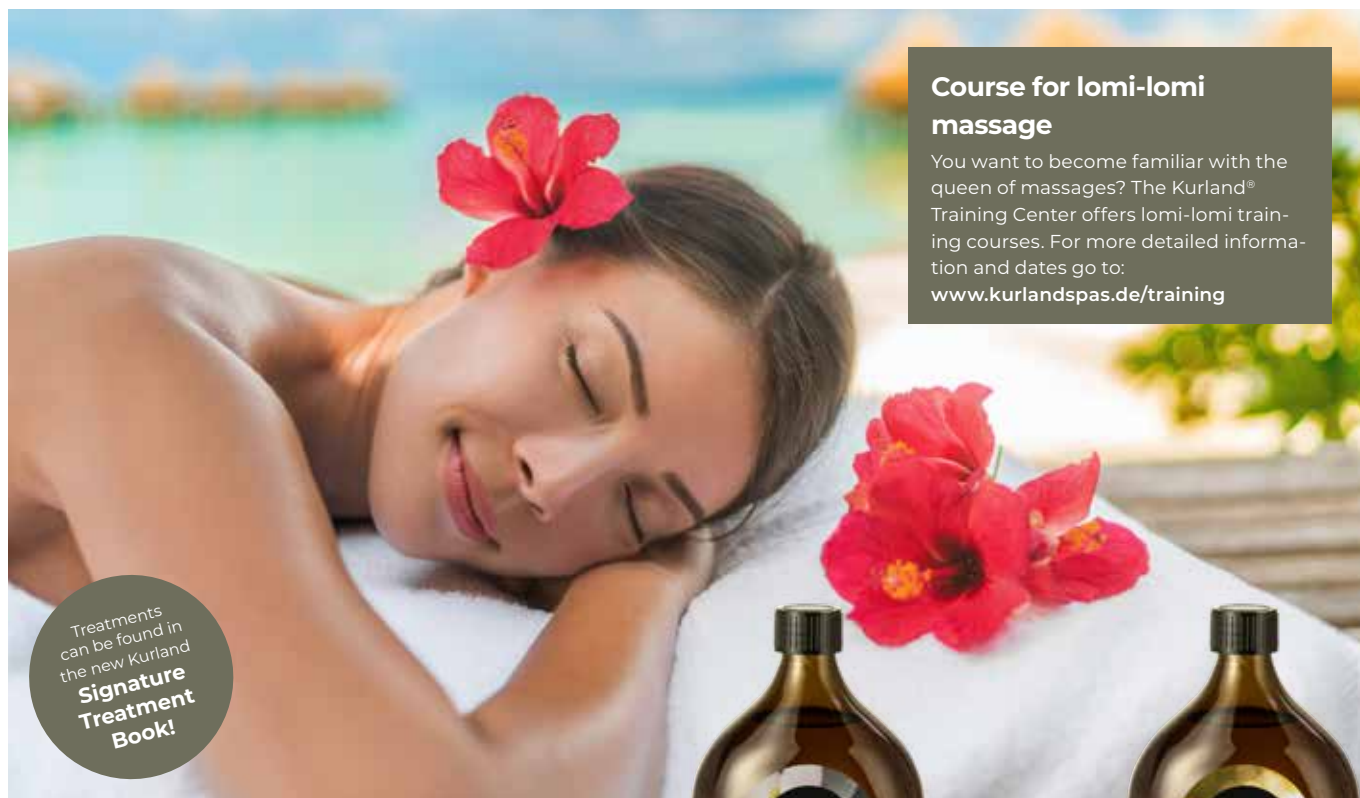
Suitable for: massages, bath additives, skin care, body wraps with Kurland® base creams, own cream mixtures, creation of cream peelings.

Contains: jojoba, almond and grape seed oil – elder

Effects: harmonizing, balancing, slightly warming.

Quantity	Item no.
75 ml Bottle	01574-00075
200 ml Bottle	01574-00200
1 liter Bottle	01574-01000
3 liters Bag in box	01574-03000

South sea oils – with the fragrance of the Caribbean and a touch of something exotic



Course for lomi-lomi massage

You want to become familiar with the queen of massages? The Kurland® Training Center offers lomi-lomi training courses. For more detailed information and dates go to: www.kurlandspas.de/training

Treatments can be found in the new Kurland **Signature Treatment Book!**

With these fruity, fresh oil blends you can send your guests on a trip to the South Seas. You can feel the white sand under your bare feet, a fresh ocean breeze blows through your hair and you can smell exotic fruit. Both oils are suitable for skin care and massages. With the Hawaiian fragrance and excellent massage properties, Lomi Hawaii is the perfect oil for lomi-lomi massages, a traditional Hawaiian treatment. In addition, aloe vera included in Sunset cares for the skin after sunbathing.

Massage Hawaiian style

The lomi-lomi massage is also called the “queen of massages”, as the flowing movements from head to toe and the use of the massage therapist’s body guarantee relaxation. The aim of the treatment is to restore the guest’s balance and lead them back to their center.

Lomi Hawaii

Pleasantly sweet fragrance of exotic fruit and juicy coconuts. It contains a balanced base oil blend that nourishes and conditions all layers of the skin.

Suitable for: dry skin, for skin care and lomi-lomi massages.

Contains: coconut and almond oil as well as lemon, orange and mango.

Effects: slightly cooling, nourishing, mood-elevating, for soft, smooth skin.

Quantity	Item no.
75 ml Bottle	01565-00075
200 ml Bottle	01565-00200
1 liter Bottle	01565-01000
3 liters Bag in box	01565-03000



Sunset

The Sunset oil blend smells sweet, fresh and fruity. It combines the exotic aromas of the flower of the gods and turmeric.

Suitable for: care, massages and to calm the skin after exposure to sun.

Contains: coconut oil, aloe vera oil and grape seed oil.

Effects: slightly cooling, anti-inflammatory, moisturizing. Antioxidants protect against external influences.

Quantity	Item no.
75 ml Bottle	01566-00075
200 ml Bottle	01566-00200
1 liter Bottle	01566-01000
3 liters Bag in box	01566-03000

Ayurveda oils – traditional oil blends with fine Indian herbs and spices



Dispenser pump for oil bottles can be found on page 170



Kapha

Kapha smells pleasantly tart, fresh and herbaceous at the same time.

Suitable for: aroma oil massages, additive for bathing oils, salt oil peeling, body wraps.

Contains: sesame, rosemary and sage oil.

Effects: invigorating, antispasmodic, stimulates blood circulation, helpful in case of listlessness, provides energy and mental balance, strengthens self-confidence, reduces stress symptoms.

Quantity	Item no.
75 ml Bottle	01562-00075
200 ml Bottle	01562-00200
1 liter Bottle	01562-01000
3 liters Bag in box	01562-03000

Pitta

Pitta, with its fresh citrus note, smells delightfully of lemongrass and tart garden herbs.

Suitable for: aroma oil massages, bath oil additive, salt oil peeling, body wraps.

Contains: Sesame and sage oil as well as the essential lemongrass and marjoram oils.

Effects: calming, anti-inflammatory and balancing, helpful against inner restlessness, mentally clearing.

Quantity	Item no.
75 ml Bottle	01560-00075
200 ml Bottle	01560-00200
1 liter Bottle	01560-01000
3 liters Bag in box	01560-03000

Vata

Vata inspires with a harmonious fragrance composition created from strong herbs and spices. A delight for all senses!

Suitable for: aroma oil massages, bath oil additive, salt oil peeling, body wraps.

Contains: almond, jojoba, St. John's Wort oil as well as lavender, sage, ginger, among others.

Effects: slightly warming, balancing, relaxing, skin refining, antidepressive, mood-brightening.

Quantity	Item no.
75 ml Bottle	01561-00075
200 ml Bottle	01561-00200
1 liter Bottle	01561-01000
3 liters Bag in box	01561-03000



We will be happy to provide you advise!

Order by phone:

DE: +49 (0) 8654/4887-22

AT: +43 (0) 662/830667

Relax Emotion oils according to the Four Elements Theory



The purpose of developing our Relax Emotion series was to address the guests' individual requirements with special oils. The line follows the Four Elements Theory in which the human character traits and their behaviors are assigned to the elements fire, water, earth and air. This makes your treatments even more effective because they are individually tailored to the guest!

Relax Emotion oils are ideally suited to relaxing massages. Combined with the Permanent Contour® stamp massage, it can achieve an even more intensive effect. It aims to relieve tensions and blockages and to dissolve negative thought patterns. The warm herb oil blends combined with the new herbal stamps (see page 80) can increase the production of serotonin, stimulate blood circulation and metabolism, relax

the muscles, strengthen the immune system and even help with sleep disorders.

The Relax Emotion treatment is ideal for:

- tensions
- blockages
- traumatic experiences
- sleep disorders
- restlessness
- depressive episodes
- stress in everyday life or work
- wrong attitudes



Treatments options with Relax Emotion oils

The oils are suitable for Permanent Contour® treatments, stamp massages, classical massages, as bath supplements, for skin care, body wraps with Kurland® base

creams, own cream mixtures and for producing cream peels. With the Relax Emotion oils you can easily create a complete treatment package according to the Four Elements Theory. Individually tailored to your guests.



Relax Emotion Fire

With a slightly flowery, striking herb fragrance.

Developed for the fire type

(choleric person): enthusiastic, passionate, determined, persistent, reliable, but also irritable, impatient, stubborn, resentful, hot-tempered and unrestrained.

Contains: grape seed, sunflower and castor oil – hayseed, juniper, camphor, lavender.

Effects: cooling, calming, can divert the surplus of energy.

Quantity	Item no.
75 ml Bottle	01610-00075
200 ml Bottle	01610-00200
1 liter Bottle	01610-01000
5 liter Canister	01610-05000



Relax Emotion Water

With a Mediterranean, tart herbal fragrance.

Designed for the water type

(phlegmatic person): satisfied, balanced, quiet, affectionate, but also indifferent, lacking enthusiasm, lazy, indecisive and uninterested.

Contains: grape seed, sunflower and castor oil – honey, sage, rosemary.

Effects: can bring emotions into balance, provides energy and emotional security.

Quantity	Item no.
75 ml Bottle	01612-00075
200 ml Bottle	01612-00200
1 liter Bottle	01612-01000
5 liters Canister	01612-05000



Relax Emotion Earth

With a silky soft, seductive fragrance.

Developed for the earth type

(melancholic person): consistent, hard-working, accurate, loyal, reliable, but also reserved, melancholic, touchy, fearful and discouraged.

Contains: grape seed, sunflower and castor oil – verbena, musk, lime blossom, orange

Effects: can refuel life energy and improve mood.

Quantity	Item no.
75 ml Bottle	01611-00075
200 ml Bottle	01611-00200
1 liter Bottle	01611-01000
5 liters Canister	01611-05000



Relax Emotion Air

With a mild, gentle fragrance.

Developed for the air type

(sanguine person): joyful, confident, sensitive, interested, agile, affectionate, lively, eloquent, but also reckless, distractible, unstable, imprudent and talkative.

Contains: grape seed, sunflower and castor oil – marjoram, violet, woodruff.

Effects: can help to ground people, for a stable emotional balance.

Quantity	Item no.
75 ml Bottle	01613-00075
200 ml Bottle	01613-00200
1 liter Bottle	01613-01000
5 liters Canister	01613-05000



Relax Emotion test set

Try our four Relax Emotion oils in the 75 ml sample size!

Item/Quantity	Item no.
4 x 75 ml (fire, water, earth, air)	11002-265

Cupping with Kurland® oils – simple application, big effect



Cupping was already in place 3,300 years before Christ and was applied around the world at that time. Today, due to its effect and its simple application, it is once again up to the minute. It is easy to learn and the equipment is very inexpensive to acquire.

Traditional cupping can be used as therapy in any spa

This gentle method provides a strong effect and can be learned quickly. This is because cupping is a non-invasive therapy with a therapeutic effect. For the experienced therapist it is easy to learn in a professional training.

Cupping courses

In the Kurland® Training Center, we offer courses for professional cupping. For more detailed information and dates go to:
www.kurlandspas.de/training

Cupping is used successfully for many complaints:

- rheumatism and muscle tensions
- problems with intravertebral discs
- sciatic problems
- asthma
- headaches, migraine
- and much more.

Quick success

Relief from physical complaints can occur after the first application, which is why cupping is a popular addition to therapies, spa, and wellness treatments offered.

Therapeutic effects:

- relaxes muscles and tissue
- stimulates the metabolism and the lymphatic system
- stimulates blood circulation and detoxification
- supports the healing process.

Four special oils

We have developed four special oils for particular issues that are ideally suited to the most popular cupping applications:

- **Tension** – for muscular tensions
- **Relax** – relaxation for body and soul
- **Head & Neck** – frees the head, relaxes the neck
- **Anti-Aging** – for fresher, smoother skin

These oils are also suitable for classic massage and skin care.

How cupping works

Cupping creates under-pressure by setting cups. This ensures that the treated skin areas are supplied with more blood, toxins are removed and tensions are relieved. When applying a cupping massage, the skin must first be oiled.

Cupping glasses

Find the right set for professional cupping on page 167.

Kurland®-cupping oils – also ideal for massages and complementary treatments



Tension – for muscle tensions

Suitable for: muscle tensions, after physical activity and sport.

Contains: almond, St. John's wort, jojoba and ginger oil. Essential oils: lavender, camphor and ginger.

Effects: relaxes muscles, stimulates blood circulation, vitalizes, stimulates.

Quantity	Item no.
75 ml Bottle	11250-00075
200 ml Bottle	11250-00200
1 liter Bottle	11250-01000



Cupping oil test set

The test set contains 50 ml each of the four cupping oils: Tension, Relax, Head & Neck and Anti-Aging. Sufficient for about 2 treatments each. Ideal for testing or as a gift in an elegant box. The valuable oils are also suitable for skin care and massage.

Quantity	Item no.
4 x 50 ml Bottles	11002-452



Anti-Aging – for fresher skin

Suitable for dry, pale and tired skin.

Contains: almond oil, jojoba oil, hemp oil, coffee bean oil, aloe vera oil, essential oils: sage, lemon, rosemary.

Effects: regenerating, refreshing, nourishing, skin protecting, tightening.

Quantity	Item no.
75 ml Bottle	11253-00075
200 ml Bottle	11253-00200
1 liter Bottle	11253-01000



Relax – relaxation for body and soul

Suitable for: nervousness and anxiety.

Contains: almond, jojoba and St. John's wort oil – orange neroli, perfume oils: frangipani, elderflower.

Effects: calming, relaxing, harmonizing, balancing, slightly warming.

Quantity	Item no.
75 ml Bottle	11251-00075
200 ml Bottle	11251-00200
1 liter Bottle	11251-01000



Head & Neck – frees the head, relaxes the neck

Suitable for: headaches and migraines.

Contains: almond oil, jojoba oil – lavender, orange, peppermint.

Effects: relieves cramps, relaxes, cools, stimulates blood circulation.

Quantity	Item no.
75 ml Bottle	11252-00075
200 ml Bottle	11252-00200
1 liter Bottle	11252-01000

Base oils – freshly obtained from nature



Liquid gold for a natural and nutritious care

Kurland® base oils are high-quality natural products with very specific effects. Each individual drop contains the best from high-quality nuts, fruits, leaves, blossoms or seeds. Whether for skin care, massages, peelings, cosmetic treatments or aromatherapies – these base oils are absolute all-rounders.

Our oils are not only suitable for massages, but also for intensive skin care. This is because natural oils are similar to the skin's own fat and provide our bodies with the best nutrients from hair to toes.

We guarantee: Best quality!

We also apply only the highest quality standards to our oils, so that all important nutrients and ingredients are naturally preserved.

Kurland® oils are:

- pure natural products
- of highest quality
- rich in nutrients
- well-tolerated by the skin
- intensively nourishing
- rich in minerals, proteins and enzymes.

Skin-caring characteristics

Our natural elixirs, as we also call our Kurland® skin care oils, nourish, regenerate and protect the skin. Whether used on their own or as a component of self-mixed care or massage oils – our base oils are all-rounders with high-quality ingredients.

Numerous potential applications

We only use carefully produced oils of highest quality. You can use them for therapeutic and aromatic oil massages, pure, in mixtures, as a peeling with sea salt or as an addition to skin care creams.

How can I recognize high quality oils?

Through their active ingredients!

At Kurland® we only use natural, high quality oils. Our base oils are absorbed into the skin and provide it with important nutrients, without the addition of artificial fragrances or preservatives. If you are not sure about the quality of an oil, just take a look at the ingredients. Good oils should not contain paraffins, parabens, silicones, mineral oils or emulsifying agents.

You can also recognize damaging additives by the following INCI codes:

Dimethicone, methicone, polysiloxane, cyclomethicone, cyclohexasiloxane, methyl paraben, ethyl paraben, propyl paraben, butyl paraben, isopropyl paraben, isobutyl paraben, mineral oil, petrolatum, paraffinum liquidum, cera microcristallina, microcrystalline wax, ozokerite, ceresin, vaseline, paraffin wax, paraffin oil, etc.

High-quality oils come only in amber glass bottles

Oils can release harmful plasticizers from plastic bottles. This is why Kurland® oils are exclusively filled in amber glass bottles. They also provide light protection and the oil can be stored for a longer time.

Coconut oil

Our wonderfully scented coconut base oil can be used as the basis for many nourishing treatments. It comes from controlled organic production sites and has a positive effect on skin impurities, wrinkles, dry skin, cellulite, neurodermatitis, psoriasis and age spots.



Treatments
can be found in
the new Kurland
**Signature
Treatment
Book!**

Kurland® oils – high-quality, natural, pure



Oils for all skin types

Not only dry skin, but also normal, sensitive and greasy skin benefit from skin care with base oils (Kurland® Base Oil). To provide a better overview of the effects of our oils, you will find a summary with dots next to the descriptive text in our tables:

- FOR DRY SKIN
- FOR SENSITIVE SKIN
- FOR MIXED SKIN
- FOR REGENERATION

Characteristics of the oils

The keywords “dry”, “sensitive”, “mixed skin” and “regeneration” highlight special characteristics. The more dots you find in the respective section, the better the oil is for dry, sensitive or mixed skin and they also stimulate regeneration and cell renewal.

Why amber glass bottles

Our valuable oils are free of artificial preservatives. This is why they are filled in amber glass bottles. In this way, the oils are protected from light, have a longer shelf life, remain pure and without plasticizers (diffused from plastic). For purity and highest quality down to the last drop.

Oils work more intensively

on moist skin

The best way is to apply the care oils directly to moist skin after showering or bathing. This is the best way for nutrients and vitamins to be absorbed into the skin and develop their full effect.

The best base oils for massages

Particularly well-suited for massages are above all oils that are not too dry, because massage oils are not fully absorbed but rather leave a fine film on the skin.

We recommend, for example, almond oil, avocado oil or macadamia oil.

Winter tip: Face cream can be enriched with a few drops of almond or jojoba oil for more intensive care on cold winter days.



Base Oils

We will be happy to provide you advise!

Order by phone: DE: +49 (0) 8654/4887-22
AT: +43 (0) 662/830667

Item, effect	DRY	SENSITIVE	MIXED SKIN	REGENERATION	Quantity	Item no.
Aloe Vera Oil moisture regulating; particularly suitable for allergies, psoriasis and sunburn Carrier oil: Soy bean oil	200 ml 1 liter 5 liters 10 liters	01110-00200 01110-01000 01110-05000 01110-10000
Argan Oil, pressed From Morocco; particularly suitable for dry skin, acne, skin allergies, neurodermatitis, regenerates cells	200 ml 1 liter	01111-00200 01111-01000
Avocado Oil For dry skin with inflammatory processes; a rich and nourishing oil	200 ml 1 liter 5 liters 10 liters	01120-00200 01120-01000 01120-05000 01120-10000
Calendula Oil, pressed For sensitive, dry and rough skin; suitable for scar treatment and cream bases Carrier oil: Peanut oil	200 ml 1 liter 5 liters 10 liters	01180-00200 01180-01000 01180-05000 01180-10000
Hampseed Oil, pressed For skin with inflammatory processes, irritated skin, neurodermatitis and dry skin; rich in vitamins, calcium, magnesium and essential fatty acids, excellent massage oil.	200 ml 1 liter 5 liters 10 liters	01740-00200 01740-01000 01740-05000 01740-10000
St. John's Wort Oil Stimulates blood circulation, anti-inflammatory; ideal for bruises and sore muscles; Caution: photosensitizing Carrier oil: Olive oil.	200 ml 1 liter 5 liters 10 liters	01400-00200 01400-01000 01400-05000 01400-10000
Joboba Oil, pressed Protects against environmental influences; good properties for mixing with essential oils; for all skin types; SPF 4	200 ml 1 liter 5 liters 10 liters	01401-00200 01401-01000 01401-05000 01401-10000
Coconut Oil, pressed With a mild-exotic coconut scent; fat-like consistency, solid at room temperature, melting point at approx. 25°C; ideal for the production of oil and cream mixtures, good massage oil, ideal for skin care	500 ml	01430-00500
Linseed Oil, pressed For stressed, dry skin; disinfecting; anti-aging effect; good mixing behavior; more than 50% of alpha-linolenic acid.	200 ml 1 liter 5 liters 10 liters	01450-00200 01450-01000 01450-05000 01450-10000

Base Oils

Item, effect	DRY	SENSITIVE	MIXED SKIN	REGENERATION	Quantity	Item no.
Macadamia Nut Oil Suitable for hair care; good mixing properties; easily absorbed	• • •	• • •	• • •	• • •	200 ml 1 liter 5 liters 10 liters	01480-00200 01480-01000 01480-05000 01480-10000
Almond Oil For sensitive and dry skin; main component of massage oils; good for skin irritations; excellent massage oil.	• • •	• • •	• • •	• • •	200 ml 1 liter 5 liters 10 liters	01481-00200 01481-01000 01481-05000 01481-10000
Evening Primrose Oil For dry skin; anti-inflammatory, stimulates metabolism, regenerates cells; good for allergies and skin irritations.	• • •	• • •	• • •	• • •	200 ml 1 liter 5 liters 10 liters	01510-00200 01510-01000 01510-05000 01510-10000
Olive Oil, virgin Anti-inflammatory, soothing, regenerating, disinfecting.	• • •	• • •	• • •	• • •	200 ml 1 liter 5 liters 10 liters	01550-00200 01550-01000 01550-05000 01550-10000
Castor Oil For all skin types, especially for dry and stressed skin; very high depth of penetration.	• • •	• • •	• • •	• • •	200 ml 1 liter 5 liters 10 liters	01651-00200 01651-01000 01651-05000 01651-10000
Sesame Oil, pressed For dry and stressed skin; clarifying and cleansing oil.	• • •	• • •	• • •	• • •	200 ml 1 liter 5 liters 10 liters	01680-00200 01680-01000 01680-05000 01680-10000
Sunflower Oil, pressed Suitable for all skin types; stimulates blood circulation.	• •	• • •	• • •	• • •	200 ml 1 liter 5 liters 10 liters	01691-00200 01691-01000 01691-05000 01691-10000
Black Cumin Oil, pressed Especially recommended for allergies, neurodermatitis and psoriasis.	• •	• • •	• • •	• • •	200 ml 1 liter	01730-00200 01730-01000
Grape Seed Oil Contains traces of fruit acids; especially suitable for oily and sensitive skin.	•	• • •	• • •	• • •	200 ml 1 liter 5 liters 10 liters	01780-00200 01780-01000 01780-05000 01780-10000
Wheat Germ Oil Ideal for dry, chapped skin; revitalizes tissue, suitable for hair treatments, high natural vitamin E content.	• • •	• • •	• • •	• • •	200 ml 1 liter 5 liters 10 liters	01880-00200 01880-01000 01880-05000 01880-10000

Coconut Oil – refreshes, nourishes and smells just like a holiday

Hardly any oil has been the subject of as many studies as coconut oil. There is a good reason for it: Its positive effects are not only visible as a food oil, but coconut oil also offers many advantages in cosmetics.

Coconut oil has a positive effect on:

- skin impurities
- wrinkles
- dry skin
- cellulite
- neurodermatitis
- psoriasis
- age spots

So it's no wonder that coconut oil is one of our most popular base oils. Since **our product is pure coconut oil from controlled organic cultivation**, the consistency varies from solid to liquid depending on the room temperature. That is why you receive our coconut oil in a can. Many wonderful applications can be carried out with it.

Treatments
can be found in
the new Kurland
**Signature
Treatment
Book!**



Essential oils & perfume oils – the most natural type of fragrances

Kurland® Perfume Oils – treasures for every occasion

Fragrances have an influence on our mood and well-being. Therefore, they play an important role in spa and wellness applications – not just in aromatherapy. Whether as room fragrances, as cosmetic supplement for massage treatments, with Kurland® perfume oils you choose the most natural form of fragrances.

Fragrances have a subconscious effect, directly through the limbic system and they immediately trigger emotions. As soon as we can smell a fragrance, it has already reached our brain and has had an impact. You can use this associations in a positive way for your guests.

Did you know, ...

that we can perceive around 10,000 different smells? And that some of them stay with us for decades? This shows what an important role smells play in our lives.

The fragrance that awakens memories

With pleasant fragrances you can penetrate unnoticed deep into the memory of your guest and trigger long-lasting positive sensations. In this way, well-being, harmony, inner balance and joy are always available in the form of wonderful scents.

What exactly are essential oils?

These are highly concentrated essences from leaves, flowers and fruit with very special effects.

Essential oils can

- calm and balance
- stimulate
- awaken memories
- create positive moods
- support your treatment plan.

Perfume oils – based on the model of nature

Perfume oils are completely inspired by nature. The glorious fragrance combinations awaken pleasant sensations and memories, do the soul good, calm, relax or vitalize.

Perfume oils for effective treatment concepts

Perfectly suited to giving fragrances to your own creams, oils, peelings and for fragrance lamps. Those who are allergic to pure essential oils do not have to do without fragrances. The synthetically produced perfume oils allow the most varied fragrances: fruity, fresh, flowery-sweet, tart or exotic.

Perfume oils should always be used as an additive to our base oils or creams, because essences can cause irritation when used pure on the skin.

Applications with perfume oils:

- to refine all Kurland®-base and massage oils
- as an active agent or fragrance supplement for base creams
- as room fragrance in fragrance lamps
- to reinforce the fragrance of our Kurland®herb bags
- as fragrance in flower potpourries



Garden of Life

Finely tuned composition of fragrances, reminds of a summer walk in a Mediterranean garden. The perfume oil smells fruity, fresh-sweet after wild roses with a hint of lavender, mallow and lemon verbena.

Essential oils sorted by effects



Our pure essential oils smell wonderful, support your treatments and provide a particularly sensual experience. To help you find the right oil quickly, we have introduced the following categories:

- CALMING
- BALANCING
- STIMULATING (ENERGIZING).

Some oils are suitable for several treatment goals. You can see them in the distribution of dots in the following table.

Essential Oils

Item, effect	CALMING	BALANCING	STIMULATING	Quantity	Item no.
Bergamot fine lemon scent, fruity-floral – anti-anxiety and antispasmodic, balancing, relaxing, stress-relieving, increases the photosensitivity of the skin (after application no artificial or natural sunlight); harmonizes with: lemongrass, rosemary, lavender, vetiver, verbenä	• • •	• • •	•	10 ml 100 ml	02150-00010 02150-00100
Blood orange fruity fresh – balancing, mood-lifting; harmonizes with: honey, jasmine, lavender	• •	• • •	• •	10 ml 100 ml	02160-00010 02160-00100
Cassia (cinnamon) characteristic fragrance – warming, aphrodisiac, antiseptic; harmonizes with: lemon, orange, blood orange	•	• •	• • •	10 ml 100 ml	02183-00010 02183-00100
Silver fir typical scent of the coniferous forest – antiseptic, stimulates blood circulation, relieves cramps, diaphoretic, anti-microbial, mucolytic, immuno-stimulating, purifies the air in the room harmonizes with: citrus scents, Swiss pine, cedar wood	•	• •	• • •	10 ml 100 ml	02240-00010 02240-00100
Eucalyptus sharp-fresh – supports concentration, reduces swelling, stimulates blood circulation, purifies the air in the room; harmonizes with: rosemary, juniper, tea tree, lemon balm	•	• •	• • •	10 ml 100 ml	02260-00010 02260-00100
Siberian spruce needle spicy wood scent – relieves cramps, antibacterial, anti-inflammatory, mucolytic, relaxing, stimulates blood circulation, stimulates the immune system, purifies the air in the room harmonizes with: citrus scents, Swiss pine, silver fir	• • •	• •	•	10 ml 100 ml	02270-00010 02270-00100

Item, effect	CALMING	BALANCING	STIMULATING	Quantity	Item no.
Grapefruit fresh-tart – stimulating, refreshing harmonizes with: bergamot, lavender, neroli, rosemary.	• •	• • •	• • •	10 ml 100 ml	02311-00010 02311-00100
Camphor sharp-fresh, eucalyptus-like – supports concentration, calming, clarifying harmonizes with: lavender, juniper	• • •	• • •	• • •	10 ml 100 ml	02671-00010 02671-00100
Natural cherry-vanilla fruity, exotic, sweet – for cream and care oil blends as well as for room fragrance	• • •	• • •	•	10 ml 100 ml	02424-00010 02424-00100
Coconut-vanilla exotic-sweet – for cream and care oil blends and for room fragrance	• • •	• • •	•	10 ml 100 ml	02431-00010 02431-00100
Mountain pine characteristic aroma – stimulating, supports concentration, clarifying harmonizes with: orange, blood orange	• •	• • •	• • •	10 ml 100 ml	02453-00010 02453-00100
Lavender herbal-sweet – cleansing, balancing, calming, disinfecting, purifies air; harmonizes with: blood orange, camphor, grapefruit.	• • •	• • •	•	10 ml 100 ml	02450-00010 02450-00100
Lemongrass lemony-grassy – toning, refreshing, mood-lifting, supports concentration; harmonizes with: citrus scents	•	• • •	• • •	10 ml 100 ml	02451-00010 02451-00100
Litsea Cubeba lemony-fruity-sweet – stimulates concentration, aphrodisiac, refreshing, stimulating; harmonizes with: jasmine, lavender, neroli, bergamot, sage	• •	• • •	• • •	10 ml 100 ml	02452-00010 02452-00100
Lime green-fresh – stimulating, deodorizing, refreshing, antiseptic; harmonizes with: rosemary, vanilla, grapefruit, lemon balm.	•	• • •	• • •	10 ml 100 ml	02454-00010 02454-00100



Ätherische Öle/Essential Oils

Item, effect	CALMING	BALANCING	STIMULATING	Quantity	Item no.
Marjoram spicy-sweetish, warm – mood-lifting, relaxing, loosening, stimulates blood circulation harmonizes with: rosemary, sage, bergamot, lemon.	• •	• • •	•	10 ml 100 ml	02674-00010 02674-00100
Natural almond-apple fresh, fruity, sweet – for cream and care oil blends and as room fragrance delicately mixed composition of scents.	• • •	• • • •	• • •	10 ml 100 ml	02481-00010 02481-00100
Lemon balm fruity with a touch of lemon – antiviral, calming, relieves cramps, stimulates the mind, stimulating, purifies the room air; harmonizes with: lime, lavender, peppermint.	• • •	• • • •	• • •	10 ml 100 ml	02480-00010 02480-00100
Neroli delicate, flowery, sweet, lovely – calming, mood-lifting, relaxing, stimulating harmonizes with: jasmine, bergamot, lavender	• •	• • • •	• • •	10 ml	02511-00010
Orange sweet, fruity – stimulating, balancing, mood-lifting; harmonizes with: cassia (cinnamon), honey, jasmine, lavender	• •	• • • •	• • • •	10 ml 100 ml	02550-00010 02550-00100
Peppermint cool, fresh – stimulating, invigorating, refreshing, cooling, aphrodisiac; harmonizes with: lavender	•	• • •	• • • •	10 ml 100 ml	02591-00010 02591-00100
Rose sensual, flowery – aphrodisiac, harmonizing, uplifting, relaxing; harmonizes with: all base oils, especially almond oil.	• • •	• • • •	•	10 ml 100 ml	02660-00010 02660-00100
Rosemary resinous and intense – stimulating, strengthens awareness, stimulates blood circulation; harmonizes with: juniper, marjoram, lemon balm.	•	• • •	• • • •	10 ml 100 ml	02661-00010 02661-00100
Sage aromatic, spicy, fresh – antiperspirant, diuretic, disinfectant, stimulates blood circulation; harmonizes with: vetiver, lavender, lemon, eucalyptus.	• •	• • •	• • • •	10 ml 100 ml	02680-00010 02680-00100
Summer, essential oil blend lemongrass, ylang-ylang, patchouli – refreshing, stimulating.	•	• • • •	• • • •	10 ml 100 ml	02690-00010 02690-00100
Tea Tree ferby, fresh – disinfecting, strengthens the immune system, anti-inflammatory, bacteriostatic, purifies the air in the room; harmonizes with: lavender, lemon	• • •	• • •	•	10 ml 100 ml	02770-00010 02770-00100

Item, effect	CALMING	BALANCING	STIMULATING	Quantity	Item no.
Natural vanilla extract warm, intensively sweet – lifts mood, aphrodisiac; harmonizes with: grapefruit, lime, bergamot, orange, blood orange.	• • •	• • •	•	10 ml 100 ml	02851-00010 02851-00100
Vetiver heavy, earthy, rooty – stabilizing and balancing harmonizes with: bergamot, cassia (cinnamon), ylang-ylang.	•	• • •	• • •	10 ml 100 ml	02850-00010 02850-00100
Juniper resinous, spicy, tart, woody – invigorating, draining, stabilizes in case of weakness and exhaustion, purifies mind and soul, antiseptic; harmonizes with: orange, lemon, lemongrass.	• • •	• • •	• •	10 ml 100 ml	02670-00010 02670-00100
Ylang-ylang feminine, floral, sweet – relaxing, euphorogenic, aphrodisiac, balancing; harmonizes with: bergamot, rose, lemon.	• • •	• • •	•	10 ml 100 ml	02950-00010 02950-00100
Cedarwood Virginia fresh, woody fragrance – cell regenerating, detoxifying, mucolytic, insect repellent, purifies the air in the room; harmonizes with: spruce needle, lavender, rose.	• •	• • •	•	10 ml 100 ml	02973-00010 02973-00100
Swiss pine spicy, woody, fresh-resinous – has a calming, relaxing effect, beneficial for sleeping, purifies the air in the room; harmonizes with: lavender, sage, juniper.	• • •	• • •	•	10 ml 100 ml	02972-00010 02972-00100
Lemon fruity, fresh – refreshing, stimulating, invigorating, supports concentration; harmonizes with: bergamot, grapefruit, orange, blood orange.	•	• • •	• • •	10 ml 100 ml	02971-00010 02971-00100
Winter, essential oil blend orange, rose, Atlas cedar – warming and cheering	• •	• •	• •	10 ml 100 ml	02421-00010 02421-00100

Massage tip: A massage with fragrant oils is a sensual experience. Select your favourite fragrance or the essential oil with the desired effect and mix it with a maximum of 12 drops with 200 ml base oil (carrier oil) of your choice. Particularly suitable base oils for a massage are jojoba oil, almond oil, macadamia nut oil, hemp oil and avocado oil.




Perfume Oils

Item, effect	Quantity	Item no.
Apple Fruity, fresh.	10 ml 100 ml	02110-00010 02110-00100
Pear and Caramel Smells like sweet pear cake with an almond-caramel note.	10 ml 100 ml	02696-00010 02696-00100
Blackberry Sweet and sour.	10 ml 100 ml	02161-00010 02161-00100
Champagne Sparkling, elegant; delicately mixed composition of fragrances.	10 ml 100 ml	02184-00010 02184-00100
Coco mango Exotic, fruity; delicately mixed composition of fragrances.	10 ml 100 ml	02190-00010 02190-00100
Edelweiss Mild, sweet, gentle hay fragrance.	10 ml 100 ml	02685-00010 02685-00100
Flowerpower Exclusive blend of fragrances of sumptuous flowers.	10 ml 100 ml	02697-00010 02697-00100
Frangipani Exotic, flowery-sweet.	10 ml 100 ml	02282-00010 02282-00100
Garden of Life Smells like a summer walk through a Mediterranean garden – fruity, fresh, sweet; smells after wild rose with a touch of lavender, mallow, and lemon verbena, delicately mixed composition of fragrances.	10 ml 100 ml	02689-00010 02689-00100
Pomegranate & lemon verbena Tart, fresh with a touch of lemon – delicately mixed composition of fragrances, provides energy and ensures a good room atmosphere.	10 ml 100 ml	02687-00010 02687-00100
Guave & papaya Sweet, melon-like with a touch of musk – delicately mixed composition of fragrances; enchants and puts you in a holiday mood.	10 ml 100 ml	02688-00010 02688-00100
Hay blossoms Flowery, herbaceous, hay scent – stimulating, mood-lifting, promotes creativity; harmonizes with: lemon balm, rose and lavender.	10 ml 100 ml	02672-00010 02672-00100
Elderflower Flowery, fresh, fruity.	10 ml 100 ml	02691-00010 02691-00100
Honey Flowery, herbaceous, warm mild fragrance – calming, reduces stress; harmonizes with: vanilla, orange and lemon	10 ml 100 ml	02677-00010 02677-00100
Jasmine Flowery, exotic, sweet.	10 ml 100 ml	02390-00010 02390-00100

Last
chance!!
Only while
stocks last.

Last
chance!!
Only while
stocks last.

Artikel, Wirkung	Inhalt	Artikel-Nr.
Cocoa Chocolate sweet.	10 ml 100 ml	02423-00010 02423-00100
Coconut Tropical mild.	10 ml 100 ml	02432-00010 02432-00100
Lime blossom Feminine, sweet, vanilla scent, like in summer – provides inner peace and easiness; harmonizes with: citrus and woody scents	10 ml 100 ml	02673-00010 02673-00100
Musk Intensive, deep, heavy, erotic.	10 ml 100 ml	02502-00010 02502-00100
Olive & golden hibiscus Masculine, tart.	10 ml 100 ml	02552-00010 02552-00100
Papaya Tropical and fruity.	10 ml 100 ml	02594-00010 02594-00100
Rhubarb & star fruit Fruity, exotic – stimulating, warm but fresh, delicately mixed composition of fragrances.	10 ml 100 ml	02686-00010 02686-00100
Daphne Warm, sweet, flowery fragrance – reveals hints of vanilla; harmonizes with: citrus notes.	10 ml 100 ml	02681-00010 02681-00100
Sweet Sunset Smells tropical fresh, flowery; reminds of holidays on a Caribbean island.	10 ml 100 ml	02695-00010 02695-00100
Violet Flowery, light, discreet, persistent – brings inner relaxation, ideal as a fragrance for yoga relaxation exercises; harmonizes with: jasmine and frangipani.	10 ml 100 ml	02678-00010 02678-00100
Verbena Strong, citrus smell – supports concentration, balancing, refreshing; harmonizes with: woody fragrances.	10 ml 100 ml	02675-00010 02675-00100
Woodruff Typical fragrance – calming, relieves cramps, beneficial for sleeping; harmonizes with: lavender	10 ml 100 ml	02679-00010 02679-00100

Last chance!!
Only while
stocks last.

Last chance!!
Only while
stocks last.



Pantai Luar® – the traditional herbal stamp massage



Asian stamp massage with herbs and hot oil

A Pantai Luar® treatment stimulates all senses: an intensive fragrance of fresh herbs, spices and oils fills the room. Hot herbal stamps surprise with gentle short touches until the guests feel the warm oil on their skin. A pure pleasure!

Pantai Luar® is a special East Asian massage technique with fragrant fruit herbal stamps and hot plant extract oil. The quick change of heat activates a self-healing process via the thermo-receptors of the skin. This results in an effective cell renewal and revitalisation. The precious herbs and essences nourish the skin. The exotic fragrances relax and inspire to dream journeys.

Pleasure with rich herbal power:

- Special and effective form of massage
- With aromatic stamps and hot oil
- Stimulates the skin's cell renewal
- Relaxes and stimulates blood circulation.

Pantai Luar® Alpine: Stamp and oil

Pantai Luar® with its aromatic spice and fruit stamps comes originally from Asia, but our local Alpine herbs can also offer a lot. Wild rosemary, marjoram and sage, woodruff, peppermint, juniper, thyme and lavender grow there. With this well-composed herbal mixture we created our Pantai Luar® "Alpine" ready-to-use stamps and the corresponding pow-

erful Pantai Luar® oil blend "Alpine". Both are manufactured in-house with greatest care. This combination brings the concentrated herbal power of the Alpine region into your spa.

Produced in-house with loving care

Our Pantai stamps are handmade in-house with loving care. The filling consists of 100% herbs which are rich in active agents, without any fillers. All components are carefully selected to obtain the best possible treatment success, they are processed carefully and bound by hand.

Treatments
can be found in
the new Kurland
**Signature
Treatment
Book!**

Effects of a Pantai Luar® treatment

- The body's repair system (self-healing process) is activated
- The skin is revitalized through cell activation
- Blood circulation is improved
- Relaxes muscles
- Relaxing, warms and is anti-inflammatory
- Stimulates metabolism
- The skin's surface gets visibly smoother and refined, dead skin cells are removed
- Moisturizes
- Intensive care and tighten the skin
- The limbic system is positively affected by the exotic pleasant fragrances.

Pantai stamp massage courses

In the Kurland® Training Center we offer courses for a professional Pantai Luar® stamp massage as well as for our "Pantai Herbal Belle Visage" stamp massage. For more detailed information and dates go to: www.kurlandspas.de/training

Alpine, Pantai Luar® oil blend

With an herbaceous and spicy scent of wild Alpine herbs such as sage, peppermint, rosemary, juniper and thyme. It has a relaxing, warming, anti-inflammatory effect, smoothes the skin and relaxes the muscles. Perfect for herbal stamp massages.



Stamps, herbs and oils for fragrant stamp massages



Pantai Luar® special spice mix

Perfectly harmonized spice mixture.

Suitable for: filling Pantai Luar® stamps, as a body peeling or to create an extract for foot and body baths.

Contains: ginger, tamarind, galangal, cardamom, cinnamon.

Effects: warming, stimulates blood circulation.

Quantity	Item no.
100 g Jar	11300-00100
1 kg Box	11300-01000



Handmade
in Germany

Old India – Pantai Luar® ready-to-use stamps

This exotic-fruity body stamp is handmade in-house with loving care. The filling consists of 100% herbs which are rich in active agents, without any fillers.

Suitable for: Pantai Luar® body stamp massage, for rheumatic symptoms, tensions, inner restlessness, sleeping disorders.

Contains: lemon peel, ginger, lemongrass and lavender

Effects: warming, stimulates blood circulation and harmonizing.

Item no.	Quantity
11408-201	1 pc.
11408-201	from 12 pcs.
11408-201	from 60 pcs.



Old India – Pantai Luar® special oil blend

This exotic-spicy and precious oil blend is exclusively produced in-house.

Suitable for: Pantai Luar® body massages.

Contains: rosemary, lavender, thyme, ginger, red sandalwood and our special spice blend.

Contains: sesame, aloe vera, calendula and olive oil.

Effects: warming, stimulates blood circulation and harmonizing.

Quantity	Item no.
1 liter Bottle	01590-01000
3 liters Bag in box	01590-03000
5 liters Canister	01590-05000

Herbal power from the Alps: Pantai Luar® Alpine stamp and oil

Treatment-
Rezepte finden Sie
im neuen Kurland
**Signature
Treatment
Book!**



Alpine – Pantai Luar® oil blend

With the herbaceous and spicy scent of wild alpine herbs.

Suitable for: Pantai Luar®herbal stamp massage, against rheumatic symptoms, tensions, inner restlessness, sleeping disorders.

Contains: sunflower, hemp, calendula, linseed, grape seed and Swiss pine oil – sage, marshmallow, woodruff, marigold, peppermint, rosemary, juniper, thyme.

Effects: relaxing, warming, anti-inflammatory, smoothes the skin and relaxes the muscles.

Quantity	Item no.
1 liter Bottle	01595-01000
3 liters Bag in box	01595-03000
5 liters Canister	01595-05000



Alpine – Pantai Luar® ready-to-use stamp

This powerful alpine body stamp is produced in-house with loving care. The filling consists of 100% local herbs which are rich in active agents, without any fillers.

Suitable for: Pantai Luar®body stamp massage, against rheumatic symptoms, tensions, inner restlessness, sleeping disorders.

Contains: Sage, marshmallow root, horsetail, woodruff, peppermint, rosemary, juniper, marjoram, thyme, lavender.

Effects: smoothing, warming, harmonizing and moisturizing.

Item no.	Quantity
11408-101	1 pc.
11408-101	from 12 pcs.
11408-101	from 60 pcs.

Application tip:

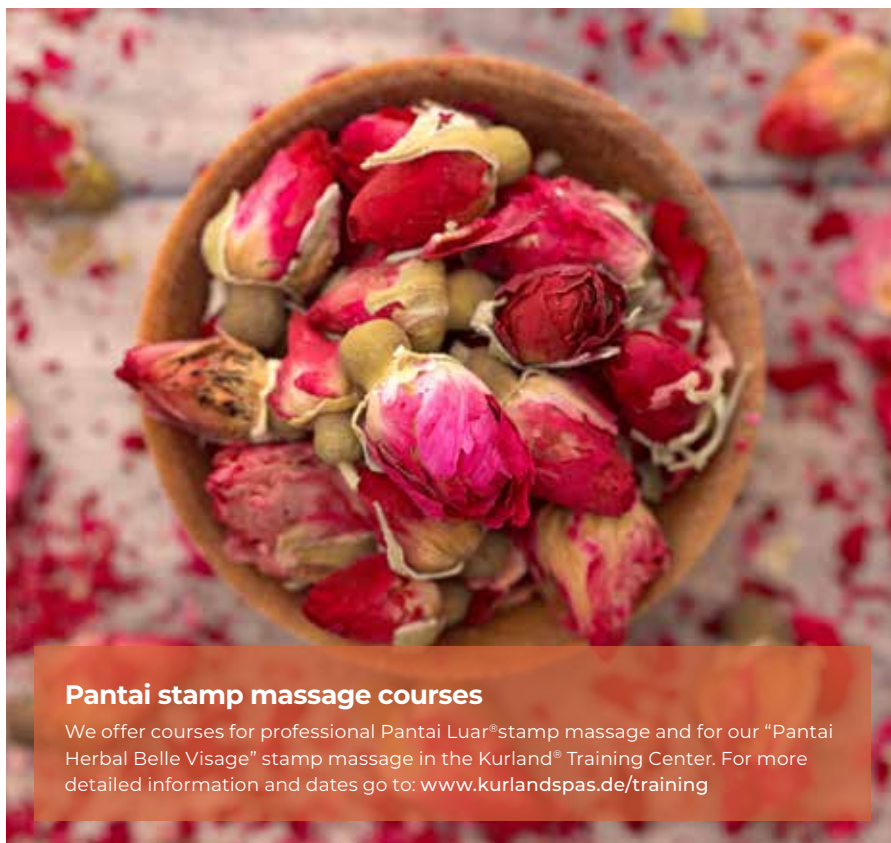
Pantai Luar® package

In order to perfectly integrate Pantai Luar® into your treatment program, we recommend offering the stamp massage together with other applications.

Package recommendation:

- Introduction: feet or hand washing
- Pre-treatment: body peeling, Rasul® or steam bath
- Main treatment: Pantai Luar®
- Rest after treatment: Relaxation with a tea or soft drink.

Pantai Herbal Belle Visage – traditional stamp massage for face and décolleté



Pantai stamp massage courses

We offer courses for professional Pantai Luar® stamp massage and for our "Pantai Herbal Belle Visage" stamp massage in the Kurland® Training Center. For more detailed information and dates go to: www.kurlandspas.de/training



The Pantai Herbal Belle Visage stamp massage gives your guests a radiant complexion and a beautiful décolleté. The aqueous herb extract from the steamed stamps and the special texture of the fleece cleanse the skin and refine the complexion. As a result of stimulating the micro-circulation and the penetration of valuable oils, cell renewal and revitalization is stimulated and the cell membrane is strength-



ened. The skin looks smooth and rosy again. The pleasant herbal scent works via the limbic system, leads to deep relaxation of the facial muscles and contributes to a feeling of well-being.



Belle Visage – Pantai Herbal oil blend

High-quality oil blend with a gentle, pleasant fragrance.

Suitable for: Pantai Herbal Belle Visage

Contains: jojoba, avocado, wheat germ, sesame, macadamia nut, linseed and black cumin oil – Cumin, clove and patchouli.

Effects: antiseptic, calming and relaxing.

Quantity	Item no.
1 liter Bottle	01594-01000
5 liters Canister	01594-05000



Calmer – Pantai Herbal oil blend

High-quality oil with a seductive fragrance.

Suitable for: Pantai Herbal stamp massages.

Contains: jojoba, sesame, soy, black cumin, linseed, aloe vera and calendula oil – Atlas cedar, bergamot, carrot seed, lavender, rose, sage, ylang ylang, lemon, frankincense.

Effects: calming, anti-inflammatory and balancing.

Quantity	Item no.
1 liter Bottle	01591-01000
5 liters Canister	01591-05000



Handmade
in Germany

Belle Visage – Pantai Herbal face stamp, orange

Suitable for: Treatments for face and décolleté.

Contains: witch hazel, rose, calendula, chamomile, lavender, peppermint.

Effects: harmonizing, relaxing, loosens muscles, slightly cooling, stimulates the blood circulation, skin caring.

Item no.	Quantity
11406-222	1 pc.
11406-222	from 12 pcs.
11406-222	from 60 pcs.



Handmade
in Germany

Red Roses – Pantai Herbal face stamp, red

Suitable for: Treatments of face and décolleté.

Contains: rose blossoms

Effects: harmonizing, relaxing, muscle loosening, slightly cooling, stimulates blood circulation, nourishing.

Item no.	Quantity
11406-223	1 pc.
11406-223	from 12 pcs.
11406-223	from 60 pcs.



Handmade
in Germany

Calmer – Pantai Herbal face stamp, blue

Suitable for: treatments of face and décolleté, recommended for skin irritations.

Contains: orange and mallow blossoms, St. John's wort, lemon balm leaves, cinnamon, etc.

Effects: calming, balancing, anti-inflammatory, muscle loosening, antibacterial

Item no.	Quantity
11406-221	1 pc.
11406-221	from 12 pcs.
11406-221	from 60 pcs.



Handmade
in Germany

Calmer – Pantai Herbal body stamp, blue

Handmade in-house with loving care. The filling consists of 100% herbs which are rich in active agents, without any fillers.

Suitable for: body applications, for skin irritations and bruises.

Contains: orange and mallow blossoms, St. John's wort, lemon balm leaves, cinnamon, etc.

Effects: calming, balancing, anti-inflammatory, loosens muscles, antibacterial.

Item no.	Quantity
11406-201	1 pc.
11406-201	from 12 pcs.
11406-201	from 60 pcs.

Pantai Herbal stamps

These fragrant herbal stamps for body or face are handmade in-house with loving care. The filling consists of 100% herbs which are rich in active agents, without any fillers.



Permanent Contour® – steam stamp massage

Herbal stamp massage with steam – more than just hot air

The special effects of Permanent Contour®: Heat stimulates blood circulation and loosens the tissue. Steam opens the pores and accelerates the absorption of the skin-caring oils and natural herbal agents. The gentle massage also relaxes tense muscles. During the treatment, the temperature and the pleasant skin contact are maintained permanently.

Conventional massages have always been very popular since time immemorial. But what can be done to still improve them? Our Permanent Contour® unit offers more.

We have revolutionized the experience of a massage:

- faster relaxation
- increased well-being
- improved blood circulation in the tissue
- more well-tended skin
- experience of relaxing fragrance

Flexible applications and essential advantages for the operator:

- low purchase costs
- multifunctional use
- easy to use
- numerous application products
- more intensive effects.

You can enhance your treatments in a variety of ways in combination with our natural consumables.

Well-being programs with a great experience

The goal of many guests is to experience as much as possible and still find time to relax. For this purpose we have developed treatments that offer that special something so that your guest's stay turns into an unforgettable experience – with Permanent Contour®.

The great variety of available pads allows for customization to meet the needs of each guest. Of course, our stamps and oils are made of natural ingredients!

Treatment success Permanent Contour®:

- faster muscle relaxation due to heat and steam
- improved blood circulation of the tissue
- ingredients rich in active agents are perfectly absorbed through the skin
- the muscles are loosened due to massage and continuous warmth at the same time
- essential oils act via the limbic system and increase well-being

Green Tea

Smells fresh and lively of lemongrass and green tea. Perfectly suitable for Permanent Contour® herbal stamp massages, essential oil massages, salt-oil peelings or as supplement for nourishing and detoxifying body wraps.



European Health & Spa Award:

For our "Permanent Contour® Relax Emotion" treatment we were nominated for the European Health & Spa Award as "Best Signature Treatment" in 2016 and we were honored as "Best in Germany".



Treatment options for body, face and the slim line

Treatments can be found in the new Kurland **Signature Treatment Book!**



One unit, many advantages:

- wide range of different pads and oils
- enables treatments for body, face and slim line
- with the suitable equipment you can also produce soap foam (see YouTube channel "Kurland GmbH – Playlists – Kurland training videos")
- offers more intensive therapeutic results than conventional stamp massages
- special experience for the guest.



Permanent Contour® unit

Our patented Permanent Contour® continuous steam unit offers the best prerequisites for successful stamp treatments for face and body and a great variety of different treatment packs.

Dimensions: 36.5 x 27.5 x 20 cm

Weight (unfilled): 8.5 kg

Max. water filling quantity: 1.75 l,

Output: 750 W / energy consumption 0.3 kWh

Technical phone support free of charge.

Online help at:

www.kurlandspas.de/technischer-support/

Item	Item no.
Permanent Contour® unit	A5901-223

Permanent Contour® – accessories for a great variety of treatments

Item	Item no.
Special hose for facial treatments Length: 100 cm, with quick-release coupling, incl. 2 stamp holders for face stamps	65290-022
Special hose for body treatments Length: 80 cm, with quick-release coupling	65290-024
Lexan pad holder To store the pad holder, to be screwed in	93000-006
Extending hose holder Height approx. 75 cm, to be screwed in	83301-206
Hamam soap foam unit 24 x 10 x 14 cm	74080-021

Permanent Contour® oil blends – for continuous steam stamp and essential oil massages



Special oil – Permanent Contour® oil blend

Recommended for Permanent Contour® stamp algae, moor mud, grape draff, wheat bran, Alpine herbs, allrounder.

Suitable for: Permanent Contour® body massages, essential oil massages

Contains: jojoba oil, macadamia nut oil, aloe vera oil, castor oil, black cumin oil, calendula, camphor.

Effects: invigorating, stimulating, promotes metabolism.

Quantity	Item no.
1 liter Bottle	01600-01000
3 liters Bag in box	01600-03000
5 liters Canister	01600-05000



Old India – Pantai Luar® oil blend

This exotic-spicy and precious oil blend is exclusively produced in-house.

Suitable for: Permanent Contour® and Pantai Luar® stamp massages

Contains: rosemary, lavender, thyme, ginger, red sandalwood and our special spice blend.

Contains: sesame, aloe vera, calendula, olive oil.

Effects: warming, stimulates blood circulation and harmonizing.

Quantity	Item no.
1 liter Bottle	01590-01000
3 liters Bag in box	01590-03000
5 liters Canister	01590-05000



Base oil blend

High-quality oil blend without addition of essential oils. Ideal for guests with sensitive skin or as basis for creating of own fragrance blends.

Tip: also suitable as Permanent Contour® oil.

Suitable for: massages, bath additives, skincare, body wraps with Kurland® base creams, own cream mixtures, creation of cream peelings.

Contains: almond, sesame and jojoba oil.

Effects: nourishing and lipid replenishing.

Quantity	Item no.
200 ml Bottle	01551-00200
1 liter Bottle	01551-01000
5 liters Canister	01551-05000

Permanent Contour® – new effective oil blends and stamps



The combination of heat, steam, stamp touches and massage offers an extraordinary relaxation that surpasses conventional massages by far. Due to this, the treatment has already been awarded as "Best Signature Treatment in Germany". Our new oil blends and stamps effuse a wonderfully aromatic scent that works via the limbic system to enhance the effect of the Permanent Contour® treatment.

Individual fragrances for individual treatments

With the different oil blends, the therapist can respond to the different needs of guests. From fruity-fresh to flowery and soft, the oil blends provide an individual and unique treatment experience. All oil blends are made from natural ingredients and are produced and bottled in-house. The matching stamps are also handmade with loving care.



Green Tea

Fresh and lively: The oil blend smells of lemongrass and green tea.

Suitable for: Permanent Contour® herbal stamp massages, essential oil massages, salt-oil peelings, as supplement for nourishing and detoxifying body wraps. Ideal for impure or sensitive skin.

Contains: base oil blend, essential oil lemongrass, perfume oil apple and elderflower.

Effects: protects the skin, renews cells, firming, anti-inflammatory, antibacterial, antiviral, rich in antioxidants.

Quantity	Item no.
75 ml Bottle	01621-00075
200 ml Bottle	01621-00200
1 liter Bottle	01621-01000



Hibiscus

Floral and delicate, yet light and refreshing – a unique fragrance experience with feel-good factor.

Suitable for: Permanent Contour® herbal stamp massages, essential oil massages, salt-oil peelings, as supplement for nourishing and detoxifying body wraps.

Contains: base oil blend, perfume oil Golden Hibiscus and Flower Power

Effects: anti-aging, firming, tightening, anti-inflammatory.

Quantity	Item no.
75 ml Bottle	01624-00075
200 ml Bottle	01624-00200
1 liter Bottle	01624-01000



Coconut

Coconut oil is particularly rich in minerals, antioxidants and vitamins. The scent makes you dream of vacations in the Caribbean.

Suitable for: Permanent Contour® herbal stamp massages, essential oil massages, salt-oil peelings, as supplement for nourishing and detoxifying body wraps.

Contains: base oil blend, coconut oil, essential oil lemon, perfume oil pineapple.

Effects: anti-aging, reduces the depth of wrinkles, anti-inflammatory, antibacterial, antiviral, moisturizing.

Quantity	Item no.
75 ml Bottle	01623-00075
200 ml Bottle	01623-00200
1 liter Bottle	01623-01000



Mango-Lemon

A fruity-fresh fragrance that makes you happy. Mango contains a lot of vitamin C and stimulates the production of serotonin.

Suitable for: Permanent Contour® herbal stamp massages, essential oil massages, salt-oil peelings, as supplement for nourishing and detoxifying body wraps.

Contains: base oil blend, perfume oil Coconut-Mango and Papaya, essential oil lemon. Rich in vitamin C, polyphenols and provitamin A.

Effects: stimulates the production of the happiness hormone serotonin, stimulates metabolism and fat burning, antibacterial, antiviral, mood-lifting.

Quantity	Item no.
75 ml Bottle	01622-00075
200 ml Bottle	01622-00200
1 liter Bottle	01622-01000



Orange

A touch of Italy on the skin: the oil exudes a warm, Mediterranean scent of fresh, juicy oranges.

Suitable for: Permanent Contour® herbal stamp massages, essential oil massages, salt-oil peelings, as supplement for nourishing and detoxifying body wraps.

Contains: base oil blend, essential oils orange and blood orange.

Effects: mood-lifting, relieves tensions, reduces the feeling of stress, increases well-being, calms, skin-tightening, can help against cellulite, antibacterial, antiviral, provides power.

Quantity	Item no.
75 ml Bottle	01620-00075
200 ml Bottle	01620-00200
1 liter Bottle	01620-01000

Four new Permanent Contour® stamps: Coconut, menthol, moss and Allrounder

We have developed four wonderful new stamps especially for our Permanent Contour® unit.

Coconut – the Caribbean

Smells like a holiday in the Caribbean with coconut and lemon; it matches the new Permanent Contour® oils: Coconut, Green Tea, Hibiscus, Mango-Lemon and Orange.

Menthol – pure freshness

Menthol is the stamp for athletes and hikers or for a special cooling on hot summer days.

Moss – the moisturizer

Moss can be perfectly combined with classic cosmetic treatments and has strong moisturizing, smoothing and skin refining properties. Moreover, it is also suitable for sensitive skin, as its ingredients also have an anti-irritant effect.

Allrounder – it fits all oils

Allrounder is the stamp, which can be wonderfully combined with all Permanent Contour® oils.



Tip: Fragrant coconut body wrap

Detox body wrap:

Mix 120 g Cream Peel Mix and 1 tbsp. oil blend coconut with water to a creamy consistency

Nourishing body wrap:

Mix 60 g Base Cream I and 1 tbsp. oil blend coconut.

Permanent Contour® face and body pads for stamp massages with continuous steam

Item, effect	Application	Item no.	PU*
Algae – maritime Retained water and fat deposits can be positively influenced with this stamp by applying stronger punctual stimulation. Contains: powdered brown algae (laminaria digitata, Fucus vesiculosus), crystal salt. Effects: strong detoxification, stimulates metabolism and is firming.	BODY	11409-004	10 pcs.
Allrounder – it fits all oils This balanced, fruity blend of the stamp can be used with all Permanent Contour® oils; smoothes, nourishes and protects the skin. Contains: lemon peel, orange blossom, lemongrass, apple druff, hibiscus blossom, green tea Sencha, salt. Effects: skin refining, skin smoothing, anti-aging, stimulates blood circulation, anti-bacterial, nourishes and protects the skin.	BODY	11409-025	10 pcs.
Alpine herbs – spicy Peppermint and ginger provide the spicy-fresh scent. Contains: elderflower, ginger, peppermint, ivy, sweet clover and crystal salt (only in the body stamp). Effects: promotes blood circulation, improves metabolism and relieves muscle tension.	BODY	11409-002	10 pcs.
	FACE	11409-042	10 pcs.
Apple – fresh The fruit acid it contains has a gentle peeling effect. Contains: apple pomace cut, crystal salt (only in the body stamp) Effects: anti-aging product, stimulates the metabolism, moisturizing, tightens the connective tissue.	BODY	11409-010	10 pcs.
	FACE	11409-051	10 pcs.
Coconut – the Caribbean This exotic-fruity body stamp is handmade in-house with loving care. The filling consists of 100% coconut flakes and lemon peel which are rich in active agents, without any fillers. Contains: coconut flakes, lemon peel, ground lemons. Effects: anti-aging, reduces the depth of wrinkles, anti-inflammatory, antibacterial, antiviral, moisturizing.	BODY	11409-400	10 pcs.
Lavender – relaxing A wonderfully gentle facial stamp with a delicate lavender scent. Contains: Lavender blossoms. Effects: draining, harmonizing and stimulating.	FACE	11409-043	10 pcs.
Moor mud – classic Due to its high humic acid content, this earthy, spicy stamp has a particularly high depth of penetration. Contains: high moor mud from Leopoldskron-moss (Salzburg), crystal salt. Effects: it has an anti-inflammatory, antispasmodic and hormone balancing effect and regenerates the protective acid mantle of the skin.	BODY	11409-005	10 pcs.
Moss – moisturizing Ideal for all skin types and especially for stressed dry skin. Can be combined very well with classic cosmetic treatments. Contains: Iceland moss, sage leaves, rosemary leaves, peppermint leaves. Effects: moisturizing, skin refining, soothing, skin smoothing, anti-aging, antibacterial, antiviral.	FACE	11409-052	10 pcs.

Item, effect	Application	Item no.	PU*
Menthol – pure freshness Specially created for leg treatments, ideal after sports, hiking or on hot summer days. It is also suitable in case of weakness of the connective tissue in the legs or as a supplement to a sports massage. Contains: menthol, peppermint leaves, lemon balm leaves. Effects: highly cooling, refreshing, relaxes muscles, stimulating, antibacterial.	BODY Small pad	11409-053	10 pcs.
Old India – exotic The balanced ratio between fruit acid and spices is a wonderful experience for all senses. Contains: lime, ginger, lemongrass, lavender. Effects: warming, stimulates blood circulation and harmonizing.	BODY	11409-009	10 pcs.
Olive – silky Ideal for full body soap foam massages and our Permanent Contour® Slim-line treatment for beautiful, slim legs. Contains: high-quality soap with olive oil. Effects: the soap flakes produce a soft, fine-pored foam that gently cleanses the skin and does not dry it out thanks to the addition of olive oil. For this pad you need the Permanent Contour® special hose for face treatments.	BODY Small pad	11409-050	10 pcs.
Rose – aromatic A flowery pad with a delicate rose scent. Contains: rose blossoms. Effects: harmonizing, balancing, skin nourishing and has a mood-lifting effect due to its scent.	FACE	11409-047	10 pcs.
Salt – prickling Ideal for skin irritations and sensitive skin. Contains: pure, coarse-grained crystal salt. Effects: refines the skin complexion and leaves a delicate salt film. Only to be used for the body.	BODY	11409-001	10 pcs.
Grape draff – fruity The fruit acid removes excess hard skin layers (keratolytic effect). Contains: grape draff red, crystal salt. Effects: prevents premature cell aging and refines the skin texture sustainably.	BODY	11409-006	10 pcs.
Wheat bran – gentle Ideal for impure and irritated skin. Contains: organic wheat bran, crystal salt (only in body pad). Effects: clarifying, anti-inflammatory and calming.	BODY FACE	11409-007 11409-049	10 pcs.

Last chance!
Only while stocks last.



Permanent Contour® Relax Emotion – stamp massage in-line with the 4 elements



With our Relax Emotion line, we offer you and your guests a very individual and particularly effective Permanent Contour® experience.

Treatments in-line with the needs

The Four Elements Theory assigns the typical characters to a particular element. The aim of this treatment, which is based on the 4 Element Theory (fire, water, earth and air), is to relieve tension and blockages, which are often caused by painful experiences, stress, work or everyday life, but also by a wrong posture. Old, bad thought patterns which are “stored” in the cellular memory of the body ought to be dissolved.





A sensual experience

Warm aromatic oil blends, particularly composed for this application, in combination with wonderfully fragrant herbal stamps are tailored to individual needs. They help with relaxation, increase the production of the “happiness hormones”, stimulate blood circulation and metabolism, relax the muscles, strengthen the immune system and can even help with sleep disorders.





Permanent Contour® Relax Emotion courses

In the Kurland® Training Center, we offer courses for the professional application of Relax Emotion. For more detailed information and dates go to: www.kurlandspas.de/training

Relax Emotion pads

	Item, effect	Application	Item no.	PU*
	Relax Emotion Fire, pad body Contains: melissa, lavender, rose, hops, juniper, camphor, chamomile Effects: good for draining excess energy, releases and calms the body; ideal for stress	BODY	11409-300	10 pcs.
	Relax Emotion Water, pad body Contains: peppermint, elderflower, sage, rosemary, yarrow, alpine herb mixture. Effects: can help with exhaustion and weakness, relieves cramps.	BODY	11409-302	10 pcs.
	Relax Emotion Earth, pad body Contains: rosemary, rose, thyme, ginger, lime blossom, St. John's wort. Effects: relaxing, calming and nerve-strengthening. Good for people who suffer from nervousness, unrest and tensions.	BODY	11409-301	10 pcs.
	Relax Emotion Air, pad body Contains: sage, yarrow, goldenrod, rose, woodruff, marjoram. Effects: helps against insomnia, antispasmodic and sedative.	BODY	11409-303	10 pcs.





Relax Emotion oil blends**

	Item, effect	Item no.
	Relax Emotion Fire, Permanent Contour® oil blend, 1 liter Slightly floral, spicy and distinctive fragrance. Contains essential oils: hay flower, juniper, camphor, lavender. Effects: cooling, soothing, can divert an excess of energy.	01610-01000
	Relax Emotion Water, Permanent Contour® oil blend, 1 liter Mediterranean, tart-herby fragrance. Contains essential oils: honey, sage, rosemary. Effects: revitalizes and provides emotional security, can balance emotions.	01612-01000
	Relax Emotion Earth, Permanent Contour® oil blend, 1 liter Silky, soft, seductive fragrance. Contains essential oils: verbena, musk, lime blossom, orange. Effects: can strengthen the life energy and lift the mood.	01611-01000
	Relax Emotion Air, Permanent Contour® oil blend, 1 liter Lovely, gentle fragrance. Contains essential oils: marjoram, violet, woodruff. Effects: can help ground vitality and establish a stable, mental balance.	01613-01000



* PU = packaging unit. ** You can find further information and other packaging units on page 51.

Relax Emotion herb bags

Item / effect	Item no.	PU*
 Relax Emotion Fire (choleric type), 10 x 14 cm Effects: cooling, calming, can divert the surplus of energy Organza bag, 10 x 14 cm		
	03444-001	10 pcs.
 Relax Emotion Water (phlegmatic type), 10 x 14 cm Effects: can bring back emotions into balance, provides energy and emotional security Organza bag, 10 x 14 cm		
	03444-003	10 pcs.
 Relax Emotion Earth (melancholic type), 10 x 14 cm Effects: can increase life energy and lift the mood Organza bag, 10 x 14 cm		
	03444-002	10 pcs.
 Relax Emotion Air (sanguine type), 10 x 14 cm Effects: can help to ground the person and create a stable emotional balance Organza bag, 10 x 14 cm		
	03444-004	10 pcs.

Fire, water, earth or air - determine the right type according to its characteristics

Fire (choleric):

- enthusiastic
- passionate
- determined
- persevering
- reliable
- but also irritable
- impatient
- stubborn
- resentful
- hot-tempered and unrestrained

water (phlegmatic):

- satisfied
- balanced
- calm
- affectionate
- but also indifferent
- unenthusiastic
- comfortable
- indecisive and uninterested

earth (melancholic):

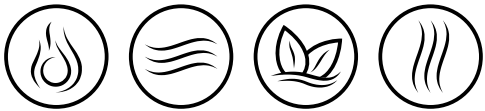
- steady
- diligent
- thorough
- faithful
- conscientious
- but also closed
- melancholic
- sensitive
- fearful and despondent

air (sanguine):

- joyful and confident
- sensitive
- interested
- flexible
- affectionate
- lively
- eloquent
- but also careless
- distractible
- fickle
- rash and talkative



Permanent Contour® benefit packages – get them now and secure your price advantage!



Permanent Contour® package “Basic”

- 1 Permanent Contour® steam unit
(incl. special hose for body treatments)
- 1 box Permanent Contour® body pads mixed
(10 pcs. / box), 2 body pads each: herbs, algae, salt, apple, Old India
- 1 x 1 liter Permanent Contour® special oil

Item	Item no.
Package “Basic”	12000-206



Permanent Contour® package “Relax Emotion”

- 1 Permanent Contour® steam unit
(incl. special hose for body treatments)
- 1 box Permanent Contour® Relax-Emotion pad set mixed
(10 pcs. / box): 3 x fire, 3 x earth, 2 x water, 2 x air
- 4 x 75 ml Permanent Contour® Relax Emotion oil blends: fire, water, earth, air.

Item	Item no.
Package “Relax-Emotion”	12000-207

Permanent Contour® test set – pads mixed



Permanent Contour® body pad set, mixed

The set contains 2 pads each: Alpine herbs, algae, apple, salt, Old India.
Ideal for becoming familiar with the pads.

Quantity	Item no.
10 pads	11409-030



Permanent Contour® face pad set, mixed

The set contains 2 pads each: Alpine herbs, wheat bran, apple, rose, lavender.
Ideal for becoming familiar with the pads.

Quantity	Item no.
10 pads	11409-031



Permanent Contour® Relax Emotion pad set, mixed

The set contains the following pads:
3 x fire, 3 x earth, 2 x water, 2 x air
Ideal for becoming familiar with the pads.

Quantity	Item no.
10 pads	11409-310

Wood – let your soul run free and experience pure nature

With the scent of the forest – oil, herbs & Swiss pine products

Woody, earthy, cool and fresh, with the fragrance of green leaves and the feeling of lush moss underfoot – the smell of the forest will immediately relax your guests. It reminds them of childhood experiences in the forest, climbing over tree trunks, the smell of resin on their hands and long walks in the woods. This has a soothing effect on body and soul.

Wellness also means feeling nature. Breathing fresh forest air has a beneficial effect on the bronchial tubes and lungs and strengthens the immune system. Bring the power of the alpine forests into your spa. The scent of the forest has a particularly calming effect on your guests and customers.

Forest from the bottle

Immerse yourself in the world of forest fragrances and learn about the various possible applications. Forest scents activate the release of endogenous messenger substances via the limbic system, influence our mood and trigger emotions and memories.

From woody and tart to sweet

Cedar wood, fir, mountain pine, spruce or Swiss pine – each tree emits an incomparable fragrance and has a special effect on the guest. Discover our oil blends “Forest” and “Wood” for skincare and for stimulating or relaxing massages as well as our essential oils for scenting the room.

Swiss pine – the queen of the Alps

Swiss pines are very special trees. They belong to the pine family and only grow in the high mountains above 1,500 metres altitude. Originally, they come from the Alps and the Carpathian mountains. Swiss pine trees can become as old as 1,000 years and grow to a height of 30 meters. They only blossom every 6 to 10 years and they grow very slowly. Maybe this is the reason why their extracts are so powerful?

Study result: Swiss pine lowers the heartbeat rate

The Johanneum Research in Weiz (Styria) examined the effects of Swiss pine on circulation, sleep and general well-being. The result of the study shows that Swiss pine stimulates the brain, but still reduces the heartbeat rate per day by 3,500 beats – a relief for the heart and properties that predestine Swiss pine for spa and wellness areas, seminar rooms, hotel rooms or treatment rooms.

How healthy are the effects of a Swiss pine tree?

The Swiss pine has been valued for its beneficial and health-supporting properties for centuries. This is because it contains valuable active ingredients such as limonene, various flavonoids and essential oils.

Effects of Swiss pine:

- relaxing
- supports healthy and relaxing sleep
- supports concentration
- stimulating
- calming
- lowers the heartbeat rate

Forest in the spa: Treatments, fragrances, sound and decoration

It is rather easy to integrate the themes of “wood” and “forest” into your spa area. You can create a visual forest atmosphere by using natural materials such as wood, stone or plants. Offer treatments with woody fragrances and authentic music to match the equipment and decoration. For example, run a CD with forest sounds in the background and scent the room with essential oils such as silver fir or mountain pine. This will help your guests to relax immediately.

Wood

Woody warm fragrances blend here in a precious massage and care oil which reminds of freshly cut wood and juicy bark.



The Brechelbad® – the special herb sauna with a smell of fresh fir branches



The scent of fresh fir branches will carry away your guests as they enter the Brechelbad®. The warm wood and the pleasant temperatures make a stay in this historical sauna unforgettable. In former times the branches of hemp and flax were dried in the so-called “Brechelstube”, in order to break them to obtain the fibers. Nowadays, the Brechelbad® has a fixed place in the sauna sector.

The mild bio sauna

Your guests sit on wooden benches or individual high seats that are heated from below. Fresh fir branches are placed on the floor. When people walk on them it is like a gentle foot reflexology. Various herbs emit fragrances in the Brechelbad® furnace. Suspended from the ceiling there is a basket filled with fir cones and branches, the so-called “Tschurtschenkorb”. The steam in the Brechelbad® releases essential oils from herbs, branches and cones, and they have a positive effect on the organism. Thanks to the pleasant temperatures – as required between

45°C und 65°C – the Brechelbad® is also ideal for people who do not tolerate the traditional sauna.

Also with Swiss pine fragrance

As an alternative, the floor in the Brechelbad® can also be covered with Swiss pine curls. Swiss pine has a calming yet also mentally stimulating

effect, promotes concentration, restful sleep and improves physical and mental resilience.

You would like to have a Brechelbad®?

Call us, and we plan in cooperation with you to implement your individual wishes: +49 (0) 8654/ 48 87-22



Swiss Pine Curls, made by hand for the Brechelbad®

The floor of the Brechelbad® is covered with wonderful fresh handmade Swiss pine curls. Walking barefoot on them releases essential oils which produce the unique fragrance. The natural ground stimulates blood circulation in the feet.

Suitable for: Brechelbad®

Contains: natural Swiss pine curls.

Effects: stimulates blood circulation, disinfectant, calms, supports concentration, for a restful sleep.

Quantity	Item no.
approx. 2 kg for about 3 m ² /Box	10460-002
	from 10 boxes

Wood and Forest – two oil blends with pure natural power

Oils with the incomparable scent of the forest have a completely different effect than fruity or flowery oil blends.

They convey strength, inner power and calmness. A treatment with these oils will pass on the energy to your guests and customers. The warm woody notes

and the fresh fragrance of herbs allow your guests to find themselves and enjoy pure nature.

For skincare and massages

Whether as a massage oil or for a cosmetic treatment, the application with our wood oil blends guarantees your

guests a very special experience and provides them strength.

Take a break in the woods

Bring nature and the forest into your spa and integrate them into your treatment program. Your guests will love it.



Wood

Woody warm fragrances are mixed into a valuable massage and nourishing oil which reminds of freshly cut wood and juicy bark.

Suitable for: muscle pain, bruises, strains, rheumatism, tiredness.

Contains: grape seed oil. Essential oils: Swiss pine, Siberian spruce needles, silver fir and mountain pine.

Effects: stimulates blood circulation, relieves cramps, anti-inflammatory, regenerating, relaxing, anti-depressive, strengthens resistance and self-confidence.

Quantity	Item no.
75 ml	11244-00075
200 ml	11244-00200
1 liter	11244-01000
3 liters Bag in box	11244-03000

Forest

Herbaceous green and woody fragrances are combined in this massage and nourishing oil to create a soothing and relaxing composition of fragrance. Simply take a deep breath and enjoy.

Suitable for: relief of muscle and joint pain, bruises, strains, rheumatism, fatigue, acne, psoriasis, neurodermatitis.

Contains: grape seed oil and hemp oil. Essential oils: Virginia cedar, Swiss pine, juniper and silver fir.

Effects: stimulating, relieves cramps, skin regenerating, anti-inflammatory, antiseptic, calming, strengthens the immune system, helpful for sleep disorders.

Quantity	Item no.
75 ml	11243-00075
200 ml	11243-00200
1 liter	11243-01000
3 liter Bag in box	11243-03000

Experience the forest in the Soft-Pack® system – relax, breathe deeply, nourish



Wrapped up in cosy warmth and in a nearly gravity-free state, your guests will relax in the Kurland-Soft-Pack® system. In the background they hear the soft murmur of a brook, breathe in the pleasant woody scent of the forest and feel the nourishing oils and creams on your skin. A treatment in the Soft-Pack® system gives your guests the feeling of floating and puts them into a deeply relaxed state. Combined with our products derived from wood you create an authentic forest atmosphere that will strengthen your guests.

Weightless relaxation

In the Soft-Pack® system, the body of the guests is wrapped in a special foil so that the creams and body packs can unfold their best effect. The unique feel-good experience and the positive

effect on body and muscles make our Soft-Pack® system an absolute essential component for practices, physiotherapists and wellness areas. This effect is even increased by using our products derived from wood. The warm, wooden fragrance of the forest gives your guests a feeling of security and inner peace. The air seems fresher and the guests get the feeling that they breathe in deeply and just let go.

Alpine pampering package

Bring the power of the forest into your spa and spoil your guests with an individual forest treatment in the Soft-Pack® system. We will be happy to advise you on which products are best suited for this purpose.

Tailor-made Soft-Pack® system

The Kurland-Soft-Pack® system is suitable for a wide range of health and wellness treatments. Spoil your guests with moor mud, hay, algae, peelings or creams, we supply the right products for every treatment. Our Soft-Pack® system is also available in different versions, for example in the models "Med", "Day Spa", "Pure" and "Sense". Just contact us and we will be sure to find the right option for your spa or practice. For more information go to: www.kurlandspas.de

Woody fragrance for a forest atmosphere: cedar, silver fir, mountain pine, spruce



Silver Fir

With the typical fragrance of Alpine fir forests

Suitable for: room scenting, as addition to massage oils or care creams, aroma oil massages.

Effects: antiseptic, stimulates blood circulation, relieves cramps, diaphoretic and antimicrobial.

Quantity	Item no.
10 ml	02240-00010
100 ml	02240-00100



Siberian spruce needle

Spicy forest smell

Suitable for: room scenting, as addition to massage oils or care creams, aroma oil massages.

Effects: strong antispasmodic, antibacterial, anti-inflammatory, mucolytic, relaxing, stimulates blood circulation, stimulates the immune system.

Quantity	Item no.
10 ml	02270-00010
100 ml	02270-00100



Virginia cedar

Fresh, woody fragrance

Suitable for: room scenting, as addition to massage oils or care creams, aroma oil massages.

Effects: cell regenerating, detoxifying, mucolytic, tonic, insect repellent.

Quantity	Item no.
10 ml	02973-00010
100 ml	02973-00100



Mountain pine

The essential oil mountain pine emits a herby, sweet fragrance

Suitable for: room scenting, as addition to massage oils or care creams, aroma oil massages.

Harmonizes with: orange, blood orange.

Effects: cleansing, balancing, calming, disinfecting, air-purifying.

Quantity	Item no.
10 ml	02453-00010
100 ml	02453-00100

Treatments scented like a walk in the forests with native forest herbs



Forest herb mixture

Loose herbal mixture with the typical scent of native forest herbs, cut, untreated and natural. Quickly passes on its fragrance and active agents.

Suitable for: peelings, body wraps, bath extracts, filling for herbal stamps.

Contains: rosemary leaves, juniper berries, woodruff, thyme, elderflowers, St. John's wort, ivy leaves, horse chestnuts.

Effects: balancing, stimulates blood circulation, antispasmodic.

Quantity	Item no.
1 kg	03439-215

Swiss pine products help your guests to relax and calm down



The incomparable resin fragrance, the warm, yellow-reddish wood and the distinctive annual rings are characteristic for the Swiss pine, the so-called "Queen of the Alps". It has a very special effect on people and their health. Swiss pine has a long tradition and is highly valued not only in the Alpine region. It has a positive influence on health, the organism and a good, healthy sleep.

Breathe deeply thanks to the scent of Swiss pine

Swiss pine products emit a pleasant, woody fragrance that give your room a fresh and pure atmosphere that allows your guests to breathe in deeply. Since studies have shown that Swiss pine reduces the heartbeat rate and thus has a calming effect, it is the perfect addition to your spa, treatment room,

or hotel room, as well as for offices and business premises. For massage treatments, as a bath additive, for scenting rooms or as a gift in an organza bag – Swiss pine products are always an asset for your spa and your guests.

Applications with Swiss pine fragrance

The warm, woody fragrance of Swiss pine has a calming, relaxing effect, but it also supports concentration. Our Swiss pine products are therefore ideally suited for relaxing spa treatments and can also be perfectly combined with each other. For example, drip some of the 'Swiss pine essential oil onto the Swiss pine curl pillow to create a particularly intense fragrance experience.



Swiss pine – oil blend

Our finely matched oil blend with natural Swiss pine fragrance.

Suitable for: massages, as a bath additive, for scenting the Swiss pine curls.

Contains: grape seed, olive, almond, linseed, aloe vera and avocado oil as well as Swiss pine essential oil.

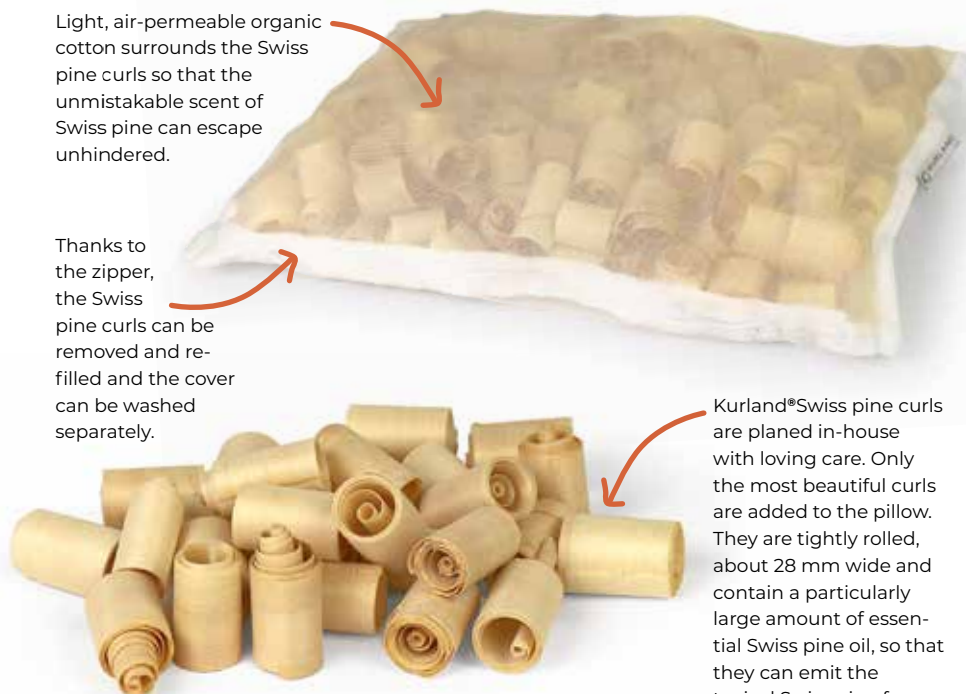
Effects: stimulating and calming at the same time, supports concentration, for relaxed sleep.

Quantity	Item no.
75 ml	11240-00075
200 ml	11240-00200
1 liter	11240-01000
3 liters Bag in box	11240-03000

The special Swiss pine curl cushion, with organic cotton and zipper

Light, air-permeable organic cotton surrounds the Swiss pine curls so that the unmistakable scent of Swiss pine can escape unhindered.

Thanks to the zipper, the Swiss pine curls can be removed and re-filled and the cover can be washed separately.



Kurland®Swiss pine curls are planed in-house with loving care. Only the most beautiful curls are added to the pillow. They are tightly rolled, about 28 mm wide and contain a particularly large amount of essential Swiss pine oil, so that they can emit the typical Swiss pine fragrance for a long time.

Swiss pine curl pillow

Carefully sewn into fine organic cotton, our freshly planed, tightly rolled, large Swiss pine curls spread their wonderful fragrance unhindered. Thanks to the zipper, you can remove the filling, wash the cover and replenish the curls.

Suitable for: pillow in the Soft-Pack®system, as a pillow in bed.

Contains: 100% natural Swiss pine curls made from freshly planed Swiss pine.

Effects: stimulating and calming at the same time, supports concentration, for relaxed sleep.

Dimensions	Item no.	PU*
38 x 26 cm	10460-001	1 pc.
		from 25 pcs.
		from 50 pcs.



Swiss pine curls in the organza bag

Suitable for: room fragrance or air freshener in wardrobes. Place on the desk to support concentration or on the bedside table to support sleep.

Contains: 100% natural Swiss pine curls made from freshly planed Swiss pine wood.

Effects: stimulating yet calming at the same time, supports concentration, for relaxed sleep

Dimensions	Item no.	PU*
15 x 25 cm	10460-005	5 pcs.



Swiss pine – essential oil

The rich, woody warm scent of Swiss pine as a pure essential oil.

Suitable for: an addition to base oils or creams, to scent rooms or to intensify the scent of Swiss pine curls.

Contains: 100% natural essential pine oil.

Effects: stimulating yet calming at the same time, supports concentration, for relaxed sleep.

Quantity	Item no.
10 ml	02972-00010
100 ml	02972-00100

Herbs – colorful health provided by nature



Kurland's natural help for health and wellness

Herbs not only smell wonderfully of nature, forest and meadow, they also alleviate ailments and support the body's own defence system. Whether as a tea, herbal bath, scrub or wrap – the applications are varied and the effects great.

The nature's own pharmacy has numerous herbs and plants prepared for us, which provide support to our health and well-being in a completely natural way. With our Kurland®-herbs and blossoms you bring the power of nature from the field directly into your therapy, spa or wellness area. Complement your treatments with wonderfully fragrant herbal blends. With herbal peelings or baths you can create a varied spa program.

Healing power from nature

The healing effect of a plant depends on its ingredients. Herbs contain not only vitamins and minerals, but also essential oils, tannins, bitter substances, flavonoids and many other active agents that make them so valuable. In order to preserve them, Kurland®herbs are gently dried and securely packaged directly after harvesting.

Combined correctly with expert knowledge

Many herbs and plants also contain skin nourishing and soothing ingredients. To put it in a nutshell, ideal to mix them with Kurland®oils and gentle peelings.

We offer a great variety of wonderfully fragrant herbs and blossoms, no matter whether they are as a whole, cut, rubbed or grinded. Loose, in organza bags or in fleece bags, with or without sea salt, just as you need them and **always combined with expert knowledge to ideal mixtures – for the best effect possible and successful treatments.**

Top quality herbs

When selecting our Kurland®herbs and blossoms we attach great importance to quality and effectiveness. So, in the end of the day, only the best herbs reach our customers.

Kurland®herbs are suitable for:

- herb baths in the bathtub
- an additive to cosmetics
- a variety of peelings
- attractive decoration
- attractive gifts for your guests
- room scents

Relax Emotion herb bags: Fire, water, earth, air

Herbs for every type according to the Four Elements Theory. They help to restore the necessary balance.

Top
retail
product!



Herbs and herbal mixtures for baths, peelings or body wraps

Treatments can be found in the new Kurland Signature Treatment Book!



All guests and hosts love herbs in wellness areas – last but not least due to a broad range of possible treatment options.

Soothing herb infusions

Herbal infusions have been known in monastic medicine for centuries. After all, it is the fastest and simplest way of releasing the valuable active agents of herbs and making them accessible for therapeutic purposes. All you need is hot water, a pot or bowl and a few min-

utes to let the herbs soak – the infusion already has an intense fragrance and unfolds the entire power of nature.

Appealing to the eye

Sprinkle a pinch of fresh herbs or blossoms into the water -and the herb bath turns into a special visual experience for the guest.

Herbs for all purposes

Relaxation, energizing or detoxification – no matter on which spa program or

treatments your premises are focused, there are no limits when creating your own infusion recipe. With a selection of our Kurland®herbs you can implement a wide range of different applications. To provide you with an overview of the effects of Kurland®herbs, we have marked the products included in the following pages with dots:

- stimulating & refreshing
- Detoxifying and purifying
- relaxing, calming and warming

Loose herbs – use them pure or mix them

You can use Kurland®herbs pure or prepare your own herbal mixture. Kurland®herbs are available cut, as a whole or grinded, depending on the type of herbs, but they are always untreated and natural. In this way, they quickly emit their fragrances and active agents for an optimum treatment success.

Possible uses:

- fillers for herbal stamps
- for body peelings
- as an additive to body wraps
- to create infusions for baths or foot baths
- for room scenting.



Perfectly combined herbal mixtures with the fragrance of the Alps or the spice of Asia



Forest herb mixture

Loose herbal mixture with the typical scent of native forest herbs, cut, untreated and natural. Quickly passes on its fragrance and active agents.

Suitable for: peelings, body wraps, bath extracts, filling for herbal stamps.

Contains: rosemary leaves, juniper berries, woodruff, thyme, elderflowers, St. John's wort, ivy leaves, horse chestnuts.

Effects: balancing, stimulates blood circulation, antispasmodic.

Quantity	Item no.
1 kg	03439-215



Alpine herbal mixture

Loose herbal mixture with the typical scent of Alpine mountain meadows, cut, untreated and natural; emit their natural fragrances quickly.

Suitable for: peelings, body wraps, bathtub infusion, filling for herbal stamps, as combination with oil blend Alpenglühen.

Contains: lavender, chamomile, peppermint, calendula, rose.

Effects: stimulates blood circulation, relieves cramps, relaxes.

Quantity	Item no.
1 kg	03439-205



Asian herbal mixture

Loose herb mixture with typical Asian herbs and spices, cut, untreated and natural. Quickly passes on its fragrance and active agents.

Suitable for: peelings, body wraps, bath infusions, filling for herbal stamps.

Contains: lemongrass, ginger, tamarind, garam masala, galangal.

Effects: stimulates blood circulation, relieves cramps, relaxes.

Quantity	Item no.
1 kg	03439-225

Recipe: Fragrant herb baths

For the bathtub:

Let 2 handfuls of herbs, one Kurland®-organza herb bag or a fleece bag soak in about 5 liters of hot water for about 10 minutes. If you use herbs without bags, strain them and pour the herbal infusion into the bath water. Then add 2 tbsps. of base oil or oil blend of your choice into the water. In

addition, you can also mix 100 ml of bath milk with goat butter into the bath water. You can also add the organza herb bag or fleece bag to the bath. Finally spread a few fresh blossoms in the water to create an optical highlight for your guests.

For a foot bath:

Spread a handful of herbs into 3 liters of warm water and add 2 tbsps. of base oil or oil blend of your choice.



Natural herbs to stimulate, refresh, detoxify or relax, to calm and warm

For an easy overview and a targeted treatment success we have divided our herbs into groups. For all herbs we have indicated the corresponding effect in the form of a colored dot. Some herbs have a variety of effects, depending on the respective application. These herbs are indicated with various colors.

● Stimulating & refreshing

If you want to refresh and energize tired and exhausted guests, select

the stimulating herbs included in this group. Again, think about the right room scent and vitalizing massage techniques or treatments.

● Detoxifying & purifying

In this group you will find herbs for detoxification and slimming treatments. We have also included herbs in this group that disinfect and can have a positive effect on irritated skin.

● Relaxing, calming and warming

If you want to help stressed guests to relax and find inner peace more quickly, choose herbs from this group – for peelings, baths and washes. A scented room with a bowl of the appropriate loose herbs or the matching essential oils (as of page 62) also provide quick relaxation.

Pure herbs sorted by effect

Item / effect	Treatment	Item no.	Quantity
Alpine herb mixture stimulates blood circulation, relieves cramps, relaxing	●	03439-205	1 kg
Arnica, cut anti-inflammatory, reduces pain	● ●	03980-00500	500 g
Asian herb mixture stimulates blood circulation, relieves cramps, relaxing	●	03439-225	1 kg
Nettle leaves, cut draining, detoxifying	●	03160-01000	1 kg
Marshmallow root, cut anti-inflammatory, calming, moisturizing	●	03984-00500	500 g
Alchemilla, cut purifies blood, diuretic, relieves cramps	● ●	03982-00500	500 g



Arnica, cut



Woodruff, cut



Marshmallow root



Orange blossoms, whole

Item / effect	Treatment	Item no.	Quantity
Goldenrod, cut antiseptic, anti-inflammatory, astringent, diuretic	●	03973-00500	500 g
Elderflowers, dried warming, diaphoretic	●	03340-01000	1 kg
Camomile blossoms, whole anti-inflammatory, calming, harmonizing, relaxing	●	03420-01000	1 kg
Lavender blossoms, whole calming, balancing, disinfecting, mood-lifting	●	03450-01000	1 kg
Lime blossoms, cut calming, relaxing, warming, oedema, ischialgia	●	03977-00500	500 g
Lemon balm leaves, cut calming, relaxing, harmonizing, strengthening	●	03480-01000	1 kg
Orange blossoms, whole harmonizing, vitalizing	●	03550-01000	1 kg
Peppermint leaves, cut cooling, relieves cramps, refreshing, stimulating, vitalizing	● ●	03591-01000	1 kg
Rose petals, cut harmonizing, balancing, mood-lifting, ideal for preparing rose infusion	●	03661-01000	1 kg
Rose buds, whole harmonizing, balancing, mood-lifting, ideal for decoration, to add them to baths	●	03660-01000	1 kg
Rosemary needles, cut stimulates circulation, stimulating	● ●	03662-01000	1 kg
Horse chestnuts, grinded stimulates blood circulation, astringent, revives tired legs	●	03663-01000	1 kg
Sage leaves, cut mucolytic, anti-inflammatory	●	03680-01000	1 kg
Horsetail leaves, cut anti-inflammatory, for rheumatic conditions, for varicose veins, wound-healing	●	03981-00500	500 g
Yarrow leaves, cut calming, anti-inflammatory, lowers blood pressure, supports blood circulation, helps against menopause problems and women's conditions	●	03974-00500	500 g
Sunflower blossoms, cut antioxidant, protects skin against free radicals	●	03983-00500	500 g
Woodruff, cut calming, relieves cramps, diaphoretic, supports sleep, stimulates blood circulation	● ●	03978-00500	500 g
Forest herb mixture balancing, relieves cramps, stimulates blood circulation	● ●	03439-215	1 kg
Lemongrass, cut refreshing, vitalizing, mood-lifting	●	03971-01000	1 kg

We will be happy to provide you advise!

Order by phone: DE: +49 (0) 8654/4887-22



Goldenrod, cut



Lime blossoms, cut



Rose buds, whole buds



Sunflower blossoms, cut

Herbs in organza bags or fleece bags– mixed by experts

The mixture makes the difference

Our experts have created effective mixtures for you down to the very gram and filled them into bags so that there is no need to become a herb expert.

You have the choice

Our well-scented, colorful herb mixtures are available in both, organza or fleece bags depending on the purpose. Available in sets of 10 in the practical counter dispenser box.

Herb mixtures for resale

The dark red rose petals, deep blue lavender or yellow orange blossoms shimmer through the transparent organza bags. Together with the beautiful satin ribbon, this herb pack is perfect as a guest gift, an attractive room fragrance or to scent the wardrobe.

Top
retail
product



Treatments
can be found in
the new Kurland
**Signature
Treatment
Book!**

Practical fleece bag for immediate use

Alternatively, you can get all herbal mixtures in durable fleece bags. When

moistened, they are perfectly suited to cosmetic treatment, foot baths or gentle skin moisturizing.

Multifunctional! – The zipper box



To an attractive counter display in just a few simple steps

Kurland® herb bags and fleece bags are packaged naturally in the practical zipper box. Closed cubes can easily

be stored on shelves. In this way the fragrances will last for a long time. You can convert this into an attractive counter display very quickly – for a fragrant Kurland® moment.



We will be happy to provide you advise!

Order by phone:

DE: +49 (0) 8654/4887-22

Herbs in organza or fleece bags

Item / effect	Item no.	PU*
Lavender / elderflowers / rosemary Effects: harmonizing, draining, revitalizing		
Organza bag, 10 x 14 cm	03443-001	10 pcs.
Fleece bag, 13 x 13.5 cm	03440-244	10 pcs.
Lavender / orange blossoms Effects: balancing, harmonizing		
Organza bag, 10 x 14 cm	03443-002	10 pcs.
Fleece bag, 13 x 13.5 cm	03440-245	10 pcs.
Orange blossoms / lemongrass Effects: vitalizing, refreshing		
Organza bag, 10 x 14 cm	03443-003	10 pcs.
Fleece bag, 13 x 13.5 cm	03440-246	10 pcs.
Rose petals / orange blossoms Effects: harmonizing, vitalizing		
Organza bag, 10 x 14 cm	03443-004	10 pcs.
Fleece bag, 13 x 13.5 cm	03440-247	10 pcs.
Alpine – Swiss pine, sunflower blossoms, arnica, alchemilla, marshmallow root etc. Effects: calming, balancing, for menopausal symptoms		
Organza bag, 10 x 14 cm	03445-001	10 pcs.

We call it “Herbal infusion for baths” – the herbal bag for baths or foot baths



As simple as a tea bag

For an intense experience, simply pour a liter of hot water over the desired herbal mixture in the fleece bag and leave to soak for 10 minutes. Then put the infusion and the bag into the well-tempered bath water. With an oil blend of your choice, the scent experience can even be intensified and the skin is nourished at the same time.

Salt instead of sugar

To remineralize the skin, add a few tablespoons of natural sea salt to the bath water. After the bath, let the skin dry in the bathrobe and do not rub with a towel.

Strong, wild and local: aromatic mixtures from the herb garden

Top
retail
product

Top
retail
product



It is the mixture and also the knowledge about the effect of wild herbs. We have deliberately concentrated merely on the power of our local herbal treasures. This resulted in four balanced varieties for powerful applications with the scent of local herbs which are also available in fleece bags. Presented in sets of 10 in the practical counter dispenser box.

Suitable for: the preparation of herbal infusions for hands, feet or full body baths, as peeling bags and for cosmetic treatments.

Herbs in organza bags
in the practical counter
dispenser box

Herbs in fleece bags
in the practical counter
dispenser box



Local herbal mixtures in organza or fleece bags

Item / effect	Item no.	PU*
"Ladies Vitality" – the powerful herbal mixture especially for women		
Contains: woodruff, lady's mantle, camomile, lime blossom and yarrow		
Effects: reduces blood pressure, calming, relieves cramps, anti-inflammatory, warming, antibiotic – gentle sweet fragrance		
Organza bag, 10 x 14 cm	03443-020	10 pcs.
Fleece bag, 13 x 13.5 cm	03440-220	10 pcs.
"Inner Peace" – herbal power that brings peace		
Contains: arnica, rose petals, sunflower, camomile, marshmallow, lavender, mallow, horsetail and goldenrod		
Effects: harmonizing, balancing, relaxing – gentle sweet fragrance		
Organza bag, 10 x 14 cm	03443-021	10 pcs.
Fleece bag, 13 x 13.5 cm	03440-221	10 pcs.
"Mental Strength" – the sunshine mixture for rainy days		
Contains: sunflower, lavender, lemon balm, rose petals, St. john's wort, peppermint, lime blossom		
Effects: mood-lifting, balancing, vitalizing, cooling – with the fresh scent of peppermint		
Organza bag, 10 x 14 cm	03443-022	10 pcs.
Fleece bag, 13 x 13.5 cm	03440-222	10 pcs.
"In Balance" – the gentle mixture for irritated skin		
Contains: ivy, arnica, woodruff, goldenrod, lady's mantle, marshmallow, marjoram, juniper, marigold		
Effects: balancing, calming, anti-inflammatory, moisturizing, protects against free radicals		
Organza bag, 10 x 14 cm	03443-023	10 pcs.
Fleece bag, 13 x 13.5 cm	03440-223	10 pcs.

Relax Emotion herb bags according to the Four Elements Theory



Fire, water, earth, air – herbs for every type

In the Four Elements Theory, human characteristics and their behaviors are assigned to the four elements of fire, water, earth and air. We have developed herbal mixtures for each type that can help restore the necessary balance. They contain the perfect blend for people who suffer from insomnia, stress, restlessness or depressive moods. The herbal mixtures are composed with loving care and they are intended to compensate for deficiencies of the different characters types. Starting on

page 82, you will find detailed information on determining the type and complementary products for holistic applications with the Permanent Contour® herb stamp massage.

What makes the mixtures special:





- individual
- appropriate to the type
- effective
- a joyful experience for every guest

Use:

- for bathing
- for body peelings
- as a shower peeling
- as a customer gift
- ideal as resale item!



Relax Emotion herb bags for any type using the Four Elements Theory

Item / effect	Item no.	PU*
 Relax Emotion Fire (choleric type), 10 x 14 cm Effects: cooling, calming, can divert the surplus of energy Organza bag, 10 x 14 cm	03444-001	10 pcs.
 Relax Emotion Water (phlegmatic type), 10 x 14 cm Effects: can bring back emotions into balance, provides energy and emotional security Organza bag, 10 x 14 cm	03444-003	10 pcs.
 Relax Emotion Earth (melancholic type), 10 x 14 cm Effects: can increase life energy and lift the mood Organza bag, 10 x 14 cm	03444-002	10 pcs.
 Relax Emotion Air (sanguine type), 10 x 14 cm Effects: can help to ground the person and create a stable emotional balance Organza bag, 10 x 14 cm	03444-004	10 pcs.

*PU = Packing unit

New detoxification treatments: support the liver with herbs and oils



Detoxification treatments focus on detoxifying the body. Many people do this regularly in the form of a fasting cure. This treatment is intended to purify and regenerate the digestive system, and it can also wash out harmful substances and use up stored nutrient

depots. The goal of a detox treatment is a firmer and more beautiful skin, shiny hair, less weight and, above all, more energy. Ingredients that have a detoxifying effect, support the success of the treatment and help the body to eliminate harmful substances. Ideal

fasting aids are, for example, hay, algae, clay, mud or Rügen healing chalk. These products have a detoxifying effect by nature.

Popular detox treatments include:

- Hay pack
- Liver Detox pack
- Face mask with Rügen healing chalk
- Firming algae bath
- Enzymatic fruit acid peeling
- Grape druff packs
- Cucurbita pumpkin seed pack
- Mud peeling in the Rasul®
- Thalasso Mare algae pack
- Body wrap with brine sheets

Exact recipes are available upon request.

Tip: Detoxifying Liver Herbal Pack

The Liver Herbal Pack in combination with the Detox Liver Oil stimulates circulation, relieves cramps, warms and reduces inflammations. Ideal for supporting liver activity.

Duration of application:
approx. 25 minutes

Ingredients needed:
Detox Liver Oil and a Liver Herbal Pack

Procedure:

- Moisten the Liver Herbal Pack and keep it warm.

- Place a bath towel across the massage table (back area).
- The guest lies down on the massage table (supine position).
- Put the preheated Liver Herbal Pack on the liver area.
- Place a preheated heat carrier on top of the Liver Herbal Pack.
- Wrap the bath towel around the upper body, rest for 25 minutes.
- Finally, distribute the oil evenly over the area of the liver (about 3 finger widths below the right costal arch), massage gently.



Treatments
can be found in
the new Kurland
**Signature
Treatment
Book!**



Detox Liver Treatment

This cure contains both effective liver products in one:
4 Liver Herbal Packs and 75 ml Liver Oil.

Suitable for: liver wrap, liver pack, bath infusion, gentle liver massage.

Contains: see Liver Herbal Pack and Detox Liver Oil

Effects: The combination of Liver Herbal Pack and Detox Liver Oil for gentle massage after the herbal pack supports detox cures. See Liver Herbal Pack and Detox Liver Oil

Quantity	Item no.
4 x Liver Herbal Pack,	
75 ml Detox Liver Oil	10410-500

Liver Herbal Pack

A Herbal Pack that supports circulation and relieves cramps with the ideal size for effective liver wraps. Ideal for supporting liver activity and detox treatments.

Suitable for: liver wrap, liver pack, bath infusion

Contains: rosemary, spruce needles, juniper berries, St. John's wort, elderflowers, woodruff, sage, lavender, yarrow.

Effects: The combination of herbs supports circulation, is highly detoxifying, warming and cramp relieving.

Dimensions	Item no.	PU*
ca. 13 x 25 cm	10410-201	10 pcs.



Detox Liver Oil

This powerful oil blend can support detox treatments.

Suitable for: gentle massages after a liver wrap, to support detox treatments, salt-oil peelings, adding to nourishing and detoxifying body wraps.

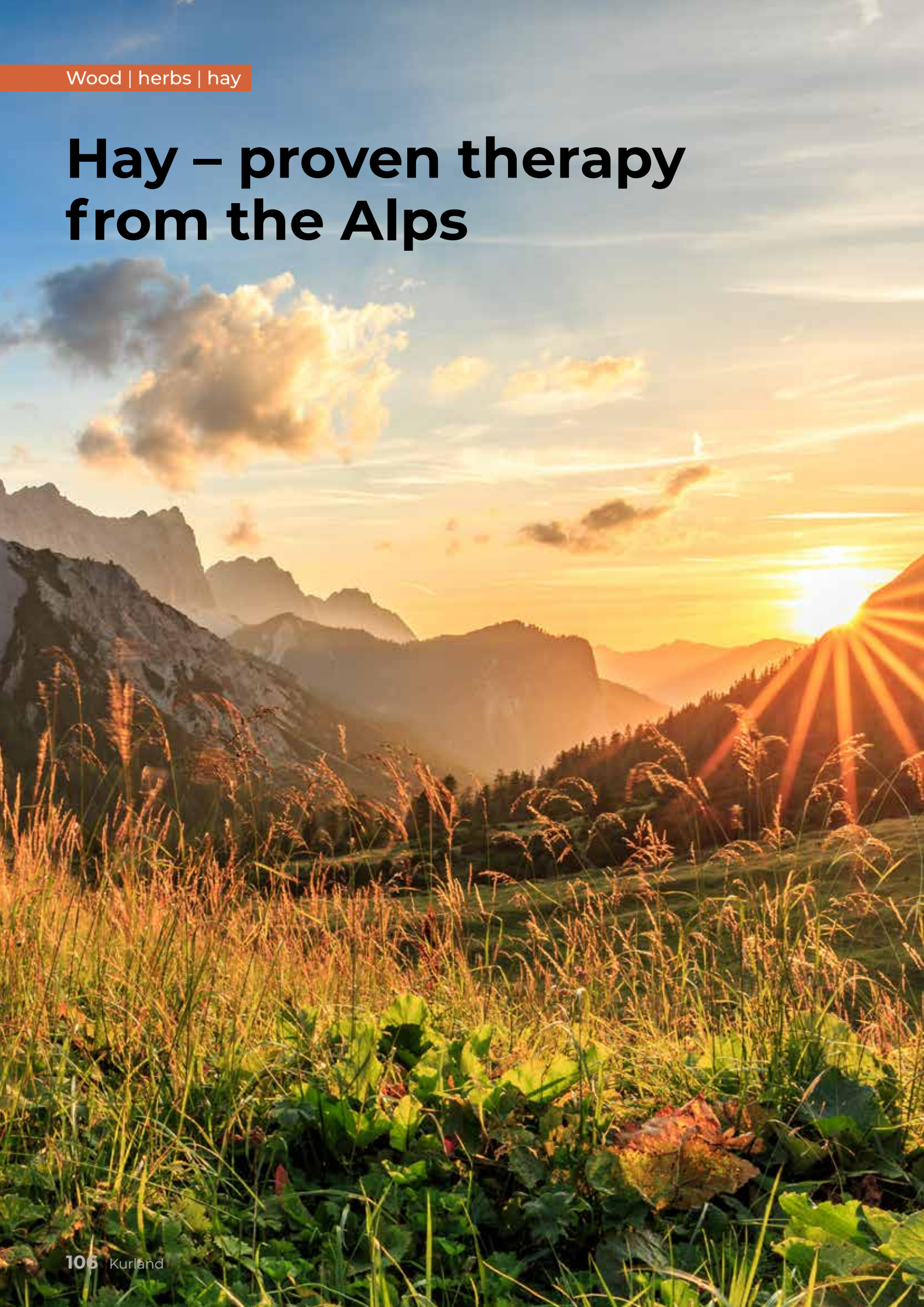
Contains: sesame oil, St. John's wort oil, essential oils ginger and rosemary.

Effects: Sesame oil is rich in antioxidants, vitamins and linoleic acid, penetrates quickly and deeply into the lower layers of the skin. St. John's wort oil has a mood-lifting effect, stimulates liver activity, anti-inflammatory, analgesic – pain relieving.

Quantity	Item no.
75 ml Bottle	01585-00075
200 ml Bottle	01585-00200
1 liter Bottle	01585-01000
3 liters Bag in box	01585-03000



Hay – proven therapy from the Alps



Kurland® hay to stimulate, detoxify and relax

Bring the wonderfully fresh fragrance of an Alpine herb meadow into your treatment rooms! With Kurland® hay products you enrich your offered products and create a real experience with added value for your guests. Strong effect, natural and traditional.

Hay is ideal as a liver wrap, to support diets or as an additional application during cosmetic treatments. But Kurland® therapeutic hay is also quite effective against rheumatic complaints!

Hay applications are:

- easy to implement
- effective
- cost-efficient
- free of side effects.

Kurland® Alpine hay can help:

- to stimulate metabolism
- against rheumatic complaints
- against tensions
- to detoxify
- to dehydrate
- against sleeping disorders
- against stress.

Natural product with tradition

Our ancestors knew exactly when the right time had come in the drying process, when a bath in the hay could help particularly well. Because during the drying process heat was generated inside the "Heumandl" used at that time. The "patient" then opened a "Heumandl" and quickly lay down in the hot hay. The pleasant temperature immediately helped to relax and relieved joint pain. The released essential oils and coumarins released acted via the skin and limbic system. Hay is therefore a well-known and trusted therapeutic agent that has been forgotten over the years. But not at Kurland®!

What can hay do?

Hay can ease rheumatic complaints and loosen tension. Placed on the abdomen, it can stimulate metabolism, relieve cramps and calm. It is also popular for detoxification in the form of a liver wrap. Hay bag applications are an important element of the Kneipp cure and relieve pain in the back, knees and hip; they also improve mobility.

Why do we use our Alpine hay?

Our wonderfully fragrant Alpine hay comes from the Salzburg area. We only harvest from unfertilized, lush meadows that have a naturally occurring, colorful variety of mountain flowers, Alpine medicinal herbs and grasses such as yarrow, camomile, sweet clover or St. John's wort. It is precisely this great variety that makes our therapeutic hay so effective.

Trust is good, but control is better!

Even during processing, our therapy hay, like all of our natural products, is subject to continuous quality controls. For the greatest possible treatment success with the power of nature.

Hay Bag, Ascend

Valuable therapeutic hay in a comfortable hay bag, Ascend – hay packs have never been easier. Just moisten and cover with a heat carrier and the hay will develop its full effect.



Hay for therapy, spa and wellness from the Soft-Pack® system to the massage table

Treatments can be found in the new Kurland **Signature Treatment Book!**



Hay treatments are particularly popular in the field of wellness as they are easily implemented, effective, inexpensive and free of side effects.

Potential hay applications

- Soft-Pack® system
- Kraxenofen®
- detoxifying body wraps
- during cosmetic treatments (stimulates metabolism)
- hay baths and as hay infusions.

Therapy hay in the Soft-Pack® system

For a full-body hay bath in the Soft-Pack® system, place a film underneath. Then fill with the required amount of the prepared (moistened) therapy hay and cover the hay with a fleece soaked in a hay infusion. Cover the guest with the fleece and allow to absorb for 25 minutes. For more information to the Soft-Pack® system go to page 90.

Hay on the massage table

Place the moistened single-use Hay Bag Ascend on the skin, cover it with a warmed heat carrier – and the hay can start to work.

Hay preparation

Therapy hay must always be moist to release the powerful coumarins. The “plastic bag for preparing hay” is suitable for this purpose (see picture on the right). It is waterproof, tear-resistant and reusable. Put the hay bath or therapy hay in the preparation bag and spray warm water onto the hay with the hand-held shower. Close the bag and shake it gently so that the hay is well moistened.



Plastic bag for preparing hay

Therapy hay must always be moist to release the powerful coumarins. The “plastic bag for hay preparation” is suitable for this purpose. It is waterproof, tear-resistant and reusable.

Application: put the hay bath or therapy hay in the preparation bag and spray warm water onto the hay with the hand-held shower. Close the bag and shake it gently so that the hay is well moistened.

Dimensions	Item no.
95 x 51 cm	25021-002

Hay in the Kurland® Kraxenofen – steam bath with the fragrance of the Alps

Symbolbild



Therapeutic hay, long

Suitable for: Soft-Pack® system, to fill the Kraxenofen® or on the massage table.

Contains: unpacked, untreated therapeutic hay.

Effects: relaxing, detoxifying, relieves pain.

Application: For a full-body hay bath in the Soft-Pack® system put a film underneath. Then fill with the required amount of the prepared (moistened) therapeutic hay and cover the hay with a fleece soaked in a hay infusion.

Quantity	Item no.
10 kg in a box	10420-10000

Kraxenofen® Hay Filling

Fleece filled with therapeutic hay for the Kraxenofen® (wooden insert on the back).

Contains: untreated therapeutic hay sewn into a fleece

Application: insert dry into the hayrack.

Dimensions	Item no.	PU*
60 x 130 cm	10402-220	5 pcs.

Kraxenofen® hay bag as seat pad

Soft seat pad with a film and a fleece side.

Contains: chopped, untreated therapeutic hay.

Application: To reinforce the effect of the Kraxenofen® application, use the prepared hay bag as seat pad; place it with the film side downwards and the fleece side towards the body on the seating area of the Kraxenofen®.

Dimensions	Item no.	PU*
49 x 32 cm	10402-201	30 pcs.



Kraxenofen® – an original by Kurland®

The term Kraxenofen® is derived from the baskets that used to be worn on the back, which were called "Kraxen".

In our modern wellness therapy we have integrated the therapeutic effect of our Alpine hay into a special steam bath, in which the back rests are filled with hay, just like using a Kraxe. Steam is passed through the fragrant Alpine hay and this releases coumarins and essential oils.

The Kraxenofen® is considered to be the mildest form of heat therapy and therefore it is very gentle to the circulation.

This fragrant hay application is a very special experience for the guest.





Hay bag – small, medium, large and for neck and shoulders

Valuable therapeutic hay, wrapped in a soft fleece bag, which enables the active agents to escape in an optimum way during application.

Contains: chopped, untreated therapeutic hay.

Effects: relaxing, draining, analgesic, stimulates the metabolism.

Application: The hay bag is steamed and placed on the part of the body to be treated. The active agents of the hay unfold and are absorbed through the skin.

Item / Dimensions	Item no.	PU*
Hay bag small		
30 x 33 cm	10401-201	50 pcs.
		from 300 pcs.
		from 750 pcs.
		from 1,500 pcs.
Hay bag medium		
40 x 33 cm	10401-202	40 pcs.
		from 320 pcs.
		from 760 pcs.
		from 1,520 pcs.
Hay bag large		
50 x 33 cm	10401-203	30 pcs.
		from 300 pcs.
		from 750 pcs.
		from 1,500 pcs.
Hay bag for neck / shoulder		
75 x 33 cm	10401-204	25 pcs.
		from 300 pcs.
		from 750 pcs.
		from 1,500 pcs.

Helpful when fasting: Hay as a liver wrap

While fasting, supporting the liver is particularly important as the liver has to remove the toxins released from the body. A warm, moist hay wrap with a single-use hay pack (between 12 and 2 p.m.) helps the liver and speeds up the detoxification process.

Effects: detoxifying, stimulates the metabolism, supports blood circulation.

We deliver hay bag steamers upon request.



Alpine Hay Bath

Suitable for: easy-to-use hay bath, base in the Soft-Pack®system or on a massage table.

Contains: untreated therapeutic hay sewed into a fleece bag.

Effects: relaxing, detoxifying, draining, analgesic.

Application: place the prepared (moistened) hay bath as a base in the Soft-Pack®system or on a massage table. The hay stays in place and cannot be scattered, the active agents penetrate the fleece to be absorbed by the body.

Dimensions	Item no.	PU*
60 x 80 cm	10401-261	10 pcs.

Hay Bag, Ascend

Hay bag with a film and a fleece side.

Contains: chopped, untreated therapeutic hay.

Effects: relaxing, detoxifying, draining, analgesic, stimulates the metabolism.

Application: moisten the hay bag and place it with the fleece side on the part of the body to be treated. Then cover the Hay Bag Ascend with a warmed heat carrier in the appropriate size. Slowly rising, pleasant heat develops so that the hay's active agents are released and absorbed through the skin.

Dimensions	Item no.	PU*
27 x 35 cm	10400-201	50 pcs.
		from 1,000 pcs.
		from 2,000 pcs.

Ascend – gentle increase in heat

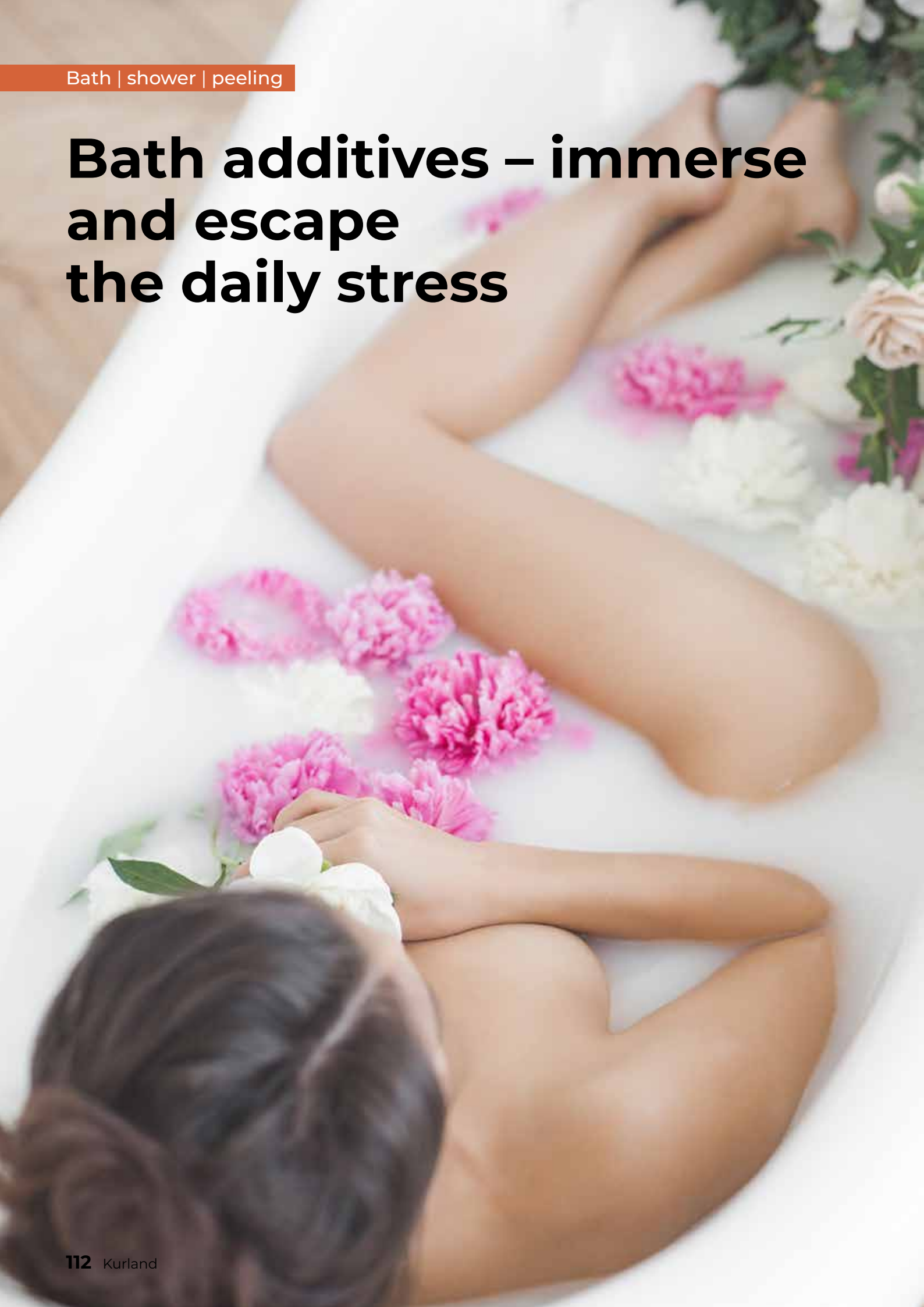
The temperature of the pack increases slowly and the skin can get used to the temperature. This is why the Ascend applications are so well-tolerated. You can find the appropriate heat carrier for the "Hay Bag Ascend" on page 153.



Our wonderful fragrant Alpine hay comes from the Salzburg region and it has a wide variety of purely natural, colorful mountain flowers, healing Alpine herbs and grasses such as yarrow, camomile, sweet clover or St. John's wort. It is precisely this variety that makes our therapeutic hay so effective.

We harvest only from unfertilized, lush meadows with a healthy and natural diversity of fauna and flora.

Bath additives – immerse and escape the daily stress



Bathing pleasure with added value

Taking the time for a bath in stressful daily life is often a luxury. There is nothing better than leaving all stress behind and diving deep into “the refreshing water”.

Sensual fragrances, pampering oils and nourishing goat milk provide a bathing experience your guests will never forget.

Hardly any other pleasure appeals to so many senses at the same time as a bath in the tub. Whether through sensual fragrances, silky-soft foam or highest quality ingredients – our bath additives offer you many possibilities to inspire and pamper your guests.

Well-being program

We have developed a wide range of wonderful additives for a bathing pleasure with added value. During a therapy, as part of a physiotherapeutic treatment or as a feel-good treatment in a wellness hotel – a warm tub bath is always a special treat for the guest.

Relaxing and healthy

The combination of heat and essential oils brings relief to muscles and joints, has a positive effect on the vegetative and limbic nervous system and stimulates the metabolism and the immune system.

Advantages of our foam oil shower baths:

- ideal addition to the spa program
- also available in hotel room size
- economical to use
- cost-efficient
- effective

Fragrant bathing experience

The valuable ingredients of the foam oil shower baths Swiss pine, lavender and lemon balm give your guests exactly what they need: Energy when they feel tired. Peace when everything is too much. Or relaxation after a stressful day.

Sea salt and oil for a soft skin

Our salt oil baths not only provide a wonderful fragrance experience, they also make the skin soft and silky. In combination with valuable sea salt, they are also ideally suited for peelings. Whether with lavender, salt and oil bath Classic or rose for a sensually scented bath – the choice is yours.

As an element of your “Spa menu”

Relaxing baths in a tub as part of your treatments or high-quality foam oil shower baths as a gift for your guests – in any case, our bath additives are a valuable asset for your spa or hotel. Discover the manifold usage options on the next pages.

Goat Butter Bath Milk

Gently cleanses, relaxes and provides for silky, elastic skin. Recommended by dermatologists. Contains goat butter, calcium, magnesium, vitamins A, E and nourishing lipids from mango and avocado.



Did you know?

A warm bath is also good in the summer. In contrast to a cold shower, the feeling of freshness lasts longer after a lukewarm bath. The pores open and the accumulated heat can escape more easily. A real treat!

We will be happy to provide you advise!

Order by phone: +49 (0) 8654/4887-22

Pampering baths for your guests – a luxury that has become rare



Recipe: Swiss pine oil bath with goat butter

Preparation: Mix 125 ml Goat Butter Bath Milk, 20 ml Oil Blend Swiss Pine and 5 drops Essential Oil Swiss Pine with a whisk in 1 l of warm water and keep it warm.

Filling the bathtub: Fill the tub with well-tempered, warm water and at the same time pour in the prepared mixture with the water jet.

Additional treatments:

Before: Steam bath, peeling, Rasul®

After: Massage, rest, Sabbia Med® or Brine-Light-Room



Baths are the perfect complement for you spa treatments. Many guests appreciate the luxury of a bath in a bathtub, as up-to-date homes hardly ever include bath tubs, but almost only showers. Thus, bathing treatments are a small luxury with little effort. The warm bath opens the pores and the skin can absorb care substances far easier. Start your program with a warm bath, followed by a cream peeling and a feel-good massage with our nourishing oils. In this way, a complete treatment plan can be created with low material costs.

Possible Applications:

- bath before massages
- before skin care treatments
- to stimulate metabolism
- for relaxation
- after exercising

Foam oil shower bath– bathing pleasure with lemon balm, lavender and Swiss pine

The three new foam oil shower baths pamper the skin, have natural fragrances and they are colored with eco-dyes – for a relaxing bath or shower experience. Perfect as an amenity for the hotel room.

Your benefits:

- cost-efficient
- high-yielding (only 25 ml / bath)
- round off every treatment package
- available in hotel room size
- economical to use

- highly effective ingredients
- natural fragrance
- for bathing or showering
- no alcohol
- well-tolerated by the skin
- does not dry out the skin



balance. Lemon balm

Let go and slow down.

Suitable for: nervous complaints, fatigue and anxiety. Best used shortly before bedtime – for relaxing nights with beautiful dreams.

Contains: essential lemon balm oil.

Effects: relaxing, supports sleep.

Not suitable for whirlpools.

Quantity	Item no.	Last chance!
50 ml PET bottle	11710-00050	
250 ml PET bottle	11710-00250	
1 liter PET bottle	11710-01000	
5 liters Canister	11710-05000	



relax. Lavender

Lavender is the perfect addition to a balancing and soothing, relaxing bath.

Suitable for: anxiety, imbalance, sleep problems.

Contains: essential lavender oil.

Effects: calming, balancing, mood-lifting, relaxing.

Not suitable for whirlpools.

Quantity	Item no.	Last chance!
50 ml PET bottle	11712-00050	
250 ml PET bottle	11712-00250	
1 liter PET bottle	11712-01000	
5 liters Canister	11712-05000	



vitality. Swiss pine

vitality with natural pine essential oil allows deep relaxation, strengthens body and mind and supports the blood circulation.

Suitable for: concentration problems, mental exhaustion and insomnia

Contains: essential Swiss pine oil

Effects: relaxing, enhances concentration, supports sleep-inducing

Not suitable for whirlpools.

Quantity	Item no.	Last chance!
50 ml PET bottle	11711-00050	
250 ml PET bottle	11711-00250	
1 liter PET- bottle	11711-01000	
5 liters Canister	11711-05000	



Foam oil shower test set

To try out or as a nice gift – with the Foam Oil Shower Bath Test Set you have six times a relaxing bath with fun: 50 ml each (sufficient for two foam baths) lemon balm, lavender and Swiss pine in our beautiful Kurland® gift box with golden print.

Quantity	Item no.
3 x 50 ml PET bottle	11002-550

Last chance!!
Only while stocks last.

Kurland® salt oil baths – shower and peeling in three irresistible varieties

Top
retail
product!



Salt and Oil Bath with Lavender Blossoms

Added to bath water, the lavender blossoms unfold their relaxing and calming effect.

Suitable for: bath additive or peeling.

Contains: sea salt, grinded lavender flowers, jojoba oil.

Effects: soothing, exfoliating, nourishing.

Not suitable for whirlpools.

Quantity	Item no.
260 g Glass jar	10744-202



Salt and Oil Bath Classic

Sea salt peeling with a flowery scent; contains valuable skin-nourishing oils.

Suitable for: bath additive or peeling

Contains: sea salt, jojoba oil, castor oil.

Effects: soothing, exfoliating, nourishing.

Not suitable for whirlpools.

Quantity	Item no.
280 g Glass jar	10740-00280
1 kg	10740-01000
incl. 100 ml oil bath	
5 kg* Bucket	10740-05000
*4.5 kg sea salt + 500 ml base oil blend	
+ 10 ml essential oil blend winter	



Salt and Oil Bath with Rose Petals

The combination of sea salt, nourishing oils and grinded rose petals unfolds its sensual fragrance when added to the bath water.

Suitable for: bath additive or peeling.

Contains: sea salt, grinded rose petals, jojoba oil, castor oil.

Effects: harmonizing, cheering, peeling, nourishing

Not suitable for whirlpools.

Quantity	Item no.
260 g Glass jar	10744-203



Goat Butter Bath Milk

Gently cleanses, relaxes and provides a silky, elastic skin.

Recommended by dermatologists.

Suitable for: dry, irritated, stressed problem skin; sensitive children's skin

Contains: goat butter, calcium, magnesium, vitamins A, E and nourishing lipids from mango and avocado.

Effects: mineralizing, nourishing, provides vitamins and moistures, soothing, supports the skin's own healing process.

Only approx. 100 ml / full bath. Not suitable as bath essence for whirlpools.

Quantity	Item no.
250 ml Bottle	04270-00250
1 liter Bottle	04270-01000
5 liters Canister	04270-05000



Classic – Bath Oil

Suitable for: flowery oil blend for baths, massages, as additive for creams or pure for skin care.

Contains: almond, macadamia nut and calendula oil – Rose, ylang ylang, lemongrass

Effects: nourishing, vitalizing. Also ideal for aromatherapy oil massages.

Quantity	Item no.
200 ml Bottle	01150-00200
1 liter Bottle	01150-01000
3 liters Bag in box	01150-03000
5 liters Canister	01150-05000
10 liters Canister	01150-10000



Beer Bath – the pleasure of beer without hangover

The beer bath was invented in the Middle Ages. Even at that time, the monks appreciated the health-promoting and skin-caring properties of hops and malt. Today, it is very popular again – the name alone makes men's hearts beat faster. And, of course, women enjoy it as much!

Effects:

- nourishes the skin
- improves the complexion of the skin
- mood-lifting
- tightens the tissue
- activates cells
- relaxing

Beer Bath

The set includes: 4 fleece bags, 100 ml Classic Bath Oil, 1 jute bag – for bathing or peeling in the shower. The jute bag can be reused, just wash it out with cold water.

Contains: malt, almond oil, urea pura, macadamia nut oil and marigold extract.

Effects: stimulates the metabolism, relaxing, nourishing, mood-lifting, cell-activating.

Quantity	Item no.
1 set for 4 applications	11000-261

To re-order:

5 fleece bags (=1 PU)	11280-201
1 jute bag	11500-021



Treatments can be found in the new Kurland Signature Treatment Book!

Skin-refining peelings for face and body



Renew and rejuvenate

The skin renews itself on a regular basis. Peeling applications are a support for this. A massage with fine peeling particles stimulates the blood circulation, removes dead skin cells and thus supports a radiant, rosy complexion. You will find the right peeling for every skin type. The result: soft, clean skin and enthusiastic guests.

By gently removing dead skin cells, peelings stimulate cell renewal and thus refine the skin's complexion. Kurland® peelings only contain natural peeling particles for a particularly gentle application with a great effect. Combined with our valuable oils and dried blossoms, they provide lasting care, vitamins and minerals. For a soft, radiant and pure skin.

What a peeling achieves:

- stimulates blood circulation
- stimulates cell renewal
- removes excess skin scales and sebum
- deep pore cleansing
- Prevents impurities
- provides soft, radiant skin
- ideal preparation for the skin to absorb other nourishing products

Different peelings

We offer different types of peelings: starting with a gentle, mechanical peeling with fruit acid to herbs and salt peelings. Mechanical peelings act on the surface due to abrasive grains like rice wax, sugar, salt or poppy seeds. By massaging in the peeling, the skin scales are removed and the blood circulation is stimulated.

Soft skin using fruit acid peeling

The fruit acid peeling has a somewhat deeper effect, it softens the skin and stimulates cell division. This enables a new skin layer to be formed which is softer and the pores are finer.

Individual peeling recipes

You can choose the appropriate peeling which is in-line with your spa program or prepare your own peeling from our "Cream Peel Mix" with herbs, sea salt and oils that suit you perfectly. We will be happy to supply you with tailor-made recipes. Just call us!

Peeling applications in your spa

As a peeling is the optimum preparation for the skin to absorb other care products, hence it is the perfect starting point for a beauty program. Whether on the massage table, a wet massage table, a steam bath or the Kurland® Rasul® (see page 159), whether for face or body – our peelings complete your treatment repertoire.

Salt Herb Peel Orange Blossoms

A fresh, gentle sea salt peeling with the fruity, flowery scent of orange blossoms. For treatments in the Rasul® or steam bath, for foot peelings in the shower. Harmonizing, stimulating and skin refining.



Tip: Peeling with rice wax particles protects the environment

Instead of harmful microplastics, we use natural peeling particles such as rice wax for our peelings. These wax particles not only protect our environment, as they do not pollute rivers, lakes or oceans, they also lack of sharp edges. Therefore, they do not irritate the skin's surface. A natural peeling for a smooth, soft skin. Gentle on the skin and gentle to nature.



Salt herb peelings – pre-mixed with powerful herbs and blossoms

Treatments can be found in the new Kurland **Signature Treatment Book!**



Your advantages:

- easy to use
- Low material use
- easy to calculate application costs
- effective ingredients
- always new fragrances

We will be happy to provide you advise!

Order by phone:

+49 (0) 8654/4887-22

Application Tip:

For a brine bath, take about 3 heaping tablespoons of Salt Herb Peel. Thanks to osmosis, toxins from the body are released into the bath water, while minerals from the brine are absorbed by the skin. This supports the deacidification for a balanced pH value of the skin. It can support healing of psoriasis, neurodermatitis and acne.

Your advantages of the Kurland® Salt Herb Peels:

- easy to use
- natural ingredients
- valuable minerals
- important trace elements
- manifold applications

What sea salt achieves:

- supplies the skin with valuable minerals
- helps to balance the pH value
- stimulates blood circulation
- calms skin irritations
- carefully removes dead skin particles
- binds moisture in the skin
- has an anti-inflammatory and anti-allergenic effect



Salt Herb Peeling Lavender

A gentle sea salt scrub, delicately scented with lavender.

Suitable for: rasul, steam bath, massage table, wet massage table, foot peeling or peeling in the shower.

Contains: Sea salt fine grain and ground lavender flowers.

Effects: balancing, calming, anti-inflammatory, skin refining

Recipe: for a full body application you need 70 g salt herb peeling

Recommendation: add 1 tbsp. Oil Blend Provence to the salt herb peeling

Quantity	Item no.
1 kg	13000-01000

Salt Herb Peeling Mallow

A gentle sea salt peeling with the effects of mallow, but without the strong coloring ingredients of the mallow blossom.

Suitable for: rasul, steam bath, massage table, wet massage table, foot peeling or peeling in the shower.

Contains: Fine grain sea salt and ground mallow leaves.

Effects: skin protecting, moisturizing, calming, anti-inflammatory, skin refining.

Recipe: for a full body application you need 70 g salt herb peeling

Recommendation: add 1 tbsp. oil mixture Green Tea to the salt herb peeling

Quantity	Item no.
1 kg	13001-01000



Salt herb peeling lemon balm

A gentle sea salt peeling with a delicate lemon balm scent.

Suitable for: rasul, steam bath, massage table, wet massage table, foot peeling or peeling in the shower.

Contains: fine grain sea salt and ground lemon balm leaves.

Effects: calming, relaxing, harmonizing, strengthening, skin refining.

Recipe: for a full body application you need 70 g salt-herb-peeling.

Recommendation: add 1 tbsp. of Oil Blend Green Tea to the salt herb peeling.

Quantity	Item no.
1 kg	13002-01000



Salt herb peeling orange blossoms

A fresh, gentle sea salt peeling with the fruity, flowery scent of orange blossoms.

Suitable for: rasul, steam bath, massage table, wet massage table, foot peeling or peeling in the shower.

Contains: fine grain sea salt and ground orange blossom.

Effects: harmonizing, stimulating, skin refining.

Recipe: for a full body application you need 70 g salt herb peeling

Recommendation: add 1 tbsp. Oil Blend Permanent Contour® orange to the salt herb peeling

Quantity	Item no.
1 kg	13003-01000



Salt herb peeling rose

A gentle sea salt scrub with a lovely rose scent.

Suitable for: rasul, steam bath, massage table, wet massage table, foot peeling or peeling in the shower.

Contains: Fine grain sea salt and ground rose petals.

Effects: harmonizing, balancing, mood-lifting, skin-refining.

Recipe: for a full body application you need 70 g salt herb peeling

Recommendation: add 1 tbsp. of Oil Blend Red Roses to the salt herb peeling.

Quantity	Item no.
1 kg	13004-01000



Salt herb peeling lemon

A gentle sea salt scrub with a slightly fruity citrus scent.

Suitable for: rasul, steam bath, massage table, wet massage table, foot peeling.

Contains: fine grain sea salt and lemon fruit powder.

Effects: invigorating, deodorant, stimulating, enhances concentration, refreshing, antiseptic, skin refining.

Recipe: for a full body application you need 70 g salt herb peeling

Recommendation: add 1 tbsp. Oil Blend Lemon Ginger to the salt herb peeling.

Quantity	Item no.
1 kg	13005-01000



Styrian peeling – recipe for nourishing peeling with pumpkin



Pumpkin is particularly rich in vitamins, minerals and antioxidants that activate the skin's cell protection. This is why pumpkin is perfectly suited for skin care and effective peeling. The combination of oil replenishing cucurbita body wrap, anti-inflammatory healing chalk and intensively nourishing cucurbita oil forms a gentle but effective peeling that is guaranteed to delight your guests. Truly Styrian peeling!



Cucurbita Oleum

This oil blend protects against dehydration, skin aging and reduces wrinkles.

Suitable for: skin care, massages, as an additive for peelings.

Contains: pumpkin seed oil, vitamins A, E and carotenoids.

Effects: protective, smoothing.

Tip: You need four tbsps. of cucurbita oleum for a whole body massage.

Quantity	Item no.
1 liter Bottle	01200-01000



Cucurbita Body Wrap

A Styrian detox and care pack.

Suitable for: Soft-Pack® system or massage table.

Effects: strong draining effect, exfoliating and at the same time very good replenishing of oil.

Application: mix with warm water to a creamy consistency, apply to damp skin and allow absorption.

Quantity	Item no.
3.5 kg Bucket	03200-03500

Recipe: Cucurbita peeling

Mix 5 tbsps. of Cucurbita body wrap, 5 tbsps. of Rügen healing chalk and 1 tbsp. of Cucurbita oleum with warm water to a creamy consistency. Evenly distribute the peeling over the moistened body and exfoliate with circular movements.

Fruit acid treatments with vitamins, minerals and trace elements



Grape Draff White

Suitable for: body peelings

Contains: phenols and tannins

Application: mix with water to a creamy consistency and apply it to the moist skin. Allow to absorb and gently peel.

Effects: The high fruit acid content refines, smoothens and firms the skin. The easily noticeable body peeling gently removes dead skin cells.

Quantity	Item no.
750 g Jar	03880-00752
6 kg Bucket	03880-06002



Grape Draff Red

Suitable for: body peelings

Contains: phenols and tannins

Application: mix with water to a creamy consistency and apply it to the moist skin. Allow it to absorb and gently peel.

Removes dead skin cells and ensures soft, nourished and rosy skin.

Effects: stimulates blood circulation, gently exfoliating.

Quantity	Item no.
750 g Jar	03880-00753
6 kg Bucket	03880-06003

Recipe:

Grape draff peeling (red or white) in the Soft-Pack® system

Mix 80 g Bolus Alba enzymatic earth (page 156) 40 g grape draff red or white, 1 tbsp. grapeseed oil, 4 drops of perfume oil Champagne and cold water to a smooth, creamy paste and keep warm until the treatment.



Base Fruit Powder

Suitable for: peeling for face and body.

Contains: finest stone flour, mixed with bromelain and urea pura.

Application: Mix with water to a creamy mixture – use as a fruit acid peel or mix with creams as a body and face pack.

Effects: especially moisturizing and detoxifying

Quantity	Item no.
250 g Jar / 2 applications	11800-001
3.6 kg Bucket / 30 applications	11800-002



Wake up! Stimulating body peeling with coffee

Body Peeling with Coffee

Stimulating body peeling with coffee scent.

Suitable for: body peelings.

Contains: ground coffee beans, rice wax peeling particles.

Application: Mix with water to a creamy consistency and apply it to the moist skin, allow it to take effect, exfoliate gently.

Effects: invigorating, stimulates blood circulation, tones the skin.

Quantity	Item no.
1 kg Jar	11807-01000



Creme Peel Mix – Die vielseitigste Peelingbasis!



Cream Peel Mix

Probably the most versatile peeling base! (Recipe see page 42, for further information got to page 160)

Suitable for: face and body.

Contains: powder cream peeling with measuring cup.

Effects: removes old cell particles, stimulates blood circulation, smoothes the skin, stimulates the formation of new cells.

Quantity	Item no.
1,250 g Box	11804-01250

Passion for chocolate or the scent of roses! Alkaline body peelings as a sensual experience

Does not settle on the hips!

Our body peeling with cocoa smells seductively of chocolate and immediately releases endorphins. It smoothes and refreshes the skin and it lifts the mood. And all this without any calories!

Alkaline peeling

The acid-alkaline balance is very important for the skin's metabolism. Our alkaline body peelings help to restore balance. Round off your skin care with our alkaline Comfort Spa Pomegranate (see page 35).

Application:

Mix with warm water to a creamy consistency and apply to moist skin. Let it take effect, then peel gently. It changes color when stirred.



Body Peeling with Cocoa

Alkaline body peeling that smells like chocolate (pH value 7.2-7.5).

Suitable for: body peelings.

Contains: real cacao, rice wax peeling particles.

Effects: gentle peeling, mood-lifting, harmonizing.

Quantity	Item no.
1 kg Jar	11806-01000



Body Peeling with Rose

Alkaline rice wax peeling (pH value 7.2-7.5) with natural rose petals.

Suitable for: body peelings.

Contains: ground rose petals, rice wax peeling particles

Effects: gentle peeling, skin refining, harmonizing, balancing and relaxing.

Quantity	Item no.
1 kg Jar	11805-01000

For tired legs: clay and horse chestnut



Energizer for tired legs

Simply mix with water and apply to the legs, allow to take effect for 20 minutes, shower off, done.

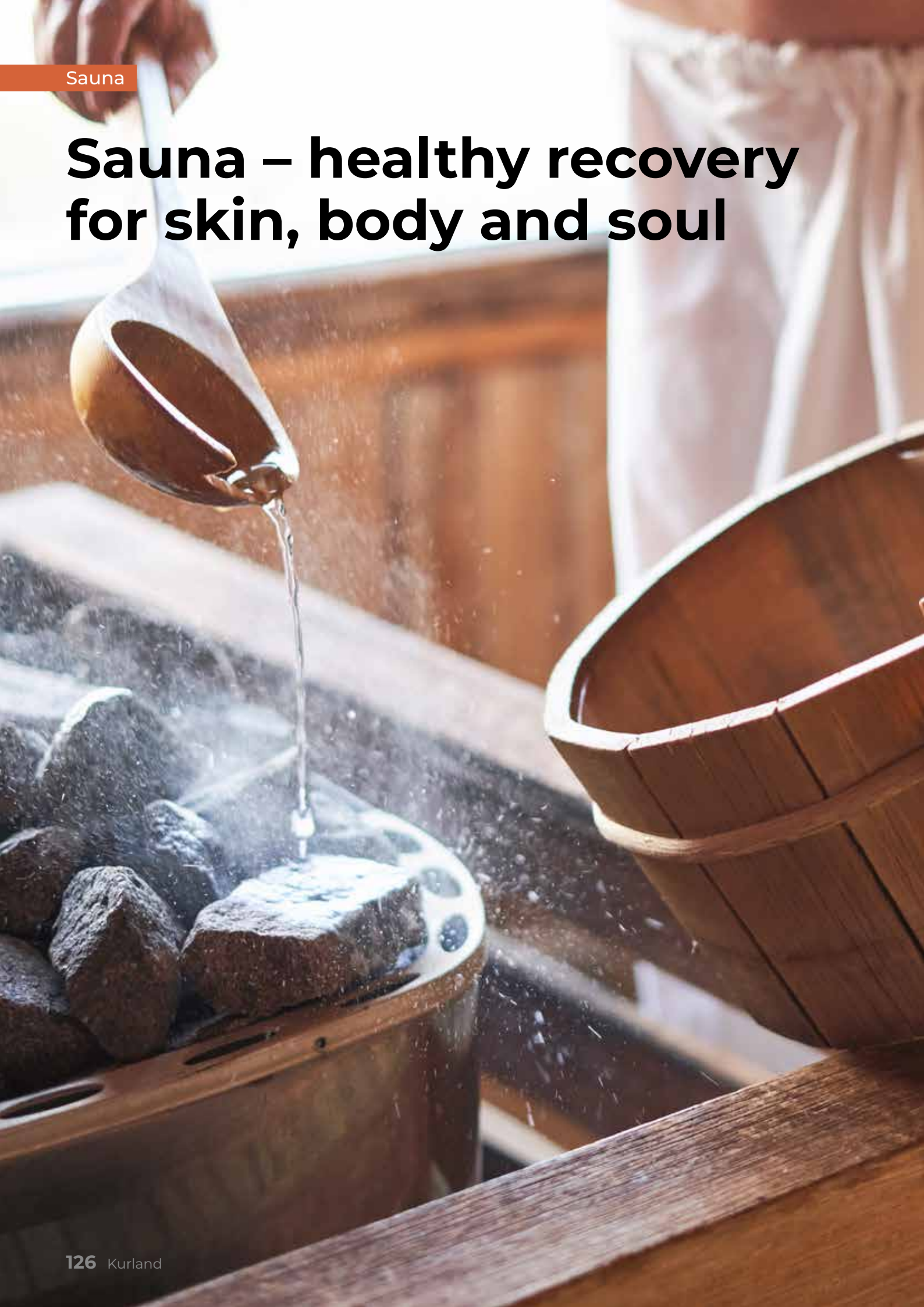
Suitable for: wrap and peeling for tired, swollen and painful legs

Contains: ground horse chestnut, clay powder.

Effects: astringent, antibacterial, anti-inflammatory, relieves pain.

Quantity	Item no.
200 g Jar	11808-00200
1 kg Jar	11808-01000

Sauna – healthy recovery for skin, body and soul



Relaxes & strengthens the immune system

Surrounded by warm steam and a pleasant scents such as Swiss pine or mountain meadow, the body relaxes and also strengthens its own immune system. Besides the Finns, many people are convinced that sitting in overheated rooms is beneficial for their body and health, and this for more than 2,000 years.

In Finland, nearly every home has its own sauna – and this with a good reason. The popular sauna is perfect for body, mind and soul. It has a very relaxing effect and at the same time stimulates the immune system. For your guests, this means to go to a sauna before the cold season starts and strengthen your body's immune system!

Effects of a sauna:

- relaxing
- stimulates blood circulation
- stimulates circulation and metabolism
- strengthens the immune system
- detoxifies
- purifies.

Why sweating is so healthy

Transpiration causes the body to release metabolic end products and to remove them with the sweat. In addition, sweating stimulates the metabolism and strengthens the body's immune system.

Firmer skin through sauna

As the skin's metabolism works twice as fast in the heat, the skin is supplied with more blood and plenty of oxygen and nutrients. The result is a rosy and firm skin all over the body. The heat also opens the pores so that care products such as oils or creams can be absorbed particularly well after a stay in the sauna.

Refreshing fragrance compositions

The beneficial effects of the sauna can be strengthened by sauna infusions with appropriate fragrances. Therefore we have developed sauna fragrances with different effects. Surprise your guests with a woody and relaxing Swiss pine fragrance or with the fragrance "Mountain Meadow", which reminds of lush, green meadows. The fragrance "Cool & Fresh" provides a special freshness kick. Decide for yourself on the perfect fragrance composition for your sauna.

Sauna Essence Swiss Pine

The spicy, woody fragrance of Swiss pine is not only particularly pleasant, but also healing: Swiss pine oil calms, lowers the heart-beat rate and has an anti-bacterial effect. Highest well-being factor! It prevents among other things the spreading of fungi and bacteria.



Customized saunas for your spa



Stonebath® at Das Aunhamer, Bad Griesbach in the Rottal



Rustic Stonebath® at the Ye Olde Bell Spa, Retford, Nottinghamshire, England



The bread bath not only provides relaxation, but it also bakes delicious bread.

In cooperation with you we design a customized sauna for your spa area. From a finnish sauna, the Stonebath® to the Vital Steam Bath, from rustic to stylish, from fir to hemlock – there are no limits set for your wishes. Together with you we create the perfect wellness oasis, including extraordinary sauna experiences.

Stonebath®

The guests relax at a room temperature of 50°C to 70°C, while solid, mineral-bearing stones are heated in a stove. The heated stones come out of the

stove in regular intervals and are chilled in a bucket of cold water. During this spectacular process, the rock releases its active agents with a hiss, which are distributed throughout the room in the form of aerosols and produce an inhalation effect. The lifting and lowering process of the stones is repeated several times during the stay in the Stonebath® – this causes the humidity and room temperature to rise gently but continuously.

Bread bath

It is wonderful to relax with pleasant temperatures of 30°C to 45°C, the unique fragrance of freshly baked bread and mild, dry heat. In the middle of the bread bath there is an oven from which the pleasant smell of bread spreads, while the guests can relax in comfortable, heated seats and their health benefits from the wonderful scent. Why? The sourdough enzymes in the room air have a special effect on the body. It stimulates metabolism and supports digestion.

Sauna essences in three powerful fragrances



Strengthen the stimulating and health-promoting effect of the sauna by using sauna infusions with the corresponding Kurland® sauna essences. To make your sauna experience perfect, we have developed sauna fragrances that combine particularly well with steam and do not burn even at high heat on hot stones. All essences are made from high quality ingredients. You only need to mix approx. 10 ml in 3-5 litres of infusion water and you can already enjoy an extraordinary fragrance experience in the sauna. Now with improved formula and slightly milky appearance!

Cool & Fresh Sauna Essence

Our sauna essence "Cool & Fresh" has a particularly refreshing and pleasantly cooling effect due to the camphor. Ideal for colds, rheumatism or bronchitis.

Contains: camphor.

Effects: refreshing, cooling, invigorating, anti-inflammatory, stimulates blood circulation.

Quantity	Item no.
1 liter PET bottle	11902-01000
5 liters Canister	11902-05000

Swiss Pine Sauna Essence

The spicy, woody scent of Swiss pine is not only particularly pleasant, but also healing: the Swiss pine oil calms, lowers the heartbeat rate and has an antibacterial effect. Highest well-being factor! Among other things, it prevents the growth of fungi and bacteria.

Contains: Swiss pine oil.

Effects: calming, relaxing, enhances concentration, supports sleep, antibacterial.

Quantity	Item no.
1 liter PET bottle	11900-01000
5 liters Canister	11900-05000

Alpine Herbs Sauna Essence

The Alpine Herbs sauna essence reminds of the familiar smell of local grasses, flowers and herbs. In your mind you immediately walk across a lush green meadow, listen to the soft chirping of crickets and the gentle murmur of a brook. Relaxation guaranteed!

Contains: Herbal fragrance blend.

Effects: relaxing, calming.

Quantity	Item no.
1 liter PET bottle	11901-01000
5 liters Canister	11901-05000



A woman with dark hair is lying on her back on a sandy beach. She is wearing a black one-piece swimsuit. Her eyes are closed, and she has a peaceful expression. On her back, there is a large pile of wet, brown seaweed. The background shows the ocean with gentle waves. The overall mood is serene and natural.

Salt | brine | algae

Salt on our skin – the valuable essence of the sea

Sea salt and brine – from the sea to your spa

A holiday or spa trip on the sea is often recommended for persons suffering from psoriasis, neurodermatitis and acne. But if no beach holiday is in sight and the sea is too far away, we deliver the sea salt and brine directly to you for your treatments. Pamper your guests with natural healing power from the sea.

Regardless of your geographical location, the weather or sunshine, with our salt and brine products you can offer your guests the sea in the bathtub or pamper them with a natural salt peeling.

Your benefits using Kurland® sea salt products:

- easy to use
- natural ingredients
- valuable minerals
- important trace elements
- manifold applications

Salt baths for dry skin

During a salt bath, the sea salt is deposited in the outer horny layer of the skin to bind moisture. The skin's natural protective layer is thus preserved and the skin does not dry out. Therefore, salt baths are particularly recommended for dry skin.

Natural detoxification

Salt baths also have a detoxifying effect. "Osmosis" is the magic word. Toxins from the body are released into the bath water, while minerals from the brine are absorbed through the skin. A brine bath supports the deacidification of our body and leads to a balanced and natural pH value of the skin. It can support healing of psoriasis, neurodermatitis and acne.

Sea salt – intensifying peelings made simple

All our peels can be combined with salt. With a spoonful of sea salt you can turn a fine and gentle peeling into a coarse one. Valuable minerals and important trace elements are also included.

What sea salt does:

- supplies the skin with many valuable minerals
- helps to balance the pH value
- stimulates blood circulation
- calms skin irritations
- carefully removes dead skin particles
- binds moisture in the skin
- detoxifies, is anti-inflammatory and anti-allergenic.



Brine sheets

They are excellent moisture carriers, easy to handle, with all the power of the sea. They are ideal for applications in the Soft-Pack® system or on the massage table.



Treatments
can be found in
the new Kurland
**Signature
Treatment
Book!**

Sea Salt – to mineralize in the bathtub or for stimulating peelings



Sea salt, course grain – organically extracted

Particularly gently extracted without adding chemical additives.

Contains: pure organic sea salt. The salt contains clay fractions and algae.

Suitable for: psoriasis, neurodermatitis, acne, rheumatism and painful tensions. Do not use in case of open skin lesions.

Application: For peelings, sprinkle pure salt onto the moistened skin and gently exfoliate, or for nourishing and moisturizing peelings, mix with oil before application. For baths dissolve in the bath water.

Effects: anti-allergic, soothing, anti-inflammatory, stimulates metabolism, skin smoothing, moisturizing.

Quantity	Item no.
1 kg	10702-01000
5 kg	10702-05000

Sea salt, fine – organically extracted

Due to the higher residual moisture it has a very good skin adhesion, dissolves well under friction, has a fine, gentle peeling effect and combines very well with oils and oil blends.

Contains: pure natural salt with a high content of trace elements (iron, selenium, manganese etc.) – free of chemical additives – unadulterated, original and valuable.

Suitable for: see organic sea salt – coarse grain size

Application: For finer peelings, sprinkle pure onto moistened skin and gently peel, or for nourishing and regreasing peelings, mix with oil before applying. Also ideal for baths.

Effects: see organic sea salt – coarse grain size

Quantity	Item no.
1 kg	10711-01000
5 kg	10711-05000

Brine and brine sheets – simple salt treatments for a beautiful, healthy skin



Brine sheets

They are excellent moisture carriers. **Shelf life three months (they are always produced fresh for you)!**

Suitable for: applications in the Soft-Pack® system or on the massage table. Preheat the brine sheets. (Devices for heating can be found from page 172 onwards).

Contains: two brine sheets (100 x 180 cm), ready for use, soaked in brine.

Effects: 6% brine sheets facilitate the **transfer** of active ingredients (such as those from creams, packs, etc.) into the skin. Brine sheets with a content of 12 % and 24 % of brine help to **remove** toxins and metabolic end products from the top layers of the skin (for example during algae applications).

Item	Item no.
6% Brine sheets, 2 pcs.	10820-06000
12% Brine sheets, 2 pcs.	10820-12000
24% Brine sheets, 2 pcs.	10820-24000

24 % Brine

Ready-to-use brine in a canister.

Suitable for: brine sheets soaked by yourself or replacement of water with brine when mixing different packs.

Attention! Do not use in case of open skin lesions.

Contains: clear, ready-to-use brine.

Effects: Helps to remove metabolic waste products and toxins from the upper layers of the skin (for example with algae applications).

Quantity	Item no.
10 liters Canister	10800-10000

A bath in salt water or a wrap with convenient brine sheets: Salt treatments mineralize and help to balance the pH value of the skin. Body wraps in brine sheets increase the skin's absorption capacity and thus support the effect of creams. High percentage brine sheets support detoxification.

What is a brine sheet?

A soft, absorbent, skin-friendly and ready-to-use fleece sheet soaked in brine.

Brine sheets – the valuable supplement to body treatments

Brine sheets, creams and body wraps form a highly effective team as brine towels are wonderful moisture carriers,

increase the skin's ability to absorb moisture and thus optimise the effect of the application. Simply wrap the guest in two warmed brine sheets. (Devices for heating from page 172 onwards).

6, 12 oder 24 %?

6% brine sheets facilitate the transfer of active ingredients of creams into the skin. **12% or 24% brine sheets** support the removal of toxins from the top layer of the skin. This is particularly effective as a pre-treatment for firming and detoxifying treatments.

Recipe: Sea salt oil peeling

For a full body peeling: Mix 5 tbsps. (130 g) of sea salt and 1 ½ tsps (12 g) oil blend of your choice.

Application: moisten the body so that the salt adheres more easily to the skin and the active ingredients can be absorbed better; peel gently, then shower.

Effects: removes horny skin scales, has a smoothing, lipid replenishing and moisturizing effect.

Algae – wellness component with active agents from the sea

Use algae to drain, detoxify and tone

Algae are also called beautifiers from the sea, because they have a high mineral density. They contain amino acids, mineral salts, trace elements and vitamins. Thanks to these active ingredients, algae provide the skin with intensive moisture and they stimulate metabolism and blood circulation. This makes them to an ideal ingredient for beauty treatments.

Algae – nutrition and treasure from the sea for your beauty – highly effective and easy to use. They contain important minerals such as calcium, magnesium, iodine, zinc and selenium, trace elements such as niacin and folic acid and vitamins A, C, E and B complex. This makes them valuable for our diet, as well as for skin care.

Smooth complexion with algae

The metabolism in the skin's surface and underlying structures is strongly stimulated by direct application of our algae products to the skin. Algae are amazingly versatile. Their varied effects ensure a wonderfully firm and smooth skin.

The effects of Kurland®algae:

- draining
- detoxifying
- stimulate blood circulation
- stimulate cell metabolism
- provide a firm and smooth complexion

With the smell of the sea

The salty fresh scent of an algae wrap, mask or peel immediately remind you of holidays at the seaside. The high level of active agents ensures that the revitalizing and rejuvenating effects of our algae products can be seen and felt immediately!

Thalasso Mare Body Wrap

The valuable ingredients of the sea algae nourish the skin and stimulate the cell metabolism as well as the blood circulation. Ideal for nourishing full-body packs in the Soft-Pack® system or on the massage table.



Algae treatment for detoxification

Algae wraps are the perfect complement to treatment for losing weight, detox programs, diets or fasting holidays. They support weight loss due to their draining and purifying effect. Applying algae wraps stimulates metabolism and this in turn stimulates fat burning.

Thalasso treatments in the spa

The Thalasso treatment is already standard in many hotels and studios, as it is absolutely beneficial for the body and helps to achieve a young, vital and healthy appearance.



Did you know?

There are more than 500,000 types of algae around the world. Brown algae, for example, fight inflammation and reduce the decomposition of collagen, that keeps our tissues firm and fresh. Green algae in turn is known for its strong moisturizing and skin renewing effect.

Natural anti-aging from the sea

Treatments
can be found in
the new Kurland
**Signature
Treatment
Book!**



The valuable ingredients of the sea algae nourish the skin and stimulate the cell metabolism as well as the blood circulation.

Algae as a skin tightening mask

Our algae mask is ideal for tissue-firming treatments of the face and décolleté. It is applied as a liquid, solidifies and can be easily removed without leaving residues. Basic Sculpting contains brown and spirulina algae. Of course, without any preservatives.

A body wrap rich in active agents

The active agents of brown algae in our Thalasso Mare Body Wrap stimulate cell metabolism and blood circulation, they nourish the skin and have an intense moisturizing effect. This promotes the breakdown and removal of toxins.

Application tip: Thalasso Mare Package

Step 1: Body peeling

Apply the ready-to-use Thalasso Mare Peeling Lotion onto the moist skin, exfoliate with gentle circular movements and shower off. Duration: approx. 20 minutes

Effects: removes hard skin layers, refines the complexion.



Step 2: Body wrap

For a Thalasso Mare body wrap, mix 150 – 180 g of powder with 300 – 360 ml of warm water to a smooth paste. Distribute it on the body, leave it to work for 25 minutes, and then shower off.

Effects: moisturizing, detoxifying, stimulates the metabolism, smoothens the skin.

Step 3: Face mask

While the body wrap takes effect, cleanse the face with the Classic Peeling for about 10 minutes (item no. 11414-00050, page 24). Mix 30 g Basic Sculpting (item no. 10005-00100) with approx. 100 ml of cold water to a paste with mushy texture. Immediately apply to the face, leave on to take effect for about 15 minutes. Remove the dry mask by pulling from the chin upwards.

Effects: antioxidant, skin rejuvenating, the skin appears more firm and has finer pores.



Thalasso Mare Basic Sculpting

Mix the powder with cold water to a paste and immediately apply with a spatula. Once the mask has solidified, peel off upwards starting at the chin so that no residues are left. Fresh fragrance with a hint of grapefruit.

Suitable for: This mask is ideal for skin-firming treatments of the face and décolleté.

Contains: brown and spirulina algae. Without any preservatives.

Effects: skin-firming, moisturizing.

Quantity	Item no.
100 g	10005-00100
800 g	10005-00800



Thalasso Mare Peeling Lotion

Apply on moist skin and gently peel with circular movements. Fresh and herbal fragrance.

Suitable for: gentle full body peelings.

Contains: sea salt and brown algae.

Effects: provides lasting moisture, stimulates cell metabolism and blood circulation, refines the complexion, smoothing.

Quantity	Item no.
300 g	10008-00300
1,250 g	10008-01250



Thalasso Mare Detox Wrap

Mix with water to a creamy consistency. Apply and allow to work for around 25 minutes. Smells like fresh ocean breeze.

Suitable for: detoxifying full body packs in the Soft-Pack® system or on the massage table.

Contains: seaweed, coral limestone.

Effects: nourishes the skin, stimulates cell metabolism and blood circulation. Limestone supports the breakdown and removal of metabolic waste products.

Quantity	Item no.
1.5 kg	10000-01500
5 kg	10000-05000



Thalasso Mare Body Wrap

Mix with water to a creamy consistency. Apply and allow to work for around 25 minutes. Fresh and herbal fragrance.

Suitable for: nourishing full-body packs in the Soft-Pack® system or on a massage table.

Contains: brown algae.

Effects: stimulates cell metabolism and blood circulation, nourishing, highly moisturizing. Supports the breakdown and removal of metabolic waste products.

Quantity	Item no.
1 kg	10007-01000
3 kg	10007-03000

Hamam, Hot Stone and Singing Bowl – special massage rituals

Accessories for professional massages

In addition to a great variety of beauty and health products, the Kurland line of products also includes consumables for massages and treatments. We have developed many of them especially for professional use and they are handmade with loving care. Discover our products for hamam, hot stone and singing bowl applications.

Hamam applications

Surrounded by gloriously silky soap foam, your guests enjoy a gentle massage on the soft, warm wet massage table. The body will be cleansed, blood circulation will be stimulated and the skin is radiant with a new freshness. The result: Your guests feel cleansed inside and out. With our Hamam soap foam unit, our Hamam soaps, the fleece or silk bag as well as our linings you have the perfect accessories for your individual Hamam ritual with sumptuous foam.

Hot Stone massage

The massage of the body with warm basalt and cold marble stones has a long-standing tradition. As early as 2,000 BC, this technique was used to cause a positive effect on the body and to relieve tension in the muscles. The intense warmth of the stones penetrates through the skin into deeper layers of the tissue, right into the muscles and the connective tissue. This increases the elasticity of tendons and connective tissue as well as the mobility of joints and dilates blood vessels.

We have all the products you need for this treatment: from massage stones to our hot stone massage oil and warming devices for the stones.

Singing Bowl treatment

During the treatment with the Singing Bowl, sounds, sound waves and vibrations are created which are transferred to the body and bring positive energies into flow. Inner blockages are released and relaxation increases from vibration to vibration. A very special benefit for body and soul and an extraordinary wellness experience for the guest. The Kurland® singing bowl was developed by a Tibetan monk especially for Kurland and made in traditional Nepalese handicraft. Every bowl is unique. It has a particularly round, full and deep sound that resonates for minutes. Thanks to its size, it is not only suitable for massages or meditations, but also for hand and foot baths.

Hamam

To a stay in this atmosphere comes the real benefit: A steam bath as well as the traditional brush and soap foam massage, for which well-trained Hamam masters take plenty of time for each guest. These treatments are meant to provide relaxation, as if there were no more responsibilities and deadlines.



Kurland® Singing Bowl

The bowl is hand-made, has a round, full, deep sound that lasts for minutes. Thanks to its size, it is also suitable for foot baths with herbal extracts or an infusion. A singing bowl massage is a very special experience.



Modern foaming with the Hamam soap foam unit

Discover our
Youtube channel!
„Kurland GmbH“



Hamam courses

In the Kurland® Training Center we offer training courses for professional Hamam treatments. For more detailed information and dates go to: www.kurlandspas.de/training

Hamam soap foam unit

Perfect soap foam made simple: **Connect the Hamam Soap Foam Unit to the Permanent Contour® Unit** place a soap insert in the opening (see user instructions) and the soap foam production will start.

Dimensions	Item no.
24 x 10 x 14 cm	74080-021



Soap insert for the Hamam soap foam unit

The soap flakes produce a soft, fine-pored foam that gently cleanses the skin and does not dry it out thanks to the addition of olive oil.

Suitable for: Hamam soap foam unit.

Contains: high-quality soap with olive oil.

Effect: gently cleansing.

Tip: Add a tablespoon of oil blend of your choice to obtain a wonderfully fragrant soap foam.

Quantity	Item no.
3 pcs. in a box	11409-100
100 pcs. in a box	11409-102

Professionelles Hamam-Zubehör



Cushion for wet massage table

Soft padded cushion, oil and water repellent with waterproof zipper. Color: light beige. Not 100 % waterproof.

Dimensions in cm	Item no.
168 x 70 x 4.5	20020-103



Neck pillow

Softly padded, oil and water repellent. Color: light beige. Not 100 % waterproof.

Dimensions in cm	Item no.
21.5 x 19 x 4.5	20020-026



Knee bolster

Softly padded, oil and water repellent with a waterproof zipper. Color: light beige. Not 100 % waterproof.

Dimensions in cm	Item no.
60 x 20 x 11	20020-025

Classic foaming: with Hamam soap in a fleece or silk pouch

Treatments can be found in the new Kurland Signature Treatment Book!



Hamam Rose Soap

With the tempting smell of Turkish roses. For the special Hamam soap foam massage, simply foam up with water, and perform the massage. Allow to take effect for about 25 minutes, shower off. Also suitable for the daily skin care and cleansing.

Very skin friendly and economical. Enough for about 15 Hamam applications. **Does not contain palm oil!**

Suitable for: Hamam soap foam massages, for daily skin care and cleansing.

Contains: soapy olive oil.

Quantity	Item no.
250 g	11500-100

Hamam Lavender Soap

Soap that smells intensively of Turkish lavender for relaxing Hamam soap massages or daily skin care and cleansing. Foam up with water, apply and allow to work for about 25 minutes, shower off.

Very skin friendly and economical. Enough for about 15 Hamam applications. **Does not contain palm oil!**

Suitable for: Hamam soap foam massages, for daily skin care and cleansing.

Contains: soapy olive oil.

Quantity	Item no.
250 g	11500-101



Hamam Soap

Wonderfully foaming and nourishing Hamam soap in a 200-g bar with precious olive oil and a pleasant soap fragrance. Enough for about 10 applications. **Does not contain palm oil!**

Suitable for: Hamam soap foam massages, for daily cleansing and nourishing.

Contains: soapy olive oil.

Quantity	Item no.
200 g	11500-061



Silk pouch for soap foam massages

reusable, made from 100 % silk for the original Hamam soap foam massage, washable up to 30°C.

Dimensions	Item no.
60 x 90 cm	25021-004

Fleece pouch for soap foam massages

Single use, in two sizes

Dimensions	Item no.
short	
31.5 x 49.5 cm	25021-001
long	
31.5 x 100 cm	25021-005

Hot Stone Massage: Relaxation with stones



Oil for stone massage, Hot Stone Oil

The wonderfully moisturizing hot stone oil blend is rich in unsaturated fatty acids and vitamins.

Suitable for: hot stone treatments and massages with basalt and marble stones.

Contains: Macadamia nut oil, olive oil, almond oil, aloe vera oil, linseed oil, etc.

Effects: soothing, stimulates blood circulation, moisturizing. Afterwards, the skin feels pleasantly relaxed, refreshed and smooth.

Quantity	Item no.
1 liter Bottle	01571-01000
3 liters Bag in box	01571-03000
5 liters Canister	01571-05000

Warming
units for
stones can be
found on
page 172



Black basalt stones

This set contains 50 smooth, shiny black basalt stones in various sizes; they are also suitable for tapping massages.

Application: The stones are heated to the correct temperature in the warming unit (see page 172) and then placed along the body's energy lines. Their effect can be felt even before the actual massage begins.

Effects: The generated heat stimulates blood circulation and relaxes the muscles.

Item	Item no.
Set with 50 stones	15200-006



White marble massage stones

This set contains 2 large marble stones (Ø approx. 8.5 x 6.5 x 5 cm).

Application: the cool marble stones are used on the legs in combination with a warm basalt stone to generate a warm-cold stimulation effect.

Effects: the alternation between hot and cool stimulates the blood circulation and relaxes the muscles.

Item	Item no.
Set with 2 stones	15200-005

Tapotement: The black basalt stones are unbreakable and therefore ideal for a tapotement massage. You can find training courses for the massage with warm and cold stones in our Kurland® Training Center. For more information go to: www.kurlandspas.de/training

The Kurland® Singing Bowl with sound to deep relaxation



In India and Nepal singing bowls have been used for more than 5,000 years to put people in a state of deep relaxation during meditation. With the Kurland® Singing Bowl you will put your guests in a pleasant state of relaxation.

Does sound heal?

The sounds of a singing bowl unfold their beneficial effect in two ways: our ears perceive them as very pleasant and the body feels the vibrations. If you want to make these vibrations visible, you can strike the water-filled singing bowl with the clapper. Concentric circles form immediately and these remain visible for a long time. Our body, which consists of up to 80 % water, also feels these vibrations and perceives them as a gentle "inner massage". This



stimulates layers of the body which cannot be reached by a manual massage. When a singing bowl is placed on a person's body and struck, these vibrations are transferred to the body, where they gradually spread, thus bringing back the flow. Tensions should ease, self-healing powers are activated and energy is released.

Relaxation for mind and body

Singing bowls can have a calming, but also a stimulating and vitalizing effect. Relaxation works on both the physical and mental levels. Sounds and vibrations bring us back into harmony and increase our well-being. Basically, you can say: The larger the bowl, the deeper the tone. And the deeper the tone, the more relaxing the effect.

Possible Applications:

- for singing bowl massages
- for sound meditation
- for autogenous training
- for yoga
- for welcoming rituals
- for hand and foot baths

Can be especially helpful for:

- stress and sleeping disorders
- lack of concentration
- tensions
- pain
- high blood pressure
- migraine
- abdominal pain
- impaired digestion
- joint problems

Why Kurland® singing bowls?

- produced using traditional Nepalese handicraft
- developed for us by a Tibetan monk
- every bowl is unique
- consists of 7 metals
- rich, deep sound
- long reverberation.



Kurland® Singing Bowl

Our Kurland® singing bowl is handmade. When struck, it has a round, full, deep sound that resonates for minutes. Thanks to its size, it is also suitable for foot baths with herbal extracts or an infusion. It comes with clapper and a base ring.

Size / Weight	Item no.
Ø approx. 38 cm	
approx. 5.5 kg	21230-001

Care instructions: To maintain the gloss, treat with Kupferfix (Article No. 54142-021). See page 171.

Stay healthy with ... power of nature for your home



Stay healthy with moor mud, hay and Swiss pine – the power of nature to be taken home

Whether as further treatment after a health spa stay, as support for long-term therapy success or for simple treatment at home – our three “Stay healthy with ...”-packages contain everything your guests, customers or patients need for a successful treatment with the power of nature.

Discover our practical carrying cases as the ideal product for resale to your customers – if desired also with your logo.

Your benefits of the Kurland® “Stay healthy with ...” packages:

- Practical carrying case for resale
- Supports long-term treatment success
- Reusable moor mud heat carrier that retains heat for a long time
- High-quality natural products from the region
- Easy to use with instructions and application tips
- Including all accessories for a successful home treatment

Stay Healthy with Moor Mud

Moor mud is one of the oldest natural remedies that is still used for medical purposes today. As early as the 14th century, people discovered the relaxing and soothing effects of moor mud baths. The “black gold” provides pleasant warmth and is particularly rich in minerals, phytoestrogens and organic acids.

It helps in case of:

- back problems
- muscle tensions
- pain in neck, joints, the head or during menstruation
- osteoporosis and menopause related problems
- high blood pressure
- rheumatic complaints

Stay Healthy with Hay

Our fresh Alpine hay not only smells wonderful, but it also has a detoxifying, purifying effect and it relieves tensions. Therefore, it is ideal for a treatments or simply to provide support to the liver. Discover our “Stay Healthy with hay” package in the form of a practical carry case as a retail product for your clients, patients or guests.

It helps in case of:

- tensions
- inflammations of the bladder
- liver complaints
- menstruation problems
- back, knee and hip pain
- rheumatic complaints

Stay Healthy with Swiss pine

Swiss pine has a positive influence on health, the organism and a good, healthy sleep. According to results of a study, Swiss pine lowers the heartbeat rate and thus has calming properties, and at the same time can contribute to better concentration.

It helps in case of:

- stress
- mental effort
- problems falling and staying asleep
- lack of concentration

Stay healthy with moor mud

Here your customers will find everything they need for a successful home treatment. Suitable for: back pain, muscle tensions, rheumatic complaints and much more.



Moor mud, hay or Swiss pine – prolong the treatment success at home



Top
retail
product!

Stay Healthy with Moor mud

The pure and natural moor mud products in this package offer you the therapeutic success of a classic moor mud treatment from the physiotherapeutic practice in the luxury of your own home. Our moor mud, which is rich in active agents, comes from Leopoldskron-Moos in Salzburg. With this set you have a great variety of possibilities for health applications. The ingredients contained in the moor mud have a positive effect on inflammations, joint problems, tensions and rheumatic complaints – without any side effects. The warm temperature in our heat carriers filled with moor mud lasts much longer than in hot-water bottles. The heat carrier adapts perfectly to your body – for a targeted and effective heating effect.

Suitable for: back pain, muscle tensions, pain in neck, joints, the head and during menstruation, osteoporosis and menopausal problems, high blood pressure, rheumatic complaints.

Contains:

4 x Disposable Moor Mud Pack Ascend
1 x moor mud Heat Carrier, size 1
3 x 10 ml goat butter products: Hot Energizing Body Balm, Cool Energizing Body Balm, Cream.

Effects: soothing in case of rheumatic complaints, relaxing, stimulates blood circulation.

Tip: The appropriate terry cloth cover for the moor mud heat carrier turns it into a cosy hot-water bottle (see page 153).

Dimensions	Item no.
33 x 40 x 6 cm	11041-001

Stay Healthy with Hay

The wonderfully fragrant Alpine hay products in this package support you in detox treatments, can alleviate rheumatic complaints and relieve tension. Placed on the abdomen, a hay pack stimulates metabolism, and has a decongestant and muscle relaxing effect. Our Alpine hay comes from the province of Salzburg. We harvest exclusively from unfertilized, lush meadows with a natural variety of mountain flowers. Alpine medicinal herbs and grasses such as yarrow, camomile, sweet clover or St. John's wort make our therapeutic hay so effective.

Suitable for: tensions, bladder inflammations, liver complaints, menstruation problems, pain in back, knees and hips, rheumatic complaints.

Contains:

3 x Hay Pack Ascend
1 x Moor Mud Heat Carrier, size 1
3 x 10 ml goat butter products: Hot Energizing Body Balm, Cool Energizing Body Balm, Cream.

Effects: relaxing, stimulates metabolism, reduces cramps, calming; can relieve rheumatic complaints and improve mobility.

Tip: The appropriate terry cloth cover for the moor mud heat carrier turns it into a cosy hot-water bottle (see page 153).

Dimensions	Item no.
33 x 40 x 6 cm	11041-002

Top
retail
product!



Stay Healthy with Swiss pine

With this package you will discover the power of Swiss pine with its incomparable woody, resinous scent. The warm, yellow-reddish wood and the distinctive annual rings are a characteristic feature of the so-called "Queen of the Alps". It has a positive influence on health, the organism and a on good, healthy sleep. Swiss pine products create a fresh and pure atmosphere in the room. According to results of a study, Swiss pine lowers the heartbeat rate and thus has calming properties, and at the same time can contribute to better concentration. Enjoy the scent of Swiss pine with the high-quality Kurland products included in this package.

Suitable for: stress, mental effort, problems falling and staying asleep, lack of concentration.

Contains:

1 x Swiss Pine Curl Pillow
1 x 75 ml Oil Blend Swiss Pine
3 x 10 ml goat butter products: Hot Energizing Body Balm, Cool Energizing Body Balm, Cream.

Effects: relaxing, supports healthy and restful sleep, calming, lowers heartbeat rate, supports concentration, stimulating.

Dimensions	Item no.
33 x 40 x 6 cm	11041-004

Top
retail
product!



Moor mud – natural help for pain and tensions



Kurland® natural moor mud – marvelous active agents for therapy and wellness

Everybody knows them: Tension in the neck or back. Fortunately, nature offers a simple but very effective remedy for these complaints – moor mud. It contains a particularly large number of active agents that can provide simple relief from pain, rheumatic complaints and tension and without any side effects.

Whether in packs, bath additives or creams – moor mud contains a particularly large number of valuable active agents that have a positive influence on our body and our health. More than 400 different species of plants, medicinal herbs, seeds and leaves can be found in the fresh Kurland®Moor Mud obtained from Leopoldskron-Moos.

Our moor mud is particularly rich in:

- valuable humic acids
- minerals
- trace elements

This mix of active ingredients has been used for centuries as a proven therapeutic agent against pain, rheumatic complaints and tensions. In particular when combined with heat, moor mud unfolds its full effect in case of hurting joints and pain.

Natural detoxification with moor mud

Moor mud contains valuable humic acids. These acids have an anti-inflammatory, immune-boosting and relaxing effect. They ensure that the organism eliminates toxins and excess minerals. Moor mud therefore helps to remove harmful substances from the body, but at the same time it also provides valuable minerals and trace elements.

Nourishing moor mud cream

Combined with goat butter or high quality oils, our moor mud products offer intensive skin care and support natural skin health. Our moor mud cream provides the skin with moisture, nourishes, firms and is a good remedy against tensions and rheumatic complaints.

Moor mud is good for you because it can ...

- be anti-inflammatory and reduce pain
- improve skin metabolism
- bind harmful substances and removes them from the body
- support blood circulation and regeneration
- retain warmth for a long time to transfer it slowly to the body.



Advantages of Kurland® Moor Mud:

- 100 % pure, freshly dug moor mud from Leopoldskron-Moos in Salzburg
- contains a mix of active agents from about 400 different plants
- particularly rich in humic acids, minerals and trace elements.

Moor Mud Heat Carrier

Perfect adaptation to the body is only one of the advantages of our moor mud heat carriers. They are easy to knead and shape. In this way, the warming effect of the moor mud unfolds exactly where it is needed. Ideal before massages and in case of tensions. Durable, hard-wearing and tried and tested in therapeutic treatments.



Treatments with moor mud: simple application – great effect

Treatments
can be found in
the new Kurland
**Signature
Treatment
Book!**



Due to its pain-relieving effect and easy application, moor mud is very popular among spa guests, patients, spa visitors and people of all ages as well as among users. The high quality of our moor mud products makes us the ideal partner and supplier.

Useful moor mud packs

We invented the useful disposable natural moor mud pack! We provide products that are easy to use and have proven to work at low cost.

Popular among guests and users

With our health products you can easily expand your offer and provide your customers and guests with professional, effective and natural treatments.

For a perfect treatment success

Our moor mud products have a beneficial effect on rheumatic complaints, joint problems, back or neck pain. With the power of nature – for your success!

The advantages of moor mud:

- easy to use
- tried and tested effect
- high customer acceptance
- low costs
- ecological
- no side effects.

Application tips

Moor mud on the massage table

Easy and clean: All you need is a disposable natural moor mud pack Ascend and a heat carrier (see pages 151 / 153). Warm the heat carrier, place the disposable natural moor mud pack with the fleece on the skin, cover with the warmed heat carrier and let the moor mud take effect.

Moor mud in the baths

Our moor mud bath consist of fine-ground moor mud and moor water and these are added to the bath water.

Effects: relaxes the muscles, can help in case of complaints with respect to the musculoskeletal system, reduces menopausal symptoms.

Moor mud for treading and kneading

Fingers and toes can also hurt. Kneading and treading in thick, paste-like moor mud helps to relieve these complaints. For this purpose, warm up a Classic Moor Mud Pack (the entire bag, item no. 10601-03750) and allow the guest to knead directly in the open bag with their hands or feet for around 25 minutes.

Effects: improves mobility of finger and toe joints; as a spa application it can help to reduce pain and prevent stiff joints.

Moor mud products – the original from Kurland®



Disposable Natural Moor Mud Pack Ascend

Contains: 100 % natural moor mud from Leopoldskron, Salzburg (Austria).

Suitable for: rheumatic complaints, arthrosis or swollen finger and foot joints, patients with chronic pain, muscular problems, complaints in the spine, the joints, osteoporosis, back pain and much more.

Application: place directly on the part of the body to be treated with the fleece side down, and cover with a warmed moor mud heat carrier on the film side.

Dimensions	Item no.	Amount / pcs.	PU* = 40 pcs.
29 x 37 cm	10600-201	40–200 pcs.	1–5 PUs
		240–1,000 pcs.	6–24 PUs
		from 1,000 pcs.	from 25 PUs
		from 2,000 pcs.	from 50 PUs

Sometimes more is simply better

Our disposable natural moor mud packs stand out due to the following characteristics: High-quality moor mud from Leopoldskron-Moos in Salzburg, rich in humic acids. Thick layer of mud (385 – 460 g / pack) for a safe application, uniform moisture content, spot welded: Fleece and film can be easily separated from each other.



Easy to use:
simply cut open and tread or knead
with hands or feet directly in the bag.

Medical wellness with moor mud in the Soft-Pack® system

Use the therapeutic effect of the moor mud and reinforce the effect with selected essential oils!

Recipe: Mix about 1.5 kg of Classic Moor Mud Pack with 4 drops each of rosemary and lavender essential oil and 4 tbsps. of Oil Blend Provence. Apply to front and back of the body and allow to take effect for 25 minutes. Perfect accessory: Film as underlay (white film, item no. 14020-021, p. 181)

Effects: anti-inflammatory, relaxes the muscles, has a positive effect on the immune system, can help in case of rheumatic complaints.



Classic Moor Mud Pack

Contains: 100 % pure and natural moor mud from Leopoldskron-Moos in Salzburg, ready-to-use – thick paste – moor mud to be applied on the skin.

Suitable for: rheumatic complaints, arthrosis or swollen finger and foot joints.

Application: Either apply on the skin for large-area treatment or knead with hands and feet. Suitable for applications on the massage table, in the Soft-Pack® system, or as a hand or foot pack for kneading.

Quantity	Item no.	PU*
3,750 g	10601-03750	4 pcs.

*PU = Packing unit

Moor bei rheumatischen Beschwerden, Muskelverspannungen und Stress



Moor Mud Body Cream

Does not contain perfumes or fragrances. The pleasant mild fragrance comes simply from its natural ingredients. For gentle but intensive care. With all the valuable ingredients for extremely sensitive skin and the best of the original moor mud from Leopoldskron-Moos, Salzburg.

Suitable for: rheumatic complaints, sensitive skin.

Contains: fine-grain natural moor mud with valuable humic acids, minerals and vitamins, goat butter and nourishing oils.

Effects: anti-inflammatory, slightly cooling, provides the skin with moisture, protects and provides long-lasting care.

Application: apply to the body and allow to absorb. Remove residues with a damp cloth.

Quantity	Item no.
250 ml	04111-00250
250 ml	04111-00250 from 6 pcs.



Moor mud bath undiluted

Moor Mud Bath – for a moor mud bath

Suitable for: rheumatic complaints, muscle tensions, stress and menopausal complaints.

Contains: 100 % pure, natural, fine-ground moor mud and moor water from Leopoldskron, Salzburg – suitable for baths in bathtubs.

Effects: anti-inflammatory, muscle relaxant, analgesic.

Application: Mix 1 liter of moor mud bath with 100 liters of water. For partial or full body baths in the bathtub.

We also supply thick paste-like moor mud for a classic moor mud bath. We would be pleased to send you a quote.

Quantity	Item no.
5 liters Canister	10605-05000
10 liters Bucket	10605-10000

Heat carriers and cold packs



Cold Pack

Suitable for: decreases swellings, in case of acute sports injuries and after surgical procedures; can be cooled down in the freezer to minus 20°C; reusable.

Contains: 100 % natural moor mud from Leopoldskron-Moos, Salzburg (Austria).

Effect: intensely cooling.

Dimensions	Item no.
Size I, 8 x 30 cm	15000-001
Size II, 18 x 30 cm	15000-002



Schroth Pack

Suitable for: Heat carrier for the Schroth therapy, cold pack.

Contains: Water in a heat / cold carrier.

Effects: warming, cooling, analgesic

Dimensions	Item no.
29 x 35 cm	15020-001

Duftende Wärme mit Ingwer und Getreide

Last chance!!
Only while stocks last.



Heated Pad Neck & Body

Lay your guest down on this grain pillow with a light fragrance of lemony and spicy ginger. The pleasant temperature and the wonderful scent immediately provide deep relaxation and promote blood circulation. Whether as a pillow in the Soft-Pack® system or for resting on the massage table – the heat cushion supports your treatment success. Due to the innovative 3-chamber system the content is distributed evenly for seamless, long-lasting heat. Extra covers can be obtained in beige or yellow. In this way, you ensure that every guest has a hygienic, fresh cover that can be quickly and easily removed and washed at 30°C. Size: 20 x 60 cm.

Suitable for: neck pain, back pain, tensions, cramps, colds, migraine, nausea, exhaustion.

Contains: approx. 1.5 kg of filler with wheat, rye, ginger. Cover and inlay made of 100 % cotton, with heat-resistant zipper.

Effects: warming, stimulates blood circulation, relaxing.

Preparation: Can be heated in the microwave or oven.

Observe the user instructions!

Item	Item no.
Heated Pad Neck & Body, beige	15350-001
Heated Pad Neck & Body, yellow	15350-002
Cloth cover for Heated Pad Neck & Body, beige	15350-101
Cloth cover for Heated Pad Neck & Body, yellow	15350-102

Heat / cold carriers

Suitable for: relaxation before massages. As a heat source without packs, in case of tensions, abdominal cramps or in case of menstruation problems.

Contains: 100 % pure, fresh moor mud from Leopoldskron-Moos in Salzburg.

Effects: warming and relaxing.

Application: as heat carrier for our disposable natural moor mud packs Ascend, Swiss pine packs and hay treatments with our hay bag Ascend. Can also be used as a cold pack (approx. 7 °C) for mild cooling. Please, only cool in the refrigerator and not in the freezer.



Quantity	Item no.
Size I, 29 x 37 cm	15300-001
Size II, 58 x 37 cm	15300-002
Half width, 29 x 18 cm	15301-001
Half length, 37 x 14 cm	15301-002
For Hay Bag Ascend, 27 x 35 cm	15302-001

Terry cloth cover for Heat Carrier – cosy and soft

Convert your heat carrier into a cosy hot-water bottle – for a good skin feeling and a pleasant temperature. Terry cloth cover with practical hotel closure for Heat Carriers size I and Heat Carriers for the Hay Bag Ascend. Washable at 60°C. Color white.

Quantity	Item no.
Terry cloth cover	15305-002

Only cuddling is better!

Perfect adaptation to the body is only one of the advantages of our moor mud heat carriers. They are easy to knead and shape. In this way, the warming effect of the moor mud unfolds exactly where it is needed. Ideal before massages and in case of tensions. Also suitable as a cosy hot-water bottle for children. Durable, hard-wearing and tried and tested in therapeutic treatments. Pleasant in case of abdominal pain, cramps and menstruation problems.



Preparation units from page 172 onwards

For professional use in physiotherapeutic practices, health spas or sanatoriums, spas and wellness facilities, there are preparation units with a capacity of 2-15 heat carriers – for gentle and simple heating of our Kurland® heat carriers. Recommended treatment temperature:

Heat carrier with moor mud: approx. 60°C – 65°C

Heat carrier with hay: approx. 50°C – 55°C,
Heat carrier as **hot water bottle:** approx. 50°C.

Clay, fango, mud and Rügen healing chalk – the healing power of the earth



Relaxing & detoxifying

Clay, fango, nourishing muds and Rügen healing chalk are tried and tested therapeutic agents with very special effects – and a real gain to your treatment offer.

Clay cools swollen joints

A cold clay wrap quickly withdraws the heat of inflammations from the skin and the release of moisture leads to evaporation. This refreshes tired legs and joints again and reduces swelling and inflammation. Clay also seems helpful in the fight against cellulite, because slack tissue is reactivated. In addition, clay can provide relief from pain, venous diseases, haematoma, sprains and tendonitis.

Effects of clay:

- withdraws the heat of inflammations
- binds toxins
- supports blood circulation
- stimulates the immune system
- cools and refreshes on the long term
- boosts metabolism.

Firming muds

The knowledge of the beneficial and skin-caring properties of muds dates back to more than thousand years. They contain valuable minerals that work best in combination with warm steam and become a sensual experience.

Characteristics of Kurland®mud:

- peeling
- detoxifying
- firming and smoothing
- mineralizing
- stimulate metabolism
- can balance the pH value.

Classical fango treatment

Fango means "healing mud" and, among other substances, it consists of silicic acid, clay, iron oxide and magnesium..

Effects of fango:

- stimulates circulation
- boosts metabolism
- regenerates joints, muscles and tendons
- reduces pain.

Stimulating Rügen Healing Chalk

Our healing chalk is a pure and allergen-free natural product, which is extracted from the natural chalk deposits of the island of Rügen. When mixed with water, the white powder becomes a silky, smooth paste that is perfect for baths, wraps, masks and peelings. Rügen Healing Chalk can bring relief for rheumatism and muscle tensions, discopathies, sciatic pain, asthma and headaches.

Effects of Rügen Healing Chalk

- cooling and warming
- stimulates blood circulation
- boosts metabolism
- relaxing
- deacidifying
- anti-inflammatory

Cream Peel Mix

is the all-rounder among the peeling muds! Supplied as a powder, with a long shelf life and a vast number of possibilities for nourishing packs for face and body or peelings from fine grain to coarse.



Manifold options to use clay, fango and Rügen Healing Chalk

Treatments can be found in the new Kurland **Signature Treatment Book!**



Clay, fango and healing chalk are among the classic treatments for spa, wellness and therapy. They are economical, versatile, and their effects are tried and tested. Since they are purely natural products, they can be used without a prescription and they have no side effects at all. They are effective with the mere power of nature. The possible combinations with each other and with other Kurland® products are manifold. Whether for massages, cosmetic treatments, body wraps or peelings – you will find the right product for every application.

Application options:

- for detoxification
- to stimulate metabolism
- in case of sports injuries
- muscle tensions
- joint problems
- for wellness treatments (e.g. in the Soft-Pack® system, for Rasul® or in the steam bath).



Rügen Healing Chalk

Pure, allergen-free natural product from the natural chalk deposits of the island of Rügen.

Suitable for: nourishing face masks or body wraps, gentle or stronger peelings.

Contains: approx. 98 % pure calcium carbonate with a pH value of 8.5.

Effects: detoxifying, anti-inflammatory, deacidifying, supports wound healing.

Application: Mix the powder with water to a homogeneous, silky smooth paste.

Quantity	Item no.
2 kg Box	10500-02000
25 kg Sack	10500-25000



Clay in a bucket

Suitable for: bruises, sports injuries, haematoma and swollen or tired legs.

Contains: 100 % natural clay – thick, paste-like, ready-to-use.

Effects: cooling, anti-inflammatory, decongestant.

Application: for a soft heat extraction: apply cooled clay to the skin. For a stronger heat extraction: Cover clay with a cooled heat carrier.

Quantity	Item no.
15 kg Ready-to-use	10141-15000
10 kg Powder	10142-10000



Disposable Clay Pack

Suitable for: inflammations, contusions, haematomas, sore muscles, sunburn, insect bites or stings and tired legs.

Contains: 100 % natural clay – ready-to-use clay layer, securely embedded between fleece and film. Ready-to-use.

Effects: cooling, anti-inflammatory, decongestant.

Application: place the fleece side on the skin.

Dimensions	Item no.	PU*
25 x 33 cm	10140-201	30 pcs.



Bolus Alba enzymatic earth

Suitable for: cosmetic facial or body treatments e.g. on the wet massage table in the Hamam, in the Soft-Pack® system and in the steam bath.

Contains: urea pura, magnesium, bromelain – mixture of ultra-fine mineral powder.

Effects: purifying, stimulates metabolism, detoxifying.

Quantity	Item no.
1 kg Jar	10161-01000
7.5 kg Bucket	10161-07500

Clay in medical treatments

Clay withdraws tissue fluid from the body through the skin. In this way, residues from inflammations and toxins stored are filtered out of the body. It can have a soothing effect on congestion symptoms.

Clay stimulates blood circulation and metabolism.

Even in the fight against cellulite, clay promises improvements because slack tissue is reactivated. Moreover, it has a pleasant cooling effect.



Classic Fango Pack

Thick paste, ready-to-use fango pack.

Contains: inorganic mineral powder with water.

Effects: anti-inflammatory, stimulates blood circulation.

Application: apply cooled or warmed to the affected part of the body as required.

Quantity	Item no.	PU*
4 kg Bag	10301-04000	4 pcs.



Fango Paraffin

Suitable for: Fango mixer

Contains: 100 % fango paraffin – high quality mixture of mineral powder and paraffin.

Effects: anti-inflammatory, stimulates blood circulation, analgesic.

Application: melt according to instructions and apply to the areas to be treated.

Quantity	Item no.	PU*
1 kg-Bar	10303-01000	30 pcs.



Classic Salt Mud Pack

Suitable for: body wraps, cosmetic treatments.

Contains: paste-like salt mud with valuable minerals, calcium, potassium, phosphorus and sulphur.

Effects: detoxifying, boosts metabolism, regenerating, pain relieving, good for neurodermatitis and rheumatic complaints.

Quantity	Item no.
4 kg	10760-04000
15 kg	10760-15000

*PU = Packing unit

Nourishing muds for the Soft-Pack® system, Rasul®, peelings, packs and steam baths



Mud has been used for therapy purposes and for skin care for centuries.

Our muds:

- peel
- detoxify
- firm and smoothe
- mineralize
- stimulate metabolism
- can balance the pH value.

Pure natural product for a beautifully nourished skin

Our inorganic muds are completely natural. They are extracted in Austria and consist of pure mineral powder and water. They remove harmful substances from the body, mineralize and tighten the skin. They also can balance the pH value. Rubbing damp mud onto the skin creates a gentle peeling effect. This stimulates blood circulation, boosts the metabolism, removes dead skin cells, makes the skin smooth and soft.

Firm skin through gentle peeling

The different muds have distinct modes of action and they are precisely adapted to the individual body regions. Light muds, for example, are perfect for face and décolleté. Their various colors come from the different extraction areas. The different degree of grain sizes is responsible for the peeling effect – the darker the mud, the stronger the peeling.

Refreshed and deeply relaxed

After the treatment, the guest feels rejuvenated and relaxed at the same time. Nourishing muds support a perfect skin appearance and they prepare the body for the subsequent absorption of other care products.

Rasul® by Kurland® – our oriental mud treatment

Rasul® by Kurland® is a soothing purifying and care ritual from the Middle East. Our muds are most effective with this ritual. After a short shower to clean the skin, the muds are applied to the body to let them dry slowly. After the first steam burst warming starts.

Pleasant herbal scents and soft music fill the room. Due to the moisture, the mud can be gently rubbed onto the body. The effect: gentle peeling that removes dead skin cells and stimulates metabolism. The stay in the Rasul® ends with warm tropical rain that washes the mud from the body. The result is a soft, nourished skin.

More information about Rasul® can be found at www.kurlandspas.de.

Recipe: Swiss pine peeling

You will need: 120 g Bolus Creta, 1 tablespoon grape seed oil, 10 drops of Swiss pine essential oil, warm water as needed, horse chestnut freshly ground. Mix everything to a yogurt-like paste. Sufficient for a full body scrub.



Bolus Alpha (white)

Suitable for: peeling for face and neck.

Contains: purely inorganic, ready-to-use mud of fine consistency with a high proportion of silt and a moderate amount of montmorillonite – creamy structure.

Effect: gentle peeling effect.

Quantity	Item no.
7.5 kg	10101-07500
1,550 g	10101-01550



Bolus Beta (yellow)

Suitable for: gentle peeling for the décolleté.

Contains: purely inorganic, ready-to-use mud with a fine structure.

Effects: adheres well to the skin, medium sorption, with gentle peeling effect.

Quantity	Item no.
7.5 kg	10102-07500
1,550 g	10102-01550



Bolus Creta (pure white)

Suitable for: back peelings.

Contains: mud of finest consistency, particularly well tolerated – a powder for self-preparation.

Effects: high sorption, mild peeling effect.

Quantity	Item no.
7.5 kg	10104-07500
1,550 g	10104-01550



Bolus Delta (blue)

Suitable for: knees, foot soles, elbows.

Contains: creamy, inorganic mud with a high salt content and a high proportion of grain

Effects: removes hardened skin, refines the skin complexion, antibacterial and influences the water balance of the skin.

Quantity	Item no.
7.5 kg	10105-07500
1,550 g	10105-01550



Bolus Epsilon (gray)

Suitable for: leg peelings.

Contains: inorganic, ready-to-use mud with a high proportion of fine-grained silt, a fine texture with a high ratio of medium-sized grain.

Effects: activating peeling, very mild sorption behavior.

Quantity	Item no.
7.5 kg	10107-07500
1,550 g	10107-01550



Bolus Gamma (red gold)

Suitable for: peeling for the abdomen.

Contains: purely inorganic, ready-to-use, fine-pored mud with a high proportion of silt.

Effects: moderate sorption, washes off well, medium peeling effect, has a warming effect.

Quantity	Item no.
7.5 kg	10106-07500
1,550 g	10106-01550



Bolus Zeta (light gray)

Suitable for: peeling for upper arms, legs.

Contains: thick pasty, pure mud with salt, high proportion of silt, very creamy texture, low degree of grinding.

Effects: powerful peeling, antibacterial, influences the water balance in the tissue.

Quantity	Item no.
7.5 kg	10108-07500
1,550 g	10108-01550

Tip:

Light muds are for the face and décolleté. The darker the mud, the stronger the peeling effect. Apply the lighter muds at the top and the darker ones from the bottom up.



Cream Peel Mix for face and body – Gentle peeling with infinite possibilities



Our “Cream Peel Mix” is the most versatile among all the peeling muds. Supplied as a powder, it has a long shelf life and you can create a vast number of nourishing packs for face and body or peelings from fine to course.

Cream Peel Mix – efficient with numerous effects:

- removes excess cell particles from the skin
- intensive cleansing
- stimulates blood circulation
- stimulates production of new cells
- lipid replenishing
- nourishing

This combination of effects leads to an instantaneous treatment success with little effort and great results: radiantly fresh, noticeably smoother and perfectly nourished skin. This includes both, face and body! What else could you want?

Possible Applications:

- Salve-in-terra®
- Rasul®
- Steam bath
- Soft-Pack® system
- Face treatments
- Full body peeling
- Hand and partial body peelings
- Foot treatments.

Countless recipe options!

Simply combine your cream peeling with any desired Kurland® base oil or one of our popular ready-to-use oil

blends for a different exfoliating experience. Depending on how it fits into your treatment program, you can add your own personal touch to the cream peeling – in just a few steps to integrate it into your current spa program.

Recipe: Moisturizing and soothing face peeling with Aloe Vera

Mix 1 tbsp. of Cream Peel Mix with ½ tsp. of Aloe Vera base oil (see page 57) and a little bit of water to a creamy consistency. Moisten the face with a warm compress, apply the mixture with a brush and gently massage in with your fingers. Then clean the face with a compress.





Cream Peel Mix

Suitable for: face and body

Contains: cream peeling in powder form with measuring cup.

Effects: removes old cell particles, stimulates blood circulation, smoothens the skin, stimulates the formation of new cells.

Quantity	Item no.
1,250 g Box	11804-01250



Cream Peel Mix with oil blend

Suitable for: body treatments.

Contains: Cream peeling set in powder form in a practical mixing bag with 50 ml of oil blend of your choice.

Preparation: Fill 1.5 l of water and 50 ml oil blend (of your choice) directly into the mixing bag – mix with the stirrer – done.

Effects: exfoliating, stimulates blood circulation, smooths the skin, stimulates the formation of new cells.

Quantity	Type	Item no.
1,000 g Bag	Fresh Up	11000-304
	Sparkling	11000-305
	Time Together	11000-306

Recipe: Basic body peeling

Mix 4 measuring cups of Creme Peel Mix with $\frac{1}{4}$ measuring cup of oil blend, 1 measuring cup of herbs of your choice and 2 $\frac{1}{2}$ to 3 measuring cups of warm water to a creamy consistency and apply evenly to the moist skin. "Fresh Up", "Sparkling" and "Time Together" are perfectly suited for composing a coordinated program with body wrap, peeling and massage with the same scent.



Mix with sea salt, herbs or blossoms

Once you have chosen a neutral base oil for your peeling, you can add dried rose petals or lavender blossoms, our Alpine Herb Mixture or the Pantai Luar® spices to the mix for a gentle, natural fragrance. But also individual herbs can be wonderfully incorporated into the peeling mix to strengthen the peeling effect. For a more powerful body peeling, add sea salt to the mix.

Focus on quality!

For your personal mix, use natural ingredients from our high-quality Kurland® herb range included in this catalog (see from page 98 onwards).



Equipment, spa accessories, linings, preparation units ...



High-end equipment for your spa or treatment rooms

In this section you will find accessories and professional equipment for your daily spa routine and many cosmetic treatments from various brushes to practical filling aids and high-quality preparation equipment. Of course you can count on the best quality for a long service life even when used on a daily basis.

The right high-quality spa equipment is just as important as choosing the right care products. At Kurland® you will find a wide range of consumables for wellness, therapy and cosmetics – from brushes through filling aids to preparation units.

Our product range cover the following:

- preparation units
- heating units
- compress warmers
- empty cream jars
- oil bottles
- filling aids
- cosmetic accessories
- measuring spoons
- films and linings
- fragrance lamp
- and much more.

Professional room fragrance

Especially popular is our fragrance lamp Raindrop – the perfect solution for professional room fragrancing. Perfectly suited to small treatment rooms and large practices up to 80 m². For a natural room fragrance with pure essential oils or perfume oils. Includes our essential oils litsea cubeba or lavender.

High-quality cosmetic accessories

Cosmetic applications require a lot of accessories. Therefore, a long lifespan and the highest quality is a must. Discover our wide range of brushes, jars, masks, pots and spoons – for the perfect preparation and attractive presentation of your individual recipes and treatments.

Filling aids: from bottles to canisters

You create your own cosmetics or want to fill them into your own containers. Here you will find amber glass bottles, pump dispensers, dosing dispensers, canisters as well as numerous filling aids. In this way you can fill and store your creams and mixtures in attractive, practical and hygienic containers.

Preparation units

Do you need a device to heat or keep warm heat carriers, hay, moor mud, compresses, herbal packs, stamps, soap foam or stones for hot stone treatments? You certainly will find what you are looking for on the following pages.

Films, sheets and covers

Films and sheets are your hygienic companions for all treatments. Discover our wide range of high-quality films and linings for every purpose. Our pre-cut films and fleece towels are particularly practical.

Fragrance lamp Raindrop

Send your customers on a unique journey, because fragrances evoke memories and emotions. Let your guests stroll through wonderfully fragrant lemon plantations in Italy with the fresh scent of our lemon essential oil.



Fragrance lamp Raindrop – the solution for professional room fragrancng

It awakens emotions

With the fragrance lamp Raindrop you can take your customers on a unique journey. Fragrances awaken memories and emotions. When the fresh fragrance of our essential oil Lemon wafts through the room, your guests may be transported back to their childhood – when they could drink homemade lemonade on grandma's porch. Or perhaps they will be mentally strolling through wonderfully fragrant lemon plantations in Italy.

Fragrances for every mood

Choose from our broad range of natural fragrance oils and determine the right fragrance to create a certain mood in your rooms – for small and large treatment rooms, hotel rooms and working areas of up to 80 m².

High-quality design made of wood and glass

The body of the fragrance lamp is made of solid wood with a refined diffuser attachment made of glass. Powered by mains with automatic switch-off and color-changing LED lighting.

Quick change of fragrances

The glass attachments can be ordered individually. For practical storage we also offer a wooden stand. This makes it easy to change the attachment and fill it with any of our fragrance oils (see on the right side).

Use: Drip 20 to 25 drops of the fragrance oil into the glass diffuser and regulate the intensity using the rotary switch. Suitable for essential and perfume oils.



Fragrance lamp Raindrop

Item	Item no.
Fragrance lamp incl. 10 ml	
Litsea Cubeba	A2302-001
Fragrance lamp incl. 10 ml	
Lavender	A2302-002

Including 10 ml of essential oil **Litsea Cubeba** or **Lavender**.

Exchangeable diffuser – exchanged in the blink of an eye

At a glance

Size: 9,5 x 9,5 x 23 cm

Design

- Glass diffuser
- Body made of real wood
- Color-changing LED lighting
- Mains operation
- Automatic switch-off.

Advantages

- Intensity of fragrance continuously adjustable
- Quick change of fragrance by changing the glass diffuser
- Noise free
- Fine mist
- Modern design
- Space-saving
- For rooms up to 80 m²
- Easy to use and clean
- No water required
- Particularly durable
- Economical
- incl. 10 ml Litsea Cubeba or lavender.

**Raindrop Set:
Set with 3 diffusers on
a wooden stand**

We recommend three additional exchangeable diffusers on a practical wooden stand. Simply fill the glass diffusers with your desired fragrances. This allows you to expand your fragrance concept and quickly change the glasses in the blink of an eye without cleaning and thus change the fragrance. The solid wood stand provides space for three replacement diffusers.

Item	Item no.
Set with 3 diffusers and wooden stand	A2302-103



Item	Item no.
Replacement diffuser	A2302-101
Wooden stand	A2302-102

Kurland fragrance box for essential or perfume oils



Kurland Fragrance Box

This beautiful wooden box has space for six of your favorite fragrances. The 10 ml bottles stand stable and secure in the integrated wooden insert. Ideal for storage, but also for transportation while out and about.

Suitable for: six 10 ml bottles.

Quantity	Item no.
Fragrance box, empty	A2302-201

Last
chance!!
Only while
stocks last.

Cupping glass set in a case: Easily applied, highly effective!



Cupping massage is one of the most popular alternative medical procedures because unlike conventional massage, it also reaches deeper layers of the tissue. As a result, it is particularly effective in case of muscle tensions. The practitioner creates a negative pressure via so-called cupping glasses or cupping heads. They must be placed directly on the skin. The aim is to achieve a removal or discharge of harmful substances through the skin by means of negative pressure. Cupping was already in place 3,300 years before Christ and was applied around the world at that time. Today, it is once again the latest trend due to its quick treatment success and

simple handling. It is easy to learn and the equipment can be purchased at relatively low costs.

Fast treatment results, easy to learn

Relief from complaints can already occur after the first application, which causes that cupping is a popular addition to therapy, spa and wellness treatments. This gentle method provides a powerful effect and can be learned quickly in professional training courses. This is because cupping is a non-invasive therapy with a therapeutic effect.

Therapeutic effects:

- relaxes muscles and tissue
- stimulates metabolism and the lymph flow
- stimulates blood circulation and detoxification
- supports the healing process.

Cupping courses

At the Kurland® Training Center:
www.kurlandspas.de/training
Phone: +49 (0) 86 54 / 4887-43



Cupping glasses set in a case – with 10 glasses, 4 cupping oils and a pump

The cupping set in the practical carrying case contains 10 cupping glasses, a vacuum pump, a connecting hose and a test set with 4 different cupping oils.

The cupping glasses are made of extremely stable, transparent acrylic glass. Due to the detachable silicone valves, the glasses can be easily cleaned and sterilized.

The different shapes of the glasses allow for versatile use, as they adapt perfectly to the anatomical conditions of the body: oval glasses, for example, are perfect for the area around the spine and the glasses with a curved bottom for the hips.

Moreover, the use of the hand pump guarantees increased pressure accuracy. The navy blue case with strong handle is ideal for storage as well as for mobile use.

The following cupping glasses are included in the set:

- 6 x 55 mm diameter
- 2 x 43 mm diameter
- 1 x 34 mm diameter
- 1 x 61 x 42 x 65 mm.

In addition, this set also contains four effective cupping oils for testing:

It contains 50 ml each of the 4 cupping oil Tension, Relax, Head & Neck and Anti-Aging (see page 53). Every mixture is based on almond and jojoba oil, combined with high-quality essential oils for different treatment goals: Relief of muscle tensions, relaxing of body & soul, relieving headaches or revitalizing the skin. Each bottle is sufficient for about two treatments. Ideal for testing or as a gift in an elegant box. The natural oils are also suitable for skin care and massages.

Item	Item no.
Cupping set, 10 parts with pump incl. 4 x 50 ml cupping oils (test set)	15400-001



Cupping glass set face, 4 parts, silicon

High-quality silicone cup set for the face and body. It's simple to use: First squeeze the cupping glasses and then place them

on the skin. This creates the necessary vacuum. The silicone is skin-friendly and easy to clean. All cups are dishwasher-safe up to 70 degrees.

The set includes four different large cupping classes for various parts of the body.

- 1 x 70 x 80 mm (for body)
- 1 x 55 x 55 mm (for body)
- 1 x 37 x 80 mm (for face)
- 1 x 15 x 50 mm (for eye area)

Article	Article No.	Note
Cupping class set 4 parts	15401-001	

Practical accessories for everyday use



Neu!



Kurland bowls, in natural white or slate

Mix face and body care recipes in the new, practical Kurland bowls. Available in two attractive colors with discreet Kurland laser engraving. Easy to clean, food safe and dishwasher safe. Made of bio-plastic (biopolymer of 98% natural materials, 2% minerals). Without plasticizers.

Diameter: Ø 16 cm

Height: 7 cm

Volume: 0,66 l

Weight: nur 160 g

Other advantages:

- 100 % petroleum free
- 100 % BPA-free and CO2 neutral
- heat resistant up to 70 °C
- MADE IN GERMANY

Item	Item no.
Bowl in natural white	21510-002
Bowl in slate	21510-001

Last
chance!!
Only while
stocks last.

Fan brush

The fan brush is particularly suitable for the precise and hygienic application of masks and packs. With skin-friendly brush hair. Length: approx. 19 cm.

Item	Item no.
Fan brush	20000-003

Last
chance!!
Only while
stocks last.

Face brush, acrylic

The face brush stimulates blood circulation and removes excess skin particles. The result is a radiant complexion. Length: approx. 13 cm.

Item	Item no.
Face brush	20000-004



Face fleece mask for face and neck

The practical masks in a pack of 50 are the ideal cloth masks for facial care: Mix 30 ml of water with a Kurland® care product (for recipes see box on the right). Then put a cloth mask into the mixture. Once it is saturated, unfold it and placed onto the face. Our cloth masks also cover the neck and have cutouts for eyes and nose.

Quantity	Item no.
50 pcs. (= 1 PU)	14445-110



Measuring spoon set, 4 pieces

For measuring your own mixtures and recipes, with four different measuring units (1 tbsp., 1 tsp., ½ tsp., ¼ tsp.), in a timeless design and made of durable stainless steel.

Item	Item no.
Measuring spoon set	20680-001



Crescent-shaped tub pillow

The crescent-shaped tub pillow makes lying in the bathtub more relaxing. It is inflatable, washable, waterproof and can be fixed at the desired position on the edge of the bathtub using suction pads. It can be removed without any residues.

Dimensions	Item no.
43 x 23 cm	20020-002



30 ml filling volume



50 ml filling volume

Cream jars – 30 or 50 ml

Practical jars with screw cap for filling your homemade creams – in two different sizes:

30 ml jar matt white

50 ml jar matt white

Dimensions	Item no.
30 ml	25212-00030
50 ml	25212-00050

Brushes with natural bristles for brush massage

hard body brush
with natural bristles

New!

soft face brush
with goat hair

soft
body brush
with mane hair

Brush massage courses

at the Kurland® Training Center:
www.kurlandspas.de/training
Tel.: +49 (0) 86 54 / 4887-43

Massage brushes

Our massage brushes are made of natural oiled beech wood FSC 100%.

The soft face brush is equipped with goat hair and a cotton cord. Size: 155 x 48 mm.

The two body brushes each have a diameter of 8 cm and have a wide, elastic rubber belt. This makes them ideal for professional brush massages. The soft body brush contains mane hair, the hard natural bristles.



Item	Item no.
Body brush soft	20000-005
Body brush hard	20000-006
Face brush soft	20000-007



Sisal nest

Unbroken sisal fibers are wound into a nest for this natural peeling product. The natural fiber texture reinforces the peeling effect.

Effects: stimulates blood circulation, gentle peeling.

Application: Peel wet or dry with circular movements.

Quantity	Item no.
10 pcs.	15100-001
from 250 pcs.	15100-001



Amber Glass Bottles

For a long shelf life of natural oils. Glass is the best material for storing oils and the brown color protects the contents from light and oxidation. The sizes with volumes of 100 ml and 10 ml are supplied with a childproof cap.

Quantity	Item no.
with childproof cap	
100 ml	25420-263
10 ml	25420-213

with black screw cap	
1 liter	25440-262
500 ml	25440-241
200 ml	25440-221
75 ml	25440-211



Pump dispenser for amber glass bottles

Emptying to the last drop without having to lift the bottle – it is easy with this dispenser pump, suitable for the screw cap of our 1-liter amber glass bottles.

New in: Pump dispenser suitable for Kurland® amber glass bottles 200 and 75 ml.

Application: Simply unscrew, open with a quarter turn of the tap and extract the desired amount with light pressure.

Item	Item no.	PU*
for 1 liter	25449-004	1 pc.
		from 10 pcs.
for 200 / 75 ml	25449-003	1 pc.



PET pump bottle, oval

Self-mixed oils can be filled into this practical PET bottle. Thanks to the pump cap you can dispense exact amounts.

Quantity	Item no.
250 ml	25483-004



Plastic wrench for 5 and 10 liters oil canisters.

With this wrench you can open and tightly close the canisters without any effort.

Application: place the wrench on the screw cap, let it snap into place and simply turn and open using the leverage effect.

Item	Item no.
Wrench	20220-007



Screw-on tap for 5 and 10 liters oil canisters

With the screw-on pet cock, your oil canister can be emptied cleanly and effortlessly down to the last drop.

Application: simply screw it onto the canister instead of the screw cap and open or close it with the tap (see picture).

Item	Item no.
Tap	20220-004



Dispenser for 1 liter jar

The dispenser can be simply screwed onto the 1,000 ml jar. By pumping several times, you will obtain the desired amount of cream. Perfect for goat butter cream. Also suitable for 1,000 ml Body Massage Lotion or Base Cream jars.

Item	Item no.
Dispenser	20220-002



Dispenser for 5 liter canister

Suitable for massage lotion and bath milk with goat butter – easy to screw onto the 5 liter canister.

By pumping several times, you will get the desired amount of Body Massage Lotion oder Goat Butter Bath Milk.

Item	Item no.
Dispenser	20220-003

Water conditioners and detergents for preparation units, Soft-Pack® systems and Kaiserbad



Water stabilizer Aqua Stabil

Prevents the formation of algae and smells, stabilizes the water. Very high-yielding, only a few drops are sufficient. Perfect for stabilizing water in preparation units for heat carriers, Schroth packs, oil bottles, etc. Simply add to the water according to the user instructions.

Very high-yielding: Add 10 ml to 100 l of water; 30 ml are sufficient for filling the Soft-Pack® system.

Quantity	Item no.
100 ml	54140-001



Water stabilizer Micropur

This water stabilizer prevents the formation of algae and odour in a natural way (silver ions). Particularly suitable for the treatment of larger quantities of water (e.g. in the Soft-Pack® system). Simply add to water according to the user instructions.

Quantity	Item no.
100 ml	54140-003



Copper tub polish Kupferfix

The tub polish is the ideal cleaning agent for the bathtub Kaiserwanne made of copper and all other copper surfaces. Provides shine without scratches.

Quantity	Item no.
1 liter	54142-021

Preparation and heating units



Preparation units Combi 200 & 400

To warm up heat carriers (for moor mud and hay). Moor mud hand packs, classic fango or salt mud packs, oils, creams, brine sheets, stones, fango paraffin etc. can be heated and kept warm in the accessory tub. With the trolley you have a mobile unit in no time – equipped with 2 fixed and 2 swivel rollers.



Use: For heating 4 to 6 heat carriers size I (Combi 200), or 10 to 12 heat carriers in the Combi 400.

Technical specifications: 230 V unit voltage
Combi 200: 700 W output
Combi 400: 2 x 700 W output

Weight: Combi 200: 10 kg, Combi 400: 21 kg

Temperature control range: 30 – 80°C

Capacity:
Combi 200: 24 liters
Combi 400: 2 x 24 liters



Combi 200 mit Rolltisch

Item / Dimensions (w/d/h) Item no.

Preparation unit Combi 200,	
54 x 33 x 29 cm	75660-002
Trolley for 200	75660-003

Preparation unit Combi 400,	
66 x 54 x 29 cm	75660-004
Trolley for 400	75660-005

For heat carriers, stones, hay and herbs



Warming unit, round

This well-shaped warming unit is suitable for warming massage stones or keeping soap foam warm. It is made of heat-resistant polypropylene. Continuously adjustable to 100°C.

Technical specifications:
230 V unit voltage, 500 W output, capacity 6.8 liters.

Weight: 5.8 kg

Dimensions	Item no.
Ø 40.5 cm	
height 24.8 cm	74201-004

For Pantai stamps and moor mud



Preparation unit Pantai

For Pantai Luar® and Pantai Herbal Belle Visage treatments.

Temperature range up to 135°C. Consists of chrome nickel steel.

Use: For heating of Pantai Luar® and Pantai Herbal Face and Body Stamps.

Technical specifications:

230 V unit voltage, 300 W output,

Weight: 5.12 kg

Dimensions (W/D/H)	Item no.
41.5 x 21 x 16 cm	75661-202



Table top preparation device, widened, size I

This preparation device made of chrome nickel steel heats 13 to 15 moor mud heat carriers (size I) at the same time and is therefore an essential helper in physiotherapy practices. Draining tap on the right side. Also available with trolley.

Technical specifications:

230 V unit voltage, 1,500 W output.

Weight: 20 kg

Other models made of chrome nickel steel with larger capacity upon request.

Item / Dimensions (W/D/H)	Item no.
Table top preparation device, widened	
65 x 42 x 41 cm	75600-001
Trolley, widened	
42 x 65 x 86 cm	75600-022



Odorless disinfectants and hygienic underlays



Hygiene products – for safety in therapy, spa and wellness

Hygiene should be effective without restricting your spa and wellness experience. Find odorless disinfectants for surfaces, hand disinfectants that do not irritate or dry out the skin, hygienic fleeces, films and cloths and disinfecting essential oils with the corresponding fragrance lamp.

Nowadays, sterility plays an important role not only in medical areas. The hygiene concept must also be increased in spa and wellness areas.

Employees and guests should feel safe and protected. Regular cleaning with the right disinfectants is essential, should radically reduce the number of bacteria, viruses and fungi and thus reduce the risk of infection.

Germ-free without offensive smells

But in wellness areas people have even higher demands than the pure health aspect. The fragrance experience should not be disturbed and the skin should not suffer from frequent disinfection.

We at Kurland have developed products for this purpose, which fulfil your hygiene concept, but are gentle to the skin. They are odorless and leave a pleasantly protective feeling on your skin.

As our disinfectants are based on water and odorless, they are particularly suitable for spa and wellness areas and for all shops with customer visits. They do not smell unpleasantly of alcohol or chemical agents, but offer the safety you need.

Air disinfection with essential oils

Thanks to a clinical study from Milan*, we know: Air disinfection works well with antiviral essential oils. The positive effect is that in this case the fragrance is not only pleasant but at the same time supports your hygiene concept. By the way, Swiss pine oil is also among the antiviral fragrances!

Essential oils with antiviral properties:

- tea tree oil
- eucalyptus
- lemon balm
- All conifer oils: silver fir, spruce, cedarwood Virginia, Swiss pine

***Sources:**

- Institute of Pharmaceutical Sciences, University of Milan, Italy. Authors: Gelmini F1, Belotti L2, Vecchi S1, Testa C3, Beretta G4. (Read the study at: <https://www.ncbi.nlm.nih.gov/pubmed/27062958>)
- Astani A1, Reichling J, Schnitzler P. / Copyright (c) 2009 John Wiley & Sons, Ltd. (Read the study at: <https://www.ncbi.nlm.nih.gov/pubmed/19653195>)
- Schnitzler P1, Schuhmacher A, Astani A, Reichling J. / PMID: 18693101 (Read the study at: <https://www.ncbi.nlm.nih.gov/pubmed/18693101>)

viraPROTECT hand disinfection

Strong against viruses, gentle to the skin – without alcohol or aldehydes. Particularly skin-friendly and convincing – thanks to its excellent microbiocidal performance and broad-spectrum activity against bacteria, fungi and viruses (see page 181).

Without alcohol



Scenting with essential oils reduces germ load by up to 100 % according to a new study of the University of Milan



In a new study, the University of Milan investigated the antimicrobial effect of essential oils using room fragrances (nebulization) in a hospital. Research was conducted on two identical floors: one floor was treated with conventional disinfectants, and the other was nebulized with essential oils for 8 hours at night.

The study results in detail:

- more than 75 % germ reduction on cabinet surfaces
- more than 90 % germ reduction on tables
- 100 % germ reduction on heavily contaminated tables
- Further spectacular results can be found in the study*

Reduce viruses, bacteria and fungi with the fragrance lamp Raindrop!

The fragrance lamp Raindrop is the perfect solution for effective room scenting with essential oils. They are gently nebulized and scent rooms up to 80 m². For this purpose we recommend our set of 3 exchangeable

diffusers made of glass, so that you can change the essential oils in a second. Disinfecting room scenting is suitable for private rooms as well as for hospitals, schools, nursery schools and old people's homes, but also for hotels and spa areas.

*Sources:

- Institute of Pharmaceutical Sciences, University of Milan, Italy. Authors: Gelmini F1, Belotti L2, Vecchi S1, Testa C3, Beretta G4. (Read the study at: <https://www.ncbi.nlm.nih.gov/pubmed/27062958>)
- Astani A1, Reichling J, Schnitzler P. / Copyright (c) 2009 John Wiley & Sons, Ltd. (Read the study at: <https://www.ncbi.nlm.nih.gov/pubmed/19653195>)
- Schnitzler P1, Schuhmacher A, Astani A, Reichling J. / PMID: 18693101 (Read the study at: <https://www.ncbi.nlm.nih.gov/pubmed/18693101>)

Fragrance lamp Raindrop – for professional nebulization of fragrances



Effective scenting of big rooms

For small and large treatment rooms, hotel rooms and work areas of up to 80 m².

High-quality design made of wood and glass

The body of the fragrance lamp is made of solid wood with a refined diffuser attachment made of glass. Powered by mains with automatic switch-off and color-changing LED lighting.

Quick change of fragrances

The glass attachments can be ordered individually together with the useful wooden stand for storage (See page 164).

Application: drip 20 to 25 drops of the fragrance oil into the glass diffuser and regulate the intensity using the rotary switch.

Fragrance lamp Raindrop

Item	Item no.
Fragrance lamp incl. 10 ml	
Litsea Cubeba	A2302-001
Fragrance lamp incl. 10 ml	
Lavender	A2302-002

Essential oils for germ reduction:

Item, Side effects	Quantity	Item no.
Silver fir typical fragrance of coniferous forest – antiseptic, stimulates blood circulation, antispasmodic, diaphoretic, antimicrobial, mucolytic, immunostimulant, purifies the air in the room; harmonizes with: citrus scents, Swiss pine, cedar wood.	10 ml 100 ml	02240-00010 02240-00100
Eucalyptus spicy-fresh; stimulates concentration, reduces swelling, stimulates circulation; purifies the air in the room; harmonizes with: rosemary, juniper, tea tree, lemon balm.	10 ml 100 ml	02260-00010 02260-00100
Siberian spruce needle spicy wood scent – relieves cramps, antibacterial, anti-inflammatory, mucolytic, relaxing, stimulates blood circulation, stimulates the immune system, purifies the air in the room; harmonizes with: citrus scents, Swiss pine, silver fir.	10 ml 100 ml	02270-00010 02270-00100
Lemon balm antiviral, calming, relieves cramps, stimulates the mind, invigorating, purifies the room air; harmonizes with: lime, lavender, peppermint.	10 ml 100 ml	02480-00010 02480-00100
Tea Tree herby, fresh – disinfecting, strengthens the immune system, anti-inflammatory, bacteriostatic, purifies the air in the room; harmonizes with: lavender, lemon	10 ml 100 ml	02770-00010 02770-00100
Cedarwood Virginia fresh, woody fragrance – cell regenerating, detoxifying, mucolytic, tonic, insect repellent, purifies the air in the room; harmonizes with: spruce needle, lavender, rose.	10 ml 100 ml	02973-00010 02973-00100
Swiss pine spicy, woody, fresh-resinous – has a calming, relaxing effect, supports sleep, purifies the air in the room; harmonizes with: lavender, sage, juniper.	10 ml 100 ml	02972-00010 02972-00100

Sheets, fleeces and films – hygienic underlays



Films and sheets are hygienic companions for all applications in spa and wellness businesses.

We have a wide range of high-quality underlays for all purposes on stock for you. Our pre-cut films and fleece towels are particularly practical. They protect massage tables and are perfectly suited for the Soft-Pack® system or as



covers for cosmetic treatments. Towels delivered on the roll can be cut to the size you need.

Fleeces and films with responsibility



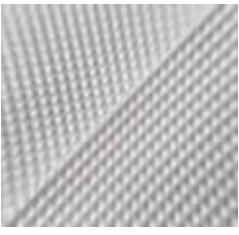



Kurland® fleeces consist of natural cellulose and a biodegradable binder – for the sake of our nature. With the new green PE film (pictured on the right









side) we can also offer you an environmentally friendly alternative in the field of films.





Item, characteristics	Application	Item no.	PU*
 <p>Face rest cover for massage tables</p> <p>Hygienic and pleasant on the skin with honeycomb embossing and central cross-cut for breathing. Dimensions: 30.5 cm x 39.5 cm</p>	For all treatments in prone position	14445-100	100 pcs.
 <p>Face fleece mask</p> <p>Absorbent fleece mask for face and neck with cut-outs for mouth, nose and eyes.</p>	For liquid, creamy or oily face masks.	14445-110	50 pcs.

Sheets and films – for dry, damp or oily treatments

Artikel, Eigenschaften	Anwendung	Artikel-Nr.	VE*
 <p>Coated lining, pre-cut, 160 x 210 cm</p> <p>Waterproof cover with cellulose-like coating on one side, for a pleasant feeling on the skin; ideal for all creamy and nourishing applications in the Soft-Pack® system or on the massage table, pre-cut to 160 x 210 cm.</p>	<p>For oil or cream applications on massage tables.</p>	<p>14400-001</p>	<p>50 pcs.</p>
 <p>Coated lining, roll of 100 running meters</p> <p>Waterproof cover with cellulose-like coating on one side, for a pleasant feeling on the skin; ideal for all creamy and nourishing applications in the Soft-Pack® system or on the massage table.</p>	<p>For oil or cream applications on massage tables.</p>	<p>60 cm wide 14000-00600</p> <p>90 cm wide 14000-00900</p>	<p>1 pc.</p> <p>1 pc.</p>
 <p>Stamped film, 160 x 210 cm</p> <p>Waterproof, finely structured, high tear resistance; ideal for watery and creamy treatments (algae, comfort spa, brine sheets etc.) in the Soft-Pack® system or on the massage table; body temperature makes the film soft and supple.</p>	<p>For infusion, wet, algae, healing chalk, and enzymatic earth treatments.</p>	<p>14020-001</p>	<p>100 pcs.</p>
 <p>White film, 200 x 250 cm</p> <p>Waterproof, high tear resistance; special size for corpulent guests; application the same as for embossed film.</p>	<p>For infusion, wet, moor mud, Alpine hay, algae, chalk, cucurbita, ayurveda and wet mud treatments.</p>	<p>14020-021</p>	<p>100 pcs.</p>
 <p>HDPE film, perforated, 170 x 200 cm</p> <p>Waterproof, thin cover film for treatment and massage tables, 600 running meters on a roll with 300 tear-off sheets.</p>	<p>For oil or cream treatments on massage tables, mud and chalk treatments.</p>	<p>14020-041</p>	<p>1 pc.</p>
 <p>Large film inserts, 250 x 300 cm</p> <p>Waterproof, high tear resistance; ideal for watery and creamy treatments (algae, Comfort Spa, brine sheets etc.) in the Soft-Pack® system or on the massage table; body temperature makes the film soft and supple.</p>	<p>For infusion, wet or creamy and oily treatments.</p>	<p>14024-002</p>	<p>100 pcs.</p>

	Item, characteristics	Application	Item no.	PU*
	Towel wrap, 210 x 160 cm Washable (40 °C), non-iron fleece towel; ideal for treatments on the massage table, for rests after treatments, as a cover for loungers in the sauna and rest areas; an alternative to conventional sheets. Viscose (cellulose fibers) with bio-degradable binders	Dry treatments 	14300-202	5 pcs.
	Dermatvlies, pre-cut 100 x 180 cm Very absorbent, fluffy, skin-friendly fleece for liquid treatments such as brine, milk / oil, herbal infusions; for use in the Soft-Pack® system and on the massage table; place waterproof sheets underneath! Viscose (cellulose fibers) with bio-degradable binders.	For oily, creamy or infusion and wet treatments on massage tables.	14403-001	100 pcs.
	Dermatvlies, roll, 100 cm wide Very absorbent, fluffy, skin-friendly fleece for liquid treatments such as brine, milk / oil, herbal infusions; for use in the Soft-Pack® system or on massage tables; place a waterproof film underneath! Viscose (cellulose fibers) with bio-degradable binders	For oily, creamy of infusion and wet treatments on massage tables.	100 running meters 14402-001 300 running meters 14402-003	1 pc. 1 pc.
	Disposable towel, 90 x 210 cm Soft and highly absorbent; hence ideal for resting after creamy or oily treatments; also suitable as a cover for treatment couches and massage tables. Viscose (cellulose fibers) with bio-degradable binders	For dry, creamy and oily treatments.	14440-045	50 pcs.
	Disposable sheets, 65 cm wide, 100 running meters Pleasant, soft, moisture-binding fleece to cover treatment and massage tables. Viscose (cellulose fibers) with bio-degradable binders	For cosmetic treatments, massages	14420-00650	1 pc.
	Sanitary paper, perforated, 59 cm wide, 50 running meters Cover for massage, treatment and diagnostic tables, made from a cellulose mix, 139 tear-off sheets per roll, perforated every 36 cm. Pressed cellulose fibers without binders	Dry treatments	14442-001	1 pc.
	Pre-cut fleece sections for the Kraxenofen®, 160 x 120 cm With waterproof PE coating, for use in the Kraxenofen® Viscose (cellulose fibers) with bio-degradable binders	For the Kraxenofen®	14440-001	100 pcs.
	Mat, pre-cut 40 x 30 cm Ideal hygienic cover for seating areas (sauna, steam bath, Rasul®) and head cushions, ideal foot mat. Viscose (cellulose fibers) with bio-degradable binders	For saunas, steam bath, Rasul®	14440-021	100 pcs.

Last chance!!
Only while stocks last.

Item, characteristics	Application	Item no.	PU*
 Pre-cut fleece sections for Sabbia Med®, 75 x 200 cm Pleasantly soft cellulose mixture, sweat and waterproof, suitable as underlay in Sabbia Med®; also ideal to cover treatment tables. Viscose (cellulose fibers) with bio-degradable binders	For Sabbia Med®	14440-041	50 pcs.
 Insulating mat, 125 x 190 cm For easy temperature control during treatments in the Soft-Pack® system (e.g. in case of vein complaints or heat sensitivity).	For the Soft-Pack® system	Without window 14320-201 With window 14320-202	1 pc. 1 pc.

Wir beraten Sie gerne!
Bestellen Sie telefonisch:
DE: +49 (0) 8654/4887-22
AT: +43 (0) 662/830667

Last chance!!
Only while stocks last.

New disinfection – odorless, without alcohol and aldehydes!

viraPROTECT hand disinfection



Strong against viruses, gentle to the skin

As the hand disinfectant contains neither alcohol nor aldehydes, it is particularly skin-friendly. Nevertheless, it convinces with its excellent micro-biocidal performance and broad-spectrum activity against bacteria, fungi, viruses and Clostridium difficile spores, including SARS-CoV-2 (coronavirus).

Contains:

Aqueous solution of didecyl dimethyl ammonium chloride, aminoethanol, nonionic detergents, color and fragrance.

Suitable for:

- spa and wellness businesses
- physiotherapy and massage practices
- hospitals and medical practices
- retirement homes and similar facilities
- restaurants and food processing facilities
- schools and private homes.

Use: Always use Kurland® hand disinfectant at room temperature (20-30 degrees). Rub hands with sufficient disinfectant for at least 30 seconds and wait at least another 30 seconds before drying your hands.

Advantages:

- effective against bacteria, fungi, yeast and viruses – including Sars-CoV-2
- also effective in case of organic contamination
- odorless
- without alcohol and aldehydes
- particularly skin-friendly
- no irritation of the respiratory tract
- high-yielding
- short time to be absorbed
- effective in all water conditions.

Item	Item no.
400 ml with dispenser pump	04300-00400
5000 ml in a canister	04300-05000

Fog It IQ surface Disinfection



Highly effective surface disinfection without alcohol

Kurland® Surface Disinfection is an alcohol and aldehyde-free, highly effective disinfectant for cleaning and disinfecting all surfaces. With excellent micro-biocidal performance and broad-spectrum activity against bacteria, yeasts and viruses – including human coronaviruses.

Contains:

Aqueous solution of polyhexamethylene biguanidine, didecyl dimethyl ammonium chloride, alkylbenzyltrimethyl ammonium chloride, nonionic surfactants, color and fragrance.

Application:

The surface disinfectant is ready-for-use, do not dilute! For optimum effectiveness, treated surfaces must remain damp for at least 5 minutes.

Suitable for:

- spa and wellness businesses
- hospitals, medical and laboratory areas
- in retirement homes and long term care.
- restaurants and food processing facilities
- in agriculture: poultry and livestock farming
- office and household hygiene
- schools

Advantages:

- effective against bacteria, yeasts and viruses / coronaviruses
- suitable for most surfaces (e.g. metal, wood, glass and plastics)
- suitable for the disinfection of walls and floors
- disinfects without abrasion, bleaching or residues
- odorless
- without alcohol and aldehydes
- no irritation of the respiratory tract

Item	Item no.
400 ml with dispenser pump	04301-00400
5,000 ml in a canister	04301-05000

Small gifts ensure customer loyalty



Make presents with a lasting effect!

As a welcome gift on the pillow, as an optical highlight in the hotel bathroom or as a gift for seasonal celebrations – with our personalized products you can ensure customer loyalty. Discover our individual oil blends, herbal bags with greeting card or Comfort Spa in the organza bag – we have the perfect customer gift for you.

Small gifts keep customers satisfied. With a small gift you show gratitude and appreciation for your guests and thus they will keep a positive memory of their stay and this will sustainably strengthen customer loyalty. Whether as a welcome gift, or as a gift for special occasions, as a farewell gift or as a reward for customer loyalty – gifts are always well received.

Stay in memory

With our personalized gifts you will give guests the feeling that they are special. Find your suitable customer or advertising gift: from the individual oil blend to herb bags with a greeting card.

Gifts with personal greetings

The more personal the gift, the more valued the customer will feel. Therefore, you will find various ideas for gifts that include personal greetings such as greeting cards with your text and logo. We will of course support you with the design of the card.

Gifts in organza bags

You can combine different gifts with individual greeting cards. Our herbal mixtures, sea salt herbal baths and Swiss pine curls are particularly popular and inexpensive. A fragrant gift in an attractive organza bag. Discover our Comfort Spa caring lotions, also wrapped in an attractive organza bag with a personal greeting card.

We are facilitators: individual oil blends

You want to surprise your customers or guests with a very special gift? Then create your individual oil blend – a recipe according to your wishes, tailored to your treatments and in high-quality amber glass bottles with your label. Of course, we can support you when creating your own blend as well as with the design. For a customized oil blend that perfectly suits you and your company. We make it possible!



Gifts with personal greetings provide even more pleasure!



Surprise your guests at the reception with a fragrant treat or leave a healthy and lasting alternative to chocolate on their pillow. Our herbal mixtures, sea salt herbal baths and Swiss pine curls are available in an attractive organza bag. This bag can be personalized with a personal greeting card with text and logo. **We help you with the design and supply the finished gifts, handmade with loving care.**

Herbs or Swiss pine curls in organza bags

Item / effects		
Lavender – balancing, harmonizing		
Organza bag, 7 x 10 cm		Price upon request
Rose petals – harmonizing, stimulating		
Organza bag, 7 x 10 cm		Price upon request
Swiss pine curls – support concentration, for relaxed sleep		
Organza bag, 13.5 x 10.5 cm		Price upon request



Individual oil blends – tailored to your spa and your own treatments

Your logo can be placed here! We would be happy to design individual labels for you.



You want to create your own oil blend for your spa and give your guests a treat? No problem, we fill special oil blends for you in individualized bottles, **with a minimum order quantity of 10 liters**. For this purpose, the experts from Kurland® will create an oil blend according to your wishes. It goes without saying that we only use the best ingredients – perfectly matched and wonderfully scented.

Perfect for massages, wraps and skin care

There are many possible combinations for our oils. We will be happy to advise you on which one suits you best. Each oil has a different reaction on the skin. Some are absorbed immediately, others take longer – and each oil penetrates into a different layer of the skin deep and therefore nourishes different skin layers. Whether for massages, body wraps or skin care – the demands on oils differ. To create a fragrant com-

ponent in addition to the nourishing one, we always combine our base oil blend with an essential oil. Rely on our decades of experience and be inspired.

Labels with your logo

To customize the oil blend perfectly to your company, we will create a label with your logo. **The design is completely up to you but we would be happy to assist you at any time.**



Top
Retail
Product

Oil blend 75-ml

The ideal customer gift or a top retail product are oil blends in your own design. We are happy to fill the oil of your choice and place your logo.

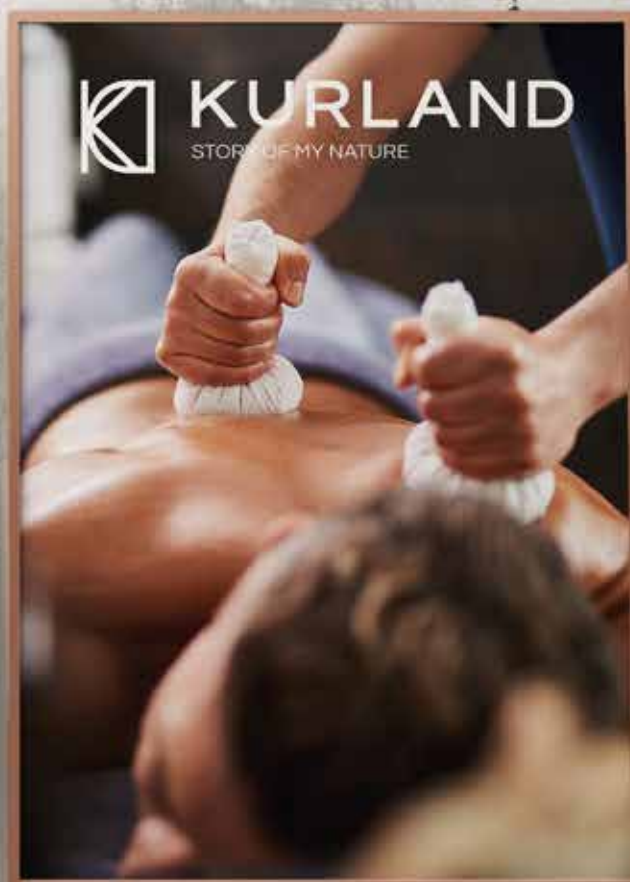
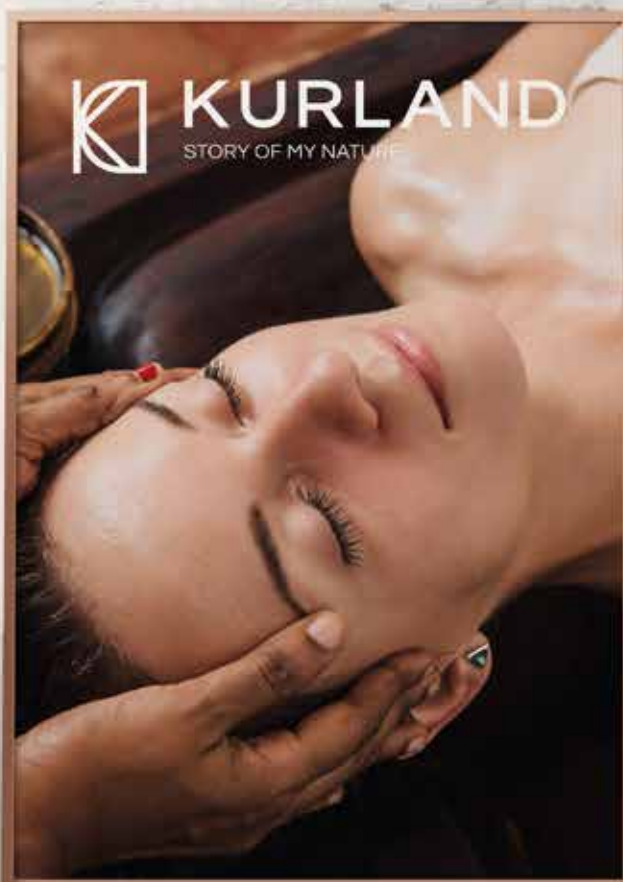
Item

Oil blend 75 ml

Price upon request

Your benefits:

- high-quality oil blend
- individually tailored to your needs
- customized label with your logo
- unique fragrance
- developed by experts
- perfect gift for guests and customers.



Advertising material and posters

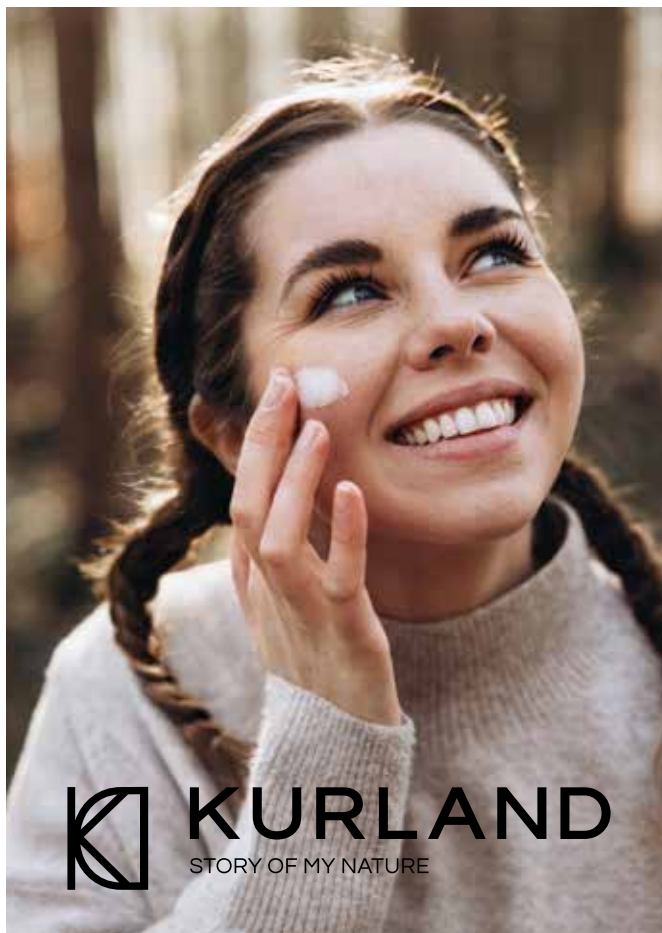
Sell more easily and increase sales

Pictures stir emotions and therefore promote sales. To support you with the sale of Kurland® products and to strengthen your economic success, we have developed various advertising materials: from simple posters to eye-catching roll ups. We care about your financial success.

Posters, roll-ups, counter displays, Kurland boxes – we have a wide range of advertising material in our product range to increase your sales. If you cannot find the right advertising material, please do not hesitate to contact us, we will definitely find a solution for you.

Evoke your customer's emotions

Kurland stands for the best ingredients and unique treatments. In our new poster series, we are primarily aiming at emotions, because your guest should feel comfortable and relaxed in your business. With the appropriate Kurland products, you have already catered for the right fragrance and the most suitable product. You can now create the corresponding emotions with our posters.



Eye-catching roll ups

For even more attention, we offer large roll ups to ensure that your customers cannot overlook them. Under the title "Beauty and Spa Treatments", we offer three scenes for treatments with algae / mud, moor mud or massages.

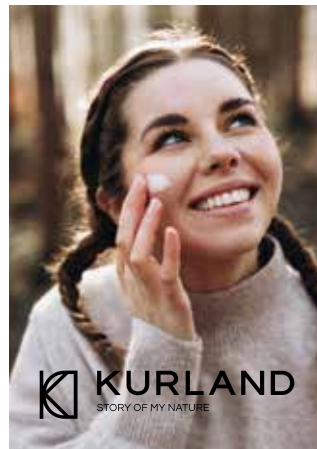


Plakate die Emotionen wecken, 50 x 70 cm



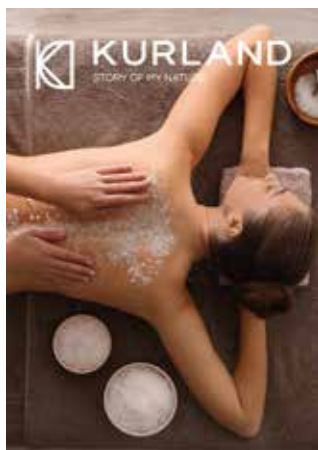
Kurland® ZB Aloe Vera Gel, Printed on both sides, two motifs

Quantity	Item no.
1 poster, 50 x 70 cm	29522-067



Kurland® ZB Creme, Printed on both sides, two motifs

Quantity	Item no.
1 poster, 50 x 70 cm	29522-065



Kurland Treatment, Printed on both sides, two motifs

Quantity	Item no.
1 poster, 50 x 70 cm	29522-062



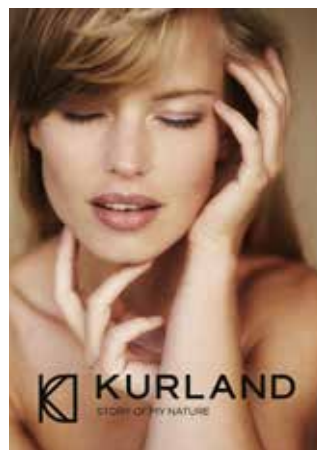
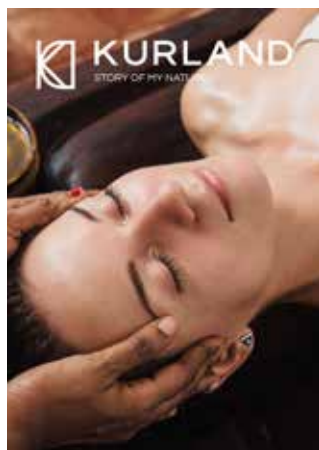
Kurland massage / oil, Printed on both sides, two motifs

Quantity	Item no.
1 poster, 50 x 70 cm	29522-063



Kurland Ayurveda, Printed on both sides, two motifs

Quantity	Item no.
1 poster, 50 x 70 cm	29522-064



Kurland Beauty blonde, Printed on both sides, two motifs

Quantity	Item no.
1 poster, 50 x 70 cm	29522-061





Kurland Serum, Printed on both sides, two motifs

Quantity	Item no.
1 poster, 50 x 70 cm	29522-066



Kurland Beauty brown, Printed on both sides, two motifs

Quantity	Item no.
1 poster, 50 x 70 cm	29522-060

Rollups für mehr Aufmerksamkeit (85 x 210 cm)



Kurland® Standard roll up

Printed on one side, in the practical carrying bag, **Format:** 85 x 210 cm

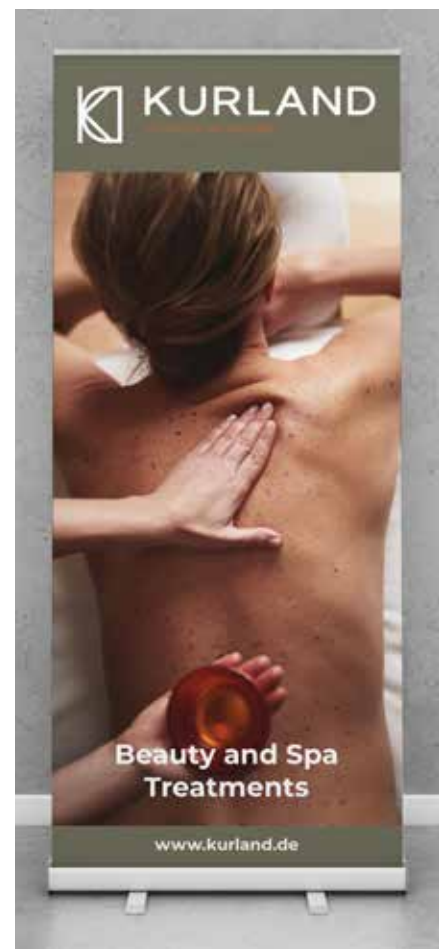
Quantity	Item no.
1 Roll up	29610-001



Kurland® moor mud roll up

Printed on one side, in the practical carrying bag, **Format:** 85 x 210 cm

Quantity	Item no.
1 roll up	29610-002



Kurland® oils / massage roll up

Printed on one side, in the practical carrying bag, **Format:** 85 x 210 cm

Quantity	Item no.
1 roll up	29610-003

Form for (phone) orders

Germany: +49 (0) 8654/48 87-22 | Austria: +43 (0) 662/83 06 67

[illegible]

Company: _____ Customer number: _____

First name: _____ Last name: _____

Date: _____ E-mail: _____

Automatic payment: Pay conveniently by direct debit (in DE and AT) with 3% discount – simply request a SEPA direct debit mandate by telephone (DE: +49 (0) 8654/48 87-22, AT: +43 (0) 662/83 06 67) complete and return it to us.

General Terms and Conditions

Delivery, payment and data protection

General information

With the publication of this catalog, all previous price lists, catalogs and offers become invalid. All prices are subject to change.

Prices, delivery and payment terms

All prices are in Euro (€) and exclude the valid legal value added tax. Subject to price errors and changes. For deliveries from a net order value of € 150 deliveries of goods within Germany and Austria are free of charge, to South Tyrol from a net order value of € 350. Deliveries to Switzerland are free of customs duties from a net order value of € 350 and free of customs duties and shipping costs from a net order value of € 550. If the order value is below these limits, the actual shipping costs will be charged. The risk shall pass on to the Buyer as soon as the product to be shipped have been handed over to the carrier or has left the Seller's works for the purpose of shipment. Upon the buyer's request, deliveries will be insured in his name and for his account. For payment by direct debit (for DE and AT) 3% discount, within 8 days from date of invoice 2% discount or within 30 days net, for South Tyrol and Switzerland within 30 days net. Bank charges for return debit notes in the event of objection or inability to pay shall be borne by the purchaser. Natural disasters, bad harvests, changes in the world market are not predictable – therefore the prices for oils and herbs are subject to change.

Orders

Orders can be placed by telephone, in the webshop, by fax or e-mail. They are binding. Only our delivery and payment terms shall apply. A written order confirmation shall only be issued upon express request of the purchaser. The buyer is responsible for the legality and correctness of the order. There will be no verification on our part.

Inspection of incoming goods

The goods must be checked for breakage, damage and completeness in the presence of the carrier before signing the delivery documents, i.e. before acceptance by you. For insurance reasons, later complaints cannot be taken into account. With your signature you confirm to have received the entire goods undamaged.

Exchange and return

In principle, exchanges and returns shall only be possible after written agreement. We reserve the right to send back returns which have been sent in without our consent. We reserve the right to charge a handling fee for the processing of returns (depending on the effort involved).

Retention of title

Delivery shall be made under unrestricted retention of title. This shall also apply in the event of resale by the purchaser until payment has been made in full.

Applicable law, court of jurisdiction, partial invalidity

- (1) The law of the Federal Republic of Germany shall apply to these Terms and Conditions and the entire legal relationship between the Seller and the Buyer with a registered office in Germany or abroad; for Buyers with a registered office in Austria, the law of the Republic of Austria shall apply.
- (2) Insofar as the purchaser is a registered trader within the meaning of the German Commercial Code, a legal entity under public law or a special fund under public law, Traunstein for Germany and Salzburg for Austria shall be the exclusive place of jurisdiction for all disputes arising directly or indirectly from the contractual relationship.
- (3) Should one or more provisions included in these terms and conditions or a provision within the scope of

other agreements be or become invalid, this shall not affect the validity of all other provisions or agreements.

Note on data protection

Information with respect to the handling of personal data can be found in the general data protection declaration of Kurland GmbH at: www.kurlandspas.de/datenschutz/

Final clause

Should parts or sections of these terms and conditions become ineffective due to changes in the law of obligations or other legal provisions, the corresponding legally effective regulation according to the German Commercial Code that comes closest to the actual meaning and economic purpose of the part or section shall take effect. The same applies in the event of a gap in the conditions. Subject to typos, misprints and price corrections. All prices are in Euro (€) plus the legally valid value added tax. Our terms of delivery and payment as stated above shall apply exclusively. Product images do not have to correspond to the actual products.

Products

Balneology, natural healing compounds, peloids, herbs, oils, cream bases, cosmetic concepts, consumables in premium quality

Spas

Planning, design, interior design and technical equipment for therapy and spa facilities

Training

Training and further education in wellness, spa medicine, general and special massage techniques as well as the creation of treatment concept

Germany:

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Kirchenwegstraße 5
83404 Ainring
Germany

Phone: +49 (0) 8654 /48 87-22
Fax: +49 (0) 8654 /48 87-55
E-mail: info@kurland.de

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E-mail: export@kurland.de

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Telefax: +43 (0) 662/82 17 40
E-Mail: office@kurland.at



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[Kurland GmbH](https://www.youtube.com/KurlandGmbH)

Order now in the online store: www.kurland.de